



SOMPTING ABBOTTS PREPARATORY SCHOOL

AN INDEPENDENT PREPARATORY SCHOOL FOR BOYS AND GIRLS AGED 3-13

Tel: 01903 235960

YOU DO NOT NEED TO HAND THIS FORM INTO SCHOOL. THE DATE AND INFORMATION BELOW WHERE THERE ARE GAPS TO FILL ARE TO HELP YOU DETERMINE ISOLATION TIME SHOULD YOUR CHILD BECOME SYMPTOMATIC.

Daily Health Checklist for my Child

Child's name.....

Child's class.....

Date.....

Does my child have a temperature of 38°C or above? Are they hot to touch on their chest and back? Yes/No

Do they have a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if they usually have a cough, it may be worse than usual)? Yes/No

Do they have a loss or change to their sense of smell or taste – this means you've noticed they cannot smell or taste anything, or things smell or taste different to normal? Yes/No

IF THE ANSWER TO ANY OF THE ABOVE IS “YES”, PLEASE DO NOT BRING YOUR CHILD INTO SCHOOL.

FOLLOW THESE STEPS:

1. Isolate your child **for 10 days** from when the symptoms began.
2. The rest of your household need to isolate for 14 days.
3. Visit <https://www.nhs.uk/ask-for-a-coronavirus-test> to book a test.
4. When your child has been tested, please inform the school of the results. We will always keep information confidential where possible, but we need to be aware if there has been a confirmed case so we can work through our protocol.

If your child is under 5:

Call 111 if you're worried about a baby or child under 5. If your child seems very unwell, is getting worse or you think there's something seriously wrong, call 999.