

SOUTH KAMLOOPS RED SHIRT POLICY

South Kamloops strives to give as many students possible the opportunity to participate in a sport at South Kamloops Secondary.

With some team sports, the role of “red shirt” may be discussed with some student athletes.

The purpose of the “red shirt” is to allow the athlete to develop in a practice setting.

A “red shirt” may not be assigned to every team.

Communication from the coach will occur if an athlete is designated as a “red shirt”.

Student Athlete (Red shirt) expectations:

- the athlete will not participate in any competitions
- the athlete will be allowed to practice during certain situations
- the athlete will not participate in drills the coach deems to be important for the develop of the participating athletes.

Coach’s expectations:

- the coach will communicate this policy with the athlete
- the coach will communicate this policy to the parents of the “red shirt” athlete

- the coach will meet with the athletic Director prior to posting a finalized team to communicate that “red shirt” positions will be assigned and why
- the coach will communicate why the athlete was given the “red shirt” designation

There are several reasons why a coach will redshirt a player. The coach may want them to use the extra year to develop physically, to develop the necessary skills related to the sport, or to have the time to learn the team’s playbook and system. Coaches may also prevail upon an athlete to redshirt if the bench is too deep at their position.