

FES Wellness Meeting Agenda

1/8/2025

Call Meeting to order

Review Previous Minutes/ Approve the Minutes

Janet: Food Service Update-

Kim: PE Update - Physical Activity Statement - what are students doing in PE class?

Melinda: Physical & Mental Health - Are there any upcoming screenings?

Kim & Melinda: Health & Nutrition -

Classroom Updates: What are classrooms planning on for a physical activity break?

Anonymous Suggestion Box - how is that going?

Where are we at with the activities below? Are we still doing these activities this school year? Do we have any new ideas for this year?

- ❖ Basketball
- ❖ Friday Making Movement Fun

Moving Forward & Upcoming Events:

New Ideas/ Questions/ Discussion:

Next Meeting:

Meeting Adjourned: