[Left Blank Intentionally]

Bulk Reproductive Health and Harm Reduction Material Resources!

(Pssst… distribution organizers!)

For Yanaguana brought to you by Mootual Aid and folks who care! Direct aid and distribution of resources is a part of something much larger, Mutual Aid. Decentralizing resources includes sharing where folks get bulk resources for distros! We invite folks to comment additional connections to bulk resources to build this document, collectively over time. YES, feel free to expand on the type of resources beyond repro health and harm reduction! :-)

Email mootualaid@gmail.com to let us know when you set up so we can further that info to the rest of the commoounity OR if you have questions of how to distribute! More importantly, reach out so we can send you corresponding life-saving education to pair with this horizontal distribution of resources (example: how to use narcan, EC, condoms, RAT tests, etc.)

Reproductive Health Kits

Everybody Texas

You can individually request a free reproductive health kit that has 2 condoms, 2 lube, 1 pregnancy test, 2 EC, and a sex ed guide. If you reach out to them through this form, requesting a collaboration, you can get reproductive health kits in bulk! We receive 75 free kits a month for distro efforts. *NOTE: DUE TO RESTRICTED FEDERAL FUNDING, THIS RESOURCE MAY BE LIMITED IN THE FUTURE SINCE IT IS A TITLE X PROGRAM*

Black Book Sex Ed

Grassroots community organization will mail 2 reproductive health kits monthly directly to individuals for free. Kit includes 1 emergency contraception, pregnancy tests, condoms, lube, and period products. You can also sign up to be a volunteer and community partner to offer these kits in bulk to community for free. Check out linktree to connect.

Emergency Contraception

Julie

Organizations can order up to 10k Julie Emergency Contraception pills for free. Less questions asked compared to Plan B. Easier access. *UPDATE: JULIE IS CURRENTLY NO LONGER OFFERING BULK DONATIONS. KEEPING THE LINK IN CASE IT OPENS UP IN THE FUTURE*

Plan B Donations

Free bulk plan b through their official donation site. The requests for bulk Plan B tablets are evaluated on a case-by-case basis subject to quantities available. Donations may be requested on a once monthly basis…offers high amount, we have received up to 600 in one request.

Emergency Contraception knowledge

NOTE: this is a working document by a collective of folks dedicated to decentralizing and destigmatizing EC info. Help us out with your shared knowledge!

Condoms & STI/HIV testing

Texas Wears Condoms

https://www.instagram.com/txwearscondoms
texaswearscondoms.com
Ships 50 free condoms to anyone in Texas. Orders open first of the month! Make sure to get non-latex for those with allergies and all types for all folks. They also offer to mail free at home HIV tests (not in bulk, already asked lol). If you are in need of larger amounts of condoms, they typically respond well to Instagram DMs requests of distro amounts. They have a building in San Antonio, we have had to pick up when they couldn't deliver large amounts.

Advocates for Youth - Texas Condom Collective

This program offers college students in Texas aged 18-29, 500 free condoms. Apply through the link. NOTE: they are Trojan condoms and include magnum. Great quality!

BeatAIDS

Offers free condoms (external), lube, PrEP, and sex education pamphlets. You can go to their location for individual amounts of condoms and lube, or DM them on Instagram to coordinate free bulk condoms. They also offer mobile STI/HIV testing for mutual aid events. *NOTE: The updated way to best communicate is through Instagram or over the phone*
Phone: 210-212-2266

SAAF - San Antonio Aids Foundation

Offers free condoms (internal/external), lube, PrEP, and sex education pamphlets. They also offer free STI/HIV testing at their location and when requested, at events. Email rsoliz@sanantonioaids.org, their community outreach coordinator, to request bulk amounts of condoms and lube and/or to coordinate mobile testing at mutual aid events. Folks have also walked in and requested bulk amounts on the spot and have been successful. *NOTE: for transparency, there has been trust broken within SAAF. DM @jovially.jaded on Instagram for more info.*
Address: 818 E Grayson St.
Hours: Monday, Wednesday-Friday: 8:30am-4pm. Tuesday 8:30am-8pm. Saturday 11am-3pm.

Alamo Area Resource Center

Offers free condoms, lube, PrEP, PeP, and STI/HIV testing for individuals. Not sure if they offer condoms and lube in large bulk amounts, but they offer individual amounts and they can provide mobile STI testing at any mutual aid event. Email humanresources@aarcsa.com to coordinate. *NOTE: they have been slow in responding in a few experiences*

Pregnancy & Ovulation Tests

ISO **free** bulk pregnancy tests and urine cups that are **not** a part of already established kits!

