Topics for readings

10 weeks total

Week 1

- o Intro week
- What is something you've read/watched/listened to that served as an inflection point for you? Something that made you think differently or tapped into your sense of curiosity.

Week 2

- Wellbeing, mental and physical health
 - Drugs and alcohol
 - Therapeutic language
 - Social fitness
 - GLP-1s and the body positivity movement

Week 3

- Money and Capitalism
 - Compensation expectations and aspirations
 - Social media driven overconsumption
 - Online gambling
 - Attitude-Behavior gaps
 - Perceptions of capitalism

Week 4

- o Al and the future of tech
 - Ed-tech- tech and kids, Al tutors
 - Chatbot relationships
 - What's lost and what's gained
 - Robotics-threats and opportunities

Week 5

- Work
 - Feedback and communication
 - Career choices and decision-making
 - Risk appetite and entrepreneurship
 - High status and low status jobs
 - Current complaints from leaders

Week 6

- Gender, sexuality, dating, and relationships
 - Gender roles
 - Relationships structures
 - Online dating vs. IRL
 - Trans, non-binary, gender dysphoria
 - The sexless generation

Tradwives

Week 7

- o Politics
 - Wokesim and DEI
 - Partisanship
 - Digital radicalization
 - Institutional trust
 - Misinformation and disinformation

Week 8

- Religion and community
 - No-contact orders in college dorms
 - Religion's revival
 - Loneliness epidemic
 - Online communities (digital camp fires)

• Week 9

- o Family
 - Alternative family systems
 - Adult child-parent relationships
 - The childfree movement
 - The natalist movement

Week 10

- o Wrap up, conclusion, final thoughts
- Share output