



Participant Worksheet: Dare to Lead Session

Use this worksheet to capture your reflections, insights, and commitments during our session. You will not be asked to submit this—it is for your personal use.

Reflection on Vulnerability & Courage

Where do you see the tension between being open with your team and projecting strength?

Living Into Values

Where in your leadership do you see a gap between stated values and behaviors?

Trust and BRAVING (*Boundaries, Reliability, Accountability, Vault, Integrity, Non-judgment, Generosity*)

Which trust behavior is strongest for you? Which needs the most attention?

Balancing Results and People

Think about a time when results came at the expense of people—or vice versa. What did you learn?



Key Takeaways

What insights from today's discussion stand out most to you?

Commitment to Action

What is one concrete behavior you will commit to practicing that balances being human-centered with driving results?