

AKCESS Pride Resource List - June 2021

ON-CAMPUS

- **CUSA Gender & Sexuality Resource Centre:** a safe(r) space with various resources for 2SLGBTQ+ students, including a queer library, educational workshops, gender-affirming resources, and a space to socialize with members of the 2SLGBTQ+ community at CU.
 - <https://www.cusaonline.ca/services/servicecentres/gsrc/>
- **Health and Counselling 2SLGBTQ+ Support Group:** a 6-week program (June 23-August 25) open to students who identify as 2SLGBTQIA+ or are questioning their sexuality and gender.
 - Registration via phone open until June 21 at 4PM: (613) 520-6674
- **Updating your name on Carleton documents:** Carleton allows students to use their preferred first name on things like their UPASS, class lists, etc.
 - <https://carleton.ca/registrar/name-change/>

OTTAWA

- **LGBT YouthLine:** A phone, text, and chat service that connects youth 29 and under with trained peer supporters who can provide peer support and referrals to community resources. This is a confidential service available across **Ontario**.
 - Available Sunday-Friday:
 - Phone: 6 PM – 9 PM, at 1-800-268-9688
 - Text: 4 PM – 9:30PM, at 647-694-4275
 - Chat: 4 PM-9:30 PM
 - <https://www.youthline.ca/>
- **SAEFTY:** An Ottawa-based group run by and for trans and gender diverse youth. They host social events, conference presentations, and workshops for parents of trans and gender diverse youth, among other programs.
 - <https://www.saeftyottawa.ca/>
- **Kind Space:** an Ottawa-based organization providing social programs, peer support groups, informational workshops, and community funds for 2SLGBTQ+ community members.
 - <https://kindspace.ca/>

CANADA-WIDE

- **Pflag Canada:** a national organization providing information and support to families of LGBTQ+ people, enabling a healthy understanding of their family members' identities and encouraging acceptance of all gender identities and sexualities.
 - <https://pflagcanada.ca/>
- **Canadian Centre for Gender+Sexual Diversity (CCGSD):** A national organization providing resource libraries, training and workshops, campaigns, and research projects on the 2SLGBTQ+ community in Canada.
 - <https://ccgsd-cdgs.org/>