



YVRCA & Early College Breakfast Menu for March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
March 1 Strawberry Yogurt w/Strawberry Fruit Bar -or- Banana Bread Pears 100% Fruit Juice Choice of Milk	March 2 Chicken Biscuit -or- Assorted PopTarts Fresh Fruit Variety 100% Fruit Juice Choice of Milk	March 3 Assorted Muffin -or- Assorted Cereal w/String Cheese Strawberry Cup 100% Fruit Juice Choice of Milk	March 4 Confetti Pancakes -or- Super Donut Fresh Fruit Variety 100% Fruit Juice Choice of Milk	March 5 Pancake Sausage on a Stick -or- Assorted Cereal w/String Cheese Applesauce Cup 100% Fruit Juice Choice of Milk
March 9 No School	March 10 No School	March 11 No School	March 12 No School	March 13 No School
March 16 Strawberry Yogurt w/Strawberry Fruit Bar -or- Banana Bread Pears 100% Fruit Juice Choice of Milk	March 17 Chicken Biscuit -or- Assorted PopTarts Fresh Fruit Variety 100% Fruit Juice Choice of Milk	March 18 Assorted Muffin -or- Assorted Cereal w/String Cheese Strawberry Cup 100% Fruit Juice Choice of Milk	March 19 Confetti Pancakes -or- Super Donut Fresh Fruit Variety 100% Fruit Juice Choice of Milk	March 20 Pancake Sausage on a Stick -or- Assorted Cereal w/String Cheese Applesauce Cup 100% Fruit Juice Choice of Milk
March 23 Yogurt w/Strawberry Fruit Bar -or- Chocolate Chip French Toast Watermelon Raisins 100% Fruit Juice Choice of Milk	March 24 Chicken Biscuit -or- Assorted PopTarts Fresh Fruit Variety 100% Fruit Juice Choice of Milk	March 25 Banana Bread -or- Assorted Cereal w/String Cheese Applesauce Cup 100% Fruit Juice Choice of Milk	March 26 Cream Cheese Bagel -or- Assorted Muffin Mango Cup 100% Fruit Juice Choice of Milk	March 27 Breakfast Pizza -or- Assorted PopTarts Strawberry Cup 100% Fruit Juice Choice of Milk
March 30 Strawberry Yogurt w/Strawberry Fruit Bar -or- Banana Bread Pears 100% Fruit Juice Choice of Milk	March 31 Chicken Biscuit -or- Assorted PopTarts Fresh Fruit Variety 100% Fruit Juice Choice of Milk			

Families Making the Connection Quest for School Breakfast

March 2-6 is National School Breakfast Week (NSBW), "Quest for School Breakfast". #NSBW2026 highlights how eating a nutritious breakfast helps students be successful in the classroom and beyond. Students who participate in school breakfast show improved attendance, behavior, standardized achievement test scores as well as decreased tardiness.

School breakfast is a School Nutrition Program available to all public schools. All children can participate. Most North Carolina schools offer breakfast each school day including a choice of entrée, fruit or 100% juice, and lowfat or fat free



Please note: Allergens may be present in our facilities.
 *Manage and monitor your student's account at <https://linkconnect.com/main>
 *Menu subject to change due to availability.

milk.
 Every school breakfast served meets federal nutrition standards limiting calories, fat, and sodium.

School breakfast offers several connections to classroom learning—students have the opportunity to eat a healthy breakfast each school morning closer to academic instruction time, students who eat a healthy breakfast are better able to focus on classroom lessons, and students can practice the nutrition lessons they learn in the classroom by making healthy choices with school breakfast. Learn more about NSBW

This institution is an equal opportunity provider.
<https://www.dpi.nc.gov/districts-schools/district-operations/school-nutrition>

at www.schoolnutrition.org/nsbw. For more info on school breakfast in our state, visit <https://go.ncdpi.gov/ncschoolmeals>