

Topics for readings

- 10 weeks total
- **Week 1**
 - Intro week
 - **What is something you've read/watched/listened to that served as an inflection point for you? Something that made you think differently or tapped into your sense of curiosity.**
- **Week 2**
 - Wellbeing, mental and physical health
 - Drugs and alcohol
 - Therapeutic language
 - Social fitness
 - GLP-1s and the body positivity movement
- **Week 3**
 - Money and Capitalism
 - Compensation expectations and aspirations
 - Social media driven overconsumption
 - Online gambling
 - Attitude-Behavior gaps
 - Perceptions of capitalism
- **Week 4**
 - AI and the future of tech
 - Ed-tech– tech and kids, AI tutors
 - Chatbot relationships
 - What's lost and what's gained
 - Robotics–threats and opportunities
- **Week 5**
 - Work
 - Feedback and communication
 - Career choices and decision-making
 - Risk appetite and entrepreneurship
 - High status and low status jobs
 - Current complaints from leaders
- **Week 6**
 - Gender, sexuality, dating, and relationships
 - Gender roles
 - Relationships structures
 - Online dating vs. IRL
 - Trans, non-binary, gender dysphoria
 - The sexless generation

- Tradwives
- **Week 7**
 - Politics
 - Wokesim and DEI
 - Partisanship
 - Digital radicalization
 - Institutional trust
 - Misinformation and disinformation
- **Week 8**
 - Religion and community
 - No-contact orders in college dorms
 - Religion's revival
 - Loneliness epidemic
 - Online communities (digital camp fires)
- **Week 9**
 - Family
 - Alternative family systems
 - Adult child-parent relationships
 - The childfree movement
 - The natalist movement
- **Week 10**
 - Wrap up, conclusion, final thoughts
 - Share output