

EDUCATION PLANNER CLASS ACTIVITIES PACKAGE

To support your students with engaging and interactive learning opportunities, we invite you to create *Custom Class Activities* in myBlueprint. Class activities are an amazing way to connect with students, and keep them engaged in their learning journey while working in class, or while working remotely.

Class activities can be created related to specific curriculum expectations, units of study, or simply a way to have a remote connection to your students. This resource was created by the myBlueprint Support Team to help educators set up a remote learning environment and aims to:

- Support educators in creating custom *Class Activities*
- Showcases how students can complete *Class Activities* in myBlueprint by adding artifacts to their Portfolio
- Shares examples of custom class activities that can be copied into your myBlueprint Teacher Account to get started today

To help get you started, the table below includes myBlueprint Activities. Use the activities as inspiration, and as a launch pad to start creating your own class activities in myBlueprint.

Not sure how to create a Class Activity and get started?

Click here for our [Create Custom Class Activities: A How-to Guide](#)

TABLE [A] – MYBLUEPRINT ACTIVITIES

ACTIVITY TYPE	ACTIVITY NAME	INSTRUCTIONS	SAMPLE REFLECTION PROMPTS	SUGGESTED TAGS
From myBlueprint > Set a SMART Goal	My SMART Goal	In this Activity, you will be asked to create a goal you would like to achieve during this school year. <i>Note: This goal can be related to a skill you are learning, an academic goal in class, a club you would like to join, a new sport, etc. that you are working towards.</i> 1. When ready, click Start Activity and type out your goal. 2. You will be asked to enter in the specific tasks or actions you need to complete in order to be	<ul style="list-style-type: none"> • <i>What made you select your goal, and how will you stay on task with your goal?</i> • <i>Did you have any challenges selecting a goal?</i> • <i>How will you know if you are successful in meeting your goal?</i> 	<ul style="list-style-type: none"> • My Goals • Action Plans • Personal Goals • My Plan

		<p>successful in your goal. Please include at least three (3) tasks to your goal.</p> <p>3. When ready click Add Goal button to add your goal.</p>		
Journal	Time Management Strategies	<p>In this activity, you will be asked to write a Journal reflection about how you have used time management skills in the past month.</p> <p>1. When ready, click Start Activity. In your reflection, please make sure to include:</p> <ul style="list-style-type: none"> • <i>How you have used time management skills this month.</i> • <i>Three (3) things you found difficult with time management, and three (3) time management strategies you are successfully using.</i> <p><i>Optional: You may click the paperclip at the bottom right corner and record an audio or video clip to supplement your reflection.</i></p>	<ul style="list-style-type: none"> • <i>How do you build a schedule for yourself?</i> • <i>How are you tracking your progress?</i> • <i>How can you identify areas of improvement in regards to time management?</i> • <i>Explain why the strategies are important to you, and why they work for your learning.</i> • <i>How will you use these strategies once you go back to school?</i> 	<ul style="list-style-type: none"> • My Skills • Learning Strategies • My Strengths • Learning Skills
From myBlueprint > Learning Styles Survey	How to Study	<p>First complete your Who Am I: Learning Styles survey. Once complete, this activity will prompt you to add your results to a Portfolio and reflect on what you have learned.</p> <p>1. Once you have completed your Learning Styles Survey, click Start Activity and add your results to your Portfolio.</p> <p>2. In your reflection share two (2) skills you currently use in class to learn and retain information, and two (2) skills you would like to develop, or practice this year.</p>	<ul style="list-style-type: none"> • <i>What is your favourite study strategy and why?</i> • <i>What have you learned about yourself and your study skills? How do you plan on implementing them to improve your study habits?</i> • <i>How do you plan on implementing one new study skill this school year?</i> • <i>Why do you think trying a new skill will help you with studying?</i> 	<ul style="list-style-type: none"> • Who Am I • Learning Style • How I Study • Growth Mindset

