



2022 NFHS Football Exam - Part II

NOTE: In the exam situations, A—refers to the offensive team and B—refers to their opponents the defensive team. K—refers to the kicking team and R—refers to the receiving team. A1, B1, K1 and R1 are players of these teams. If team possession changes during the down, each team retains its identity. In kicking situations, it is not during a try and no fair-catch signal has been given unless specified. Unless stated, acts occur while: the ball is inbounds; a forward pass is legal; any out-of-bounds is between the goal lines. Line means scrimmage line. Reference to a foul is to a player foul which is not unsportsmanlike. There is no foul or change of possession, unless it is mentioned, and penalties are considered accepted for enforcement.

1. The horse-collar foul is enforced as a live-ball foul.
 - A. True
 - B. False
2. If the game is interrupted due to weather during the last three minutes of the second period, and the delay is at least 30 minutes, the opposing coaches can mutually agree to shorten halftime intermission, provided there is at least a one-minute intermission (not including the three-minute warm-up period).
 - A. True
 - B. False
3. Blocking below the waist is permitted in the free-blocking zone when all players involved are on the line of scrimmage and in the zone at the snap; the contact is in the zone, and the block is an immediate, initial action following the snap.
 - A. True
 - B. False
4. The field of play is the area within sidelines and the goal lines.
 - A. True
 - B. False
5. The free-blocking zone disintegrates and the exception for an offensive lineman to block in the back is not to continue after the ball has left the zone.
 - A. True
 - B. False
6. A legal preventive-type knee brace which meets the specifications may be worn either over the pants or under the pants.
 - A. True
 - B. False
7. Completely clear or completely white tooth and mouth protectors are legal.
 - A. True
 - B. False
8. The moisture-absorbing solid-colored towel worn by a player can be ball- or penalty flag-colored.
 - A. True
 - B. False

9. An illegal shift is a foul at the snap.

- A. True
- B. False

10. The spot of a player foul is where the foul occurs.

- A. True
- B. False

11. Illegal helmet contact may be judged a flagrant act by the game official.

- A. True
- B. False

12. It is an unsportsmanlike foul if any player attempts to focus attention upon himself with any delayed, excessive or prolonged act.

- A. True
- B. False

13. No live-ball foul causes the ball to become dead.

- A. True
- B. False

14. A handed ball beyond the neutral zone is considered to be a pass.

- A. True
- B. False

15. A dead ball may become live only by a legal snap or free kick.

- A. True
- B. False

16. An offensive player is on his line of scrimmage when he complies with the position requirements of a lineman.

- A. True
- B. False

17. One of the requirements for being on the offensive line is that the lineman's head or foot must break an imaginary plane drawn parallel to the line of scrimmage through the waist of the snapper when the ball is snapped.

- A. True
- B. False

18. At the snap, at least eight A players shall be on their line of scrimmage.

- A. True
- B. False

19. It is illegal participation for a disqualified player to re-enter the game.

- A. True
- B. False

20. A passer is a player who throws a legal forward pass.

- A. True
- B. False

21. Prior to releasing the ball on a pass, if the potential passer is contacted, and the ball is released, it is not a forward pass if his/her arm was moving forward on contact.

- A. True
- B. False

22. If runner A1, who is beyond the neutral zone, tosses the ball forward, he has thrown an illegal forward pass.

- A. True
- B. False

23. A coach who has been disqualified may not have further direct or indirect contact with his/her team during the remainder of the game.

- A. True
- B. False

24. Helping the runner carries a 15-yard penalty.

- A. True
- B. False

25. A player in punt formation becomes a kicker as soon as he/she catches or recovers the snap from center.

- A. True
- B. False

26. Any player who exhibits signs, symptoms or behaviors consistent with a concussion shall be immediately removed from the game and shall not return to play until cleared by an appropriate health-care professional.

- A. True
- B. False

27. After the ball becomes dead and it appears that the ball may have reached the line-to-gain, the covering official shall stop the clock.

- A. True
- B. False

28. When a team attempts to conserve or consume time illegally, the referee shall order the game or play clock started or stopped.

- A. True
- B. False

29. The game officials' jurisdiction extends through the referee's declaration of the end of the fourth period or overtime.

- A. True
- B. False

30. If runner A1 touches B1 while B1 is out of bounds, A1 is also out of bounds.

- A. True
- B. False

31. The muffing or batting of a pass, kick or fumble in flight is considered a new force.

- A. True
- B. False

32. A roughing the passer foul by B gives A an automatic first down.

- A. True
- B. False

33. The penalty for an illegal forward pass from beyond the neutral zone is 10 yards and loss of down.

- A. True
- B. False

34. No player shall intentionally go out of bounds during the down and influence the play.

- A. True
- B. False

35. A pop up kick is legal.

- A. True
- B. False

36. When weather conditions are construed to be hazardous to life or limb of the participants, the crew of game officials is authorized to cancel the game.

- A. True
- B. False

37. Yard lines shall be marked with a continuous line every 5 yards beginning and ending 6 inches from each sideline.

- A. True
- B. False

38. A player shall not chop block or clip.

- A. True
- B. False

39. Before the ready-for-play, A may designate the spot from which the ball is put in play anywhere between the hash marks following an awarded fair catch.

- A. True
- B. False

40. When the game clock is stopped due to Rule 3-5-7i and Team B is the only team to foul, the play clock will be set to 25 seconds.
- A. True
 - B. False
41. The number "0" is a legal number.
- A. True
 - B. False
42. When a foul is committed with less than two minutes remaining in either half, the offended team will have the option to start the game clock on the snap.
- A. True
 - B. False
43. Only the umpire may order the ball changed between downs.
- A. True
 - B. False
44. A chop block is a combination block by two or more teammates against an opponent other than the runner, with or without delay, where one of the blocks is below the waist and one of the blocks is above the waist.
- A. True
 - B. False
45. It is legal for a player to conserve yardage by intentionally throwing an incomplete forward pass if, the passer has been beyond the lateral boundary of the free-blocking zone as established at the snap, and the pass reaches the neutral zone, including the extension beyond the sideline.
- A. True
 - B. False
46. It is permissible for state associations to approve an extension of the team box and to determine the individuals who may be in the extended area, provided such extension is the same for both teams.
- A. True
 - B. False
47. There is no limit to the number of coaches who may take part in an authorized team conference between the 9-yard marks.
- A. True
 - B. False
48. Face tackling is an act by any player who initiates contact against an opponent at the shoulders or below with the crown (top portion) of his helmet.
- A. True
 - B. False

49. The game officials shall assume authority for the contest, including penalizing unsportsmanlike acts, 30 minutes prior to the scheduled game time - an earlier time if required by the state association - or as soon thereafter as they are able to be present.

A. True

B. False

50. It is a touchdown for A when a live ball in A1's possession breaks the vertical plane of B's goal line.

A. True

B. False