

How to Explain the Coronavirus-19 to Children

Explaining the Coronavirus-19 to children can be challenging. These resources can help you explain this complicated concept to children.

Videos (click on the link):

- [Julia Cook reads The Yucky Bug \(K-2 grade\)](#)
- [Vimeo \(2-6 grade\)](#)
- [Brain Pop Video](#)
- [Just for Kids: Comic Exploring the New Coronavirus from NPR](#)
- [How to Talk to Your Kid about Coronavirus](#)

Documents (click on the link):

- [Coronavirus-19 Social Story](#)
- https://mcusercontent.com/9cb178c6f560ecfd48df38a8c/files/6e7e43e2-2098-4f80-913e-f9a0bf209ba0/A_Kids_Book_About_COVID_19.pdf?mc_cid=e3d8f814fa&mc_eid=1bbe6f26ee
- [Yucky Bug PowerPoint](#)
- [A Story to Help Children Understand Coronavirus](#) from Music City Counselor
- [Coronavirus Talksheet](#) from Counselor Keri
- [PBS How to Talk to your Kid about Coronavirus](#)
- [Talking to Your Child About COVID-19: A Parent Resource](#)
- <https://www.additudemag.com/explain-coronavirus-covid-19-anxiety-adhd-child/amp/> - article on explaining COVID 19 to children with ADHD and/or anxiety
- <https://www.facebook.com/327100471521986/posts/536076077291090/?d=n> from Heart of Wonder counseling, responses to different emotions expressed by children
- [Smiling Mind](#) - Smiling Mind is a great mindfulness app/website for the whole family (Age 7+)