Journal	Growth Mindset	<p>This activity will prompt you to watch a video about Growth Mindset vs. Fixed Mindset, and reflect on your learning.</p> <ol style="list-style-type: none"> 1. Watch this Video 2. When ready, click Start Activity and answer the following questions in a journal entry: <ul style="list-style-type: none"> ● What is a Growth Mindset? ● What is a Fixed Mindset? ● What does a growth mindset look like? Sound like (i.e., think of mindset statements you can tell yourself) 	<ul style="list-style-type: none"> ● What have you learned about the power of a growth mindset? ● How will you practice having a growth mindset in your daily life? <p>Video Resource Link: https://www.youtube.com/watch?v=M1CHPnZfFmU</p>	<ul style="list-style-type: none"> ● How I Learn ● My Future Opportunities ● Learning Skills ● My Goals
Media	Talent Tuesday	<p>Everyone is unique!</p> <p>In this activity, select a talent or an interesting fact you would like to showcase about yourself.</p> <ol style="list-style-type: none"> 1. When ready, click Start Activity and take a Video of you sharing your interesting fact or performing your talent. 2. Once complete Click Green Check Mark to add your video. 3. Title your video 'Talent Tuesday' and share a description of your talent. 4. Click Post to complete your activity and add it to a Portfolio. 	<ul style="list-style-type: none"> ● Is your talent something you are proud of? What makes you unique? ● How did you become interested in your talent? ● What is a talent that you would like to learn, and can you identify your first step to learning your new talent? 	<ul style="list-style-type: none"> ● My Interests ● My Talents ● My Skills ● Highlight Moment
Journal	Mental Health: 5 Golden Rules	<p>This activity will ask you to share your thoughts on positive mental health in a journal entry. If you need additional information before answering, myBlueprint has information in their Guides section. To access this, click Guides > 5 Golden Rules to read more.</p> <ol style="list-style-type: none"> 1. When ready, click Start Activity and share what mental health means to you. 	<ul style="list-style-type: none"> ● Define Mental Health? Include 3 key words that come to mind. ● What are some of the challenges people may face with mental health? ● How would you feel if a friend approached you with a mental health question? 	<ul style="list-style-type: none"> ● Mental Health ● Mental Wellness ● My Strategies ● My Health ● Who Am I

		<p>2. In your Journal description, please include at least two examples of what mental health means to you.</p> <p>3. When complete click Post to complete your activity and add it to a Portfolio.</p>	<ul style="list-style-type: none"> ● <i>What could you do to help your friend/family member suffering from a mental health issue?</i> ● <i>What does self-care mean to you?</i> ● <i>What are 3 strategies you can use to ensure you have good mental health?</i> 	
Journal	How to Manage Stress	<p>Before the Activity:</p> <ul style="list-style-type: none"> ● <i>You may wish for students to research the concept of stress before assigning this activity, or have a class discussion about stress.</i> <p>This Activity will ask you to write a Journal entry about Stress. Our class has discussed what stress is, and what it means for our everyday lives, be prepared to answer questions about stressors in your life.</p> <p>1. When ready, click Start Activity and answer the following questions in the Journal body:</p> <ul style="list-style-type: none"> ● <i>What are your sources of stress?</i> ● <i>How do you usually deal with it?</i> ● <i>What is a healthy amount of stress in your life? Describe the difference between healthy amount of stress, and too much.</i> <p>2. Once complete, click Post to add your Journal to a Portfolio.</p>	<ul style="list-style-type: none"> ● <i>Has setting a goal with strategies helped you deal with stress?</i> ● <i>How did you feel when implementing the strategies?</i> ● <i>Do you plan on implementing these strategies moving forward?</i> 	<ul style="list-style-type: none"> ● My Strategies ● How I Manage ● My Competencies ● My Goals

