

TIME MANAGEMENT RESOURCES

Webinar presented on June 3, 2020
by Brian Thomas and Anique Ruiz

--- TIPS & STRATEGIES --



How to set SMART Goals

<https://www.mindtools.com/pages/article/smart-goals.htm>

The McGraw Center Principles for Effective Time Management

<https://mcgraw.princeton.edu/sites/mcgraw/files/media/effective-time-management.pdf>

Time Management Hacks that Highly Successful People Practice Daily

<https://www.entrepreneur.com/article/327098>

26 Time Management Tricks I Wish I'd Known at 20

<https://arc.duke.edu/26-time-management-tricks-i-wish-id-known-20>

Pomodoro Technique for Time Management

https://en.wikipedia.org/wiki/Pomodoro_Technique

--- APPS ---

Time Management Apps and Tools

<https://www.lifehack.org/articles/technology/top-15-time-management-apps-and-tools.html>

ToDoist – Planner App

<https://todoist.com/home>

Trello – Planner App

<https://trello.com/en-US>

Focus Keeper – iOS Pomodoro timekeeper

<https://apps.apple.com/us/app/focus-keeper-time-management/id867374917>

Productive – iOS changing habits app

<https://apps.apple.com/app/id983826477>

Due – Android and iOS persistent notifications and reminders

<https://www.dueapp.com/>