

Sohaila Hosseini

Portsmouth

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Final year Pharmacy undergraduate with wide ranging community and hospital pharmacy experience, able to demonstrate an empathetic and caring attitude, now seeking a pre-registration placement.

Education

MPharm (Hons) Pharmacy, University of Portsmouth

2022 - 2026

Course integrates pharmacy practice, life sciences, pharmaceutical sciences, issues surrounding drug development and formulation, the interaction of medicine on the body, ethical issues and laws governing the dispensing and supply of medicines to patients.

Course highlights include:

Interprofessional Education (IPE) activity

- Collaborated with colleagues from other healthcare disciplines including medicine, nursing and radiography
- Strengthened understanding of team approach to patient care within the NHS
- Developed interpersonal skills when communicating with patients and colleagues

Centre for Simulation in Healthcare

- Used medical manikins to practice and develop essential skills
- Worked in study groups to complete tasks such as reviewing hospital charts and responding to medicine information queries
- Gained strong knowledge of pharmacy in practice as well as increasing expertise in professional environment

In course placements

During the course I have completed several placements at the following establishments:

Sunnyside Medical Centre, Portsmouth November 2024

St James Hospital, Portsmouth February 2024

Queen Alexandra Hospital, Cosham January 2023

WM Morrison Supermarkets Plc, Horndean November 2022

Each placement allowed me to:

- Observe pharmacists working in community, hospital, GP surgeries and in accident and emergency departments
- Develop understanding of the working environment and the range of pharmaceutical services commonly provided in primary and secondary care settings

Relevant Experience

Asda Pharmacy - Summer Placement, Portsmouth, June 2024 - August 2024

- Developed effective organisational skills when using the Electronic Prescription Service (EPS) to process new prescriptions and refill requests in person and over the phone

- Recommended over the counter medicines to patients using effective counselling skills as well as ensuring that at all times a customer orientated approach was used
- Evaluated medication doses using accurate calculation skills and assisted with preparing prescriptions for delivery which required attention to detail and accuracy
- Maintained regular communication with residential care homes and doctors' surgeries, utilising strong interpersonal skills

Boots the Chemist - Healthcare Assistant, Jan 2022 - June 2023

- Answered queries via telephone and face to face in a timely and professional manner
- Built strong relationships with both colleagues and customers
- Working in a small team of six helped me to develop the ability to collaborate effectively
- Obtained a good knowledge of common drug interactions, dosage form, administration and modes of action
- Involved with cash handling and sales of medicines as well developing the ability to prioritise and work to deadlines

Other Work Experience

Course Representative (MPharm University of Portsmouth) Oct 2024 – present

- First point of contact within the course to handle any issues that have occurred
- Gather both positive and negative feedback on a range of issues
- Represent student views and opinions whilst demonstrating tact and diplomacy
- Provide suggestions on improving the overall student experience on the course and the University as a whole
- Show empathy when dealing with students in difficult situations
- Build strong working relationships both internally and externally
- Demonstrate initiative reaching out to fellow students in innovative ways to ensure that the student voice was still heard

Gosport War Memorial Hospital - Care Assistant, June 2021 - Dec 2022

- Assisted with the implementation of treatment and care plans
- Gained an understanding of COSHH, health and safety, data protection and risk management
- Respectful of patients' rights as well as their religious and cultural beliefs
- Accurately recorded patient observations and escalated any immediate concerns
- Developed an awareness of how to behave professionally whilst upholding the hospital's values

Other Education

Portsmouth College 2020 - 2022 - 3 A-levels A-C including Chemistry and Biology

Portsmouth Grammar School 2015 - 2020 - 11 GCSEs 9-5 including Maths, English and Science

Interests

- Member of the University of Portsmouth First Aid Society – attended weekly meetings, organised guest speaker talks and worked alongside St. Johns Ambulance
- Rock climbing – part of a longstanding rock climbing group, which has increased self-belief and confidence.

References available upon request