<p>From myBlueprint > Favourite One(1) Post-Secondary Opportunity</p>	<p>Planning My Future</p>	<p>Before you Click Start Activity, please have at least one (1) Post-secondary opportunity favourited.</p> <p>To favourite an opportunity: Click Post- Secondary from the left hand side navigation menu. Select the heart icon on any post-secondary opportunity you are interested in <i>(Note: you can favourite as many as you would like as you are exploring!)</i></p> <p>1. When ready, click Start Activity and select your favourite Post-Secondary Opportunity. 2. Select the Portfolio you wish to add this Occupation to, and Click Add to Portfolio.</p>	<ul style="list-style-type: none"> ● Which pathways/programs did you choose? <i>(Apprenticeship, University...)</i> ● Which opportunity seems to be the most suited to you? ● In which way does this pathway align with your interests and needs? 	<ul style="list-style-type: none"> ● My Interests ● My Opportunities ● Post-Secondary Plan
<p>Journal</p>	<p>Decision Making</p>	<p>Think about the decisions that you have had to make recently. This activity will ask you to answer questions about the decision making process as a Journal entry.</p> <p>1. When ready, click Start Activity, and answer the following questions in the body of the journal:</p> <ul style="list-style-type: none"> ● Share at least two (2) choices you have to make on a daily basis. Describe what your process is when making a decision. ● Are decisions hard or easy for you to make? ● What was the hardest decision you ever had to make? Why? 	<ul style="list-style-type: none"> ● How do you usually make decisions? By impulse, by emotion, by asking others, by weighing facts and evidence? ● What is your process if you are stuck, and cannot make a decision? How do you problem solve then? ● Share if you have a trusted advisor, or family member that helps you make decisions, and how this helps you? 	<ul style="list-style-type: none"> ● My Strengths ● My Competencies ● Decision Making ● My Goals
<p>Journal</p>	<p>Digital Citizenship</p>	<p>This activity will ask you to first read an article and share what you have learned about digital citizenship.</p> <p>1. Read this Article '12 Tips for helping students keep a positive digital footprint'.</p>	<ul style="list-style-type: none"> ● How are you feeling with remote learning, and connecting as a class? ● Are there any challenges you are experiencing? 	<ul style="list-style-type: none"> ● Digital Citizenship ● My Impact ● Who Am I

		<p>2. When ready, click Start Activity, and answer the following questions in your journal:</p> <ul style="list-style-type: none"> ● <i>Share at least two (2) character traits of what it means to be a good digital citizen, and share at least one (1) trait of a negative or poor digital citizen.</i> ● <i>Share three (3) values of good digital citizenship you are emulating in your online interactions with our class.</i> <p><i>Optional: You may click the paperclip at the bottom right corner and record an audio or video clip to supplement your reflection.</i></p>	<ul style="list-style-type: none"> ● <i>Do you have any additional positive strategies for having good digital citizenship that you have learned, and would like to share?</i> <p>Resource Link: https://www.teachthought.com/the-future-of-learning/11-tips-for-students-to-manage-their-digital-footprints/</p> <p>Additional Resource: https://www.common sense.org/education/videos/what-is-digital-citizenship</p>	<ul style="list-style-type: none"> ● Our Classroom Goals
Media	Interview Skills	<p>Before the Activity:</p> <ul style="list-style-type: none"> ● <i>Have students research what makes a strong interview as well as common interview questions. Students may complete this activity by asking a family member to ask them the interview questions they selected, or when in class with a partner.</i> <p>In this Activity, you will be asked to upload a recording (audio or video) of your mock interview.</p> <p>1. When ready, click Start Activity and record your interview. 2. Once complete, click the Green Check Mark to upload your video.</p>	<ul style="list-style-type: none"> ● <i>What worked well when you answered the mock interview questions?</i> ● <i>What would you do differently next time you are answering questions about yourself in an interview setting?</i> ● <i>Identify an area that you would like to improve/develop further and create an “I” statement (I would like to continue to improve my communication skills by...)</i> 	<ul style="list-style-type: none"> ● Interview Skills ● My Future ● My Opportunities ● Volunteer Opportunity ● Practice Interview

