

Email 1 (Welcoming Email)

JUST LANDED: your free gifts are here!

Congratulations on taking your first step towards shedding belly fat and achieving a healthier and more toned physique!

To start

[Click here](#) to claim your free book and diet program.

P.S: We'll keep you up to date on any upcoming content.

[client company] appreciates your trust and hopes that you get in the best shape of your life!

Email 2 (HSO)

“Transformed: Best shape, minimal effort!”

Meet John. A once active individual in his teens. But as his job demands grew, he found himself confined to an office chair staring at a computer screen all day long.

He barely engages in any sort of activity that involves physical efforts. Because of his miserable lifestyle, John became very unhealthy and started to face some serious health and mental issues.

One day, John decided that it was enough. And he gathered all of his strength and tried to stick to a diet and a fitness program he randomly found on the internet.

A Couple of weeks went by, and John couldn't keep up with both his diet and training schedule. He felt depressed and lost all encouragement of achieving his dream body.

But then, as despair loomed large, a flicker of hope pierced through the darkness. John decided to join our free trial program, and his mind was blown away from what he had found inside. A tremendous amount of knowledge that helped him kickstart his journey into shaping his body to the best of his desires.

John now lives a joyful and healthy life. He's happy most of the time, his wife adores him, his children look up to him and everyone treats John with respect.

follow John's footsteps to achieve what he has achieved, [Click here](#) to embark on the journey,

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Email 3 (value email)

“The reason why most people fail to get in shape”

There are TWO main reasons that make people fail to get fit.

The first one is the lack of mentorship, not having someone by your side is why a lot of people quit, they get unmotivated mainly because their program is boring or just because they don't feel like training anymore.

The second reason why most people fail is arrogance, it's the crucial mistake that people make by thinking that they are better than the professionals, they try to figure it out on their own, and this will result in them wasting a significant amount of time surfing the internet trying to solve the puzzle on their own. They could achieve what they want, but the vast majority just end up lazy and unmotivated.

If you think that you belong to any of these groups, then you're free to click here and learn more about our fitness program

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Email 4 (DIC)

“5 modern ways that Hollywood actors use to lose weight”

Have you ever wondered how actors like Sylvester Stallone get in shape very quickly? You must be thinking that they use some sort of magic spell that helps them get fit in a short period of time, and you could be right.

There are some special secret techniques that they don't want you to know. These techniques consist of a specific diet and training schedule.

If you want to learn more about these secrets that the film industry have been hiding away from humanity for decades, you can click [HERE](#)

[client company]

Email 5 (PAS)

“This is why people that are fit get more attention”

There was a study made which showed that over 90% of opposite sexes are more likely to be attracted to a fit person than a person out of shape.

We as people judge by appearance, it's even proven that we judge who someone based on their appearance in the first 7 seconds of our first meeting with. Imagine how your life is going to be hard competing against people who are able to get better impressions from others.

The way you look reflects your status in society, if you look bad your status is going to be bad and vice versa,

Embrace the path of transformation: Elevate your status now! Your decision awaits. Click [here](#).

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