



# Resource Learning List

## Costa Rica - Jan 2025

If you'd like to get a jump start on learning about intentional communities and specifically the communities in Costa Rica, we've prepared a list of recommended resources for you below. No worries if you don't have time to review everything. This is purely optional!

### Recommended Resources:

- ☐ [Regeneration Nation Costa Rica