		<p>3. Add a title 'Interview Skills' to your video, and in the description reflect on two (2) strategies you will use to help present your strengths and interests in a future interview?</p> <p>4. Once complete, click Post to add to your Portfolio.</p>		
Journal	Savings and Investments	<p>This activity will ask you to read an article, and reflect on what you have learned in a journal entry.</p> <p>1. Read the myBlueprint and Planswell Blog Post</p> <p>2. Once ready, click Start Activity and answer the following questions in the journal body:</p> <ul style="list-style-type: none"> ● <i>Share two (2) new ideas that you learned from the blog post</i> ● <i>How would you define compound interest?</i> ● <i>What does 'Rate of Return' mean, and please provide an example.</i> <p>3. When complete, click the Green Check Mark to add your journal to a Portfolio.</p>	<ul style="list-style-type: none"> ● <i>Can you share a time that you have had to plan ahead in your savings?</i> ● <i>How do you currently save money?</i> ● <i>Are there any questions that you have about financial literacy that we can explore as a class?</i> <p>Resource Link: https://blog.myblueprint.ca/lets-talk-about-money-with-our-students-investment-83cf17d81e05 </p>	<ul style="list-style-type: none"> ● Financial Planning ● My Finances ● Savings Plan ● Post-Secondary Plan ● My Skills
From myBlueprint > Favourite Occupation	A Future Occupation	<p>Before you Click Start Activity, please have at least one (1) Occupation favourited.</p> <p>To favourite an opportunity: Click Work > Occupations from the left hand side navigation menu. Select the heart icon on any Occupation you are interested in (<i>Note: you can favourite as many as you would like as you are exploring!</i>)</p> <p>1. When ready, click Start Activity and select your favourite Occupation.</p> <p>2. Select the Portfolio you wish to add this Occupation to, and Click Add to Portfolio.</p>	<ul style="list-style-type: none"> ● <i>Identify two skills that are required to be successful in this occupation</i> ● <i>What is the education requirement for this occupation? Share a post-secondary opportunity that is related to this occupation.</i> ● <i>How did you select this occupation? Share at least</i> 	<ul style="list-style-type: none"> ● My Future ● My Interests ● Occupations ● My Favourite ● My Post-Secondary Plan

			<p><i>two things that stood out to you as interesting.</i></p> <ul style="list-style-type: none"> ● <i>What else would you like to learn about this occupation?</i> 	
Media	My Mentor	<p>This Activity will ask you to share a photo of a famous person you admire, or a mentor that emulates leadership. Be prepared to answer a few questions about them.</p> <ol style="list-style-type: none"> 1. When ready, click Start Activity and upload your photo of your mentor or person you admire. 2. Add the title 'A Great Leader' and answer the following questions in the description: <ul style="list-style-type: none"> ● <i>What makes this person special to you?</i> ● <i>What are the qualities that this person has that you would like to aspire to have?</i> ● <i>How are you similar to the person you selected? How are you different?</i> ● <i>What steps did he/she take towards his/her occupation?</i> ● <i>Why is he/she so successful in this occupation?</i> ● <i>What personal characteristics/traits does he/she have that connect to this occupation?</i> 3. Once Complete, click the Green Checkmark to add your work to a Portfolio. 	<ul style="list-style-type: none"> ● <i>What goals can you set for yourself to achieve your interests?</i> ● <i>Why do you believe this person was successful?</i> ● <i>What does success mean to you?</i> ● <i>What strategies can you learn from your person to improve your post-secondary plan?</i> 	<ul style="list-style-type: none"> ● My Future ● My Interests ● Mentor
Journal	Overcoming Life's Obstacles	<p>This activity will ask you to write a journal entry about challenges you have overcome.</p> <ol style="list-style-type: none"> 1. When ready, click Start Activity and answer the following questions in the body of the journal: <ul style="list-style-type: none"> ● <i>Share a life-changing or challenging event that you have experienced.</i> ● <i>What strategies did you use to overcome each of these events?</i> 	<ul style="list-style-type: none"> ● <i>How did these events change the way you see the world</i> ● <i>What advice would you like to share with your younger self?</i> ● <i>What challenge are you most proud of overcoming? Why?</i> 	<ul style="list-style-type: none"> ● My Strategies ● My Skills ● Who Am I ● My Future

		<ul style="list-style-type: none"> • <i>What skills/strengths did you develop by experiencing each of these events?</i> <p>3. Once complete click the Green Checkmark to add your journal to a Portfolio.</p>	<ul style="list-style-type: none"> • <i>Describe two ways in which you have grown from overcoming these obstacles.</i> 	<ul style="list-style-type: none"> • Life Events • Overcoming Challenges
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