TIME MANAGEMENT RESOURCES

Webinar presented on June 3, 2020
by Brian Thomas and Anique Ruiz



--- TIPS & STRATEGIES --

How to set SMART Goals
https://www.mindtools.com/pages/article/smart-goals.htm

The McGraw Center Principles for Effective Time Management
https://mcgraw.princeton.edu/sites/mcgraw/files/media/effective-time-management.pdf

Time Management Hacks that Highly Successful People Practice Daily
https://www.entrepreneur.com/article/327098

26 Time Management Tricks I Wish I'd Known at 20
https://arc.duke.edu/26-time-management-tricks-i-wish-id-known-20

Pomodoro Technique for Time Management
https://en.wikipedia.org/wiki/Pomodoro_Technique

--- APPS ---

Time Management Apps and Tools
https://www.lifehack.org/articles/technology/top-15-time-management-apps-and-tools.html

ToDoist – Planner App
https://todoist.com/home

Trello – Planner App
https://trello.com/en-US

Focus Keeper – iOS Pomodoro timekeeper
https://apps.apple.com/us/app/focus-keeper-time-management/id867374917

Productive – iOS changing habits app
https://apps.apple.com/app/id983826477

Due – Android and iOS persistent notifications and reminders
https://www.dueapp.com/