NOT FREE:

https://www.clinicalguard.com/collections/pregnancy-ovulation-test-strips

Preferred due to instructions being printed on the individually wrapped test. Does not come with urine cups (fifty 2 oz plastic cups can be bought at Walmart for < $3!)

https://www.pregmate.com/

Each individually wrapped pregnancy and ovulation test comes with a QR code on the back for instructions. If you want the instructions accessible to people without phones, such as unhoused neighbors, request instruction pamphlets with order. Does not come with urine cups (fifty 2 oz plastic cups can be bought at Walmart for < $3!)

Menstruation Health

Period

Free period cups request form for anyone. Max is 30 small and 30 regular size. Mailed directly to you.

Periods of SATX

Provides free menstruation products across San Antonio. Small organization with low capacity, but can still help with big trash bags of period products from time to time. DM them on instagram or email them at periodsofsatx@gmail.com for period products!

Period Palooza

Provides free menstruation products to schools in San Antonio. They have a period pantry at Chifladas, available with street access 24/7 at 1804 W Martin St. They might not be able to offer bulk products to organizers consistently, since their goal is to serve schools and their pantry. But, they have offered kits in bulk to us in Spring 2025.

Drug Harm Reduction

Corazon Ministries

Designated free Naloxone Hub for South Texas. Go in person to their day center and resource hub and request Narcan. They will give you a QR code to scan and a form to fill out. Form says max allotted amount each visit is 2 boxes (48 Narcan doses), but you can request more in person. They also offer educational resources and you can sign up to be a part of their syringe exchange.

Address: 504 Avenue E.

Hours: Monday-Friday 8:30am-4pm

Naloxone Texas

Can order free boxes of narcan for individuals and organizations across Texas. Will be mailed to you. *NOTE: It takes quite a bit of time to process requests and ship out boxes* Previously known as MoreNarcanPlease.

South Texas Overdose Prevention

Can order individual amounts of free harm reduction through the mail using their linktree. If you need bulk amounts for distro, DM their Instagram requesting larger amounts. They typically offer 25-50 free narcan (with instructions on how to use it), sharps containers, safe sex kits (condoms and lube), first aid kits, and flyers for their services meant for distro groups. They will drop it off at your door within a week or two.

1UPSATX

A local San Antonio harm reductionist, Kat. DM their Instagram, requesting to receive free Narcan and test strips for distro, depending on their stock. They will personally coordinate with you.

Narcan Nate

Harm reductionist that will mail free Narcan and testing strips in bulk to ANYONE in the United States. Contact him through his linktree.

Mootual Aid

Grassroots mutual aid organization offers free narcan and different free testing strips depending on their stock, which varies. Sometimes not available in bulk. DM on Instagram, requesting item.

Texas Harm Reduction Alliance

Great centralized place to start with harm reduction questions in Texas. Offers free naloxone and other resources. Based in Austin. Has monthly statewide calls every last Wednesday of the month.

Texas Overdose Prevention

Ships FREE supplies across South Texas including naloxone, sharps containers, condoms, first aid kits, lube, dental dams, and more.

Texas Naloxone Finder

Interactive map to locate naloxone near you.

Websites that **sell** testing strips and will ship to TX:

Dance Safe

https://dancesafe.org/shop/

BTNX

https://www.btnx.com/

Dose Test

https://dosetest.com/

__NOTE__: Remember, fent test strips are considered paraphernalia in TX. Let people know this during distro because people can be criminalized and exposed to carceral systems if police find them on someone

Masks & COVID-19 Rapid Tests

COVID Conscious Block SA (CCB.SA)

https://linktr.ee/ccbsa

Free household and organizational (bulk) masks using their request form. They will coordinate drop off or pick up. You can order 4 COVID-19 rapid tests with each household request. They do not give bulk amount of tests. *NOTE: please be patient with pick up and drop off times, it is a small, grassroots organization with varying capacities!*

HHS GOV Covid-19 Rapid Tests

You can order free bulk covid-19 tests from the government, mailed directly to you. No organizational ties needed. Minimum amount: 300. Max: unlimited
To order: 1) fill out spreadsheet 2) email to tdx@hhs.gov
Order form: here

- PDF version of instructions, here

***NOTE:** Tests have varying expiration dates. Some expire within 2 months after receiving the tests. Many expiration dates have been extended. Check out if your brand is extended, here

Resource Directories

Mootual Aid Resource Directory
***NOTE:** work in progress*
YCOT Resource Directory
Made specifically for sexually victimized young adult women in San Antonio. Updated 2024.

Sidebar: Abortion care resources

- Connect folks with abortion pills through the mail (YES for all 50 states!), here
- More information on how to have a self managed abortion here
- Support and resources for a self managed abortion here