

Weekly All-Call Updates



Rampant Family,

This is your Principal, Dr. Nydra Jones with important information and school updates **for the week of December 1st**, at J.H. Rose “Where we Rise to every Opportunity and Succeed with Excellence!

Weekly Schedule: [Bell Schedules](#)

- **Monday - Friday:** Refresh Schedule

Report Cards: Report Cards will be distributed in Advisory on Monday, December 1st.

ACT WorkKeys: Wednesday, Dec. 3rd for senior CTE concentrators. Testing will begin at 8:30 am. While the WorkKeys assessment does not affect a student’s GPA, students are urged to take this exam seriously and do their best as the WorkKeys assessment has several advantages including:

- Students may earn a National Career Readiness Certificate (NCRC), a widely recognized credential that demonstrates essential workplace skills.
- Many employers use WorkKeys scores to identify candidates with the skills needed for specific positions.
- Results help students understand their strengths and align them with potential career paths.
- The school’s overall WorkKeys performance is factored into the JHR’s North Carolina school accountability grade.

Counselors' Corner:

- **The Health Sciences Internship applications for the 2026-2027** school year are now open to current 11th-grade HSA students (high school seniors in 2026-2027). If you did not have the opportunity to attend the Virtual Intern Information Night, you should view the slideshow before completing an application. **Applications are due by Friday, December 19, 2025, by 5:00 pm.**

- The link to the slide show, video about the program and the application are in the detailed email announcements. [Slideshow Link](#)
- Health Sciences Internship Video: <https://vimeo.com/818891580>
- Health Science Internship Application: <https://www.cognitoforms.com/HealthSciencesAcademy1/HealthSciencesInternshipApplication20262027Cohort>
- **The Brody School of Medicine High School Honors Medical Research Cohort**
applications are now available. Students in the 11th grade are encouraged to apply for this unique opportunity to conduct lab research with faculty at the Brody School of Medicine. Each student is responsible for their own transportation to and from the BSOM, and all students will need to have a flu vaccination for the 2026-2027 flu season.
Applications will close on December 19, 2025, at 5:00 p.m.

IMPORTANT REMINDERS:

- **No Head Coverings Reminder:** While colder weather has begun, students should remember that head coverings and hoods are not to be worn in the building.
- **Yearbooks For Sale:** 2026 Yearbooks are for sale at \$70 each. Senior ads are also for sale and purchase includes a yearbook. Full page \$275 or half page \$200. Online purchase link yearbookforever.com or through the yearbook class.
- **Tradesformers Applications:** **Due by December 17th**. See Ms. Bell in room 606 for application directions.

GAMES THIS WEEK!!! Home games are in BOLD.

JH Rose Hudl Ticket Purchase

Tuesday, December 2

Basketball @ Hunt

Wednesday, December 3

Wrestling @ Conley

Thursday, December 4

Basketball @ Fike

Wrestling @ Rocky Mount

Friday, December 5

Wrestling @ North Pitt

Swim Meet @ Minges

Saturday, December 6

Basketball @ New Hanover

Wrestling @ North Pitt

Thank you and have a wonderful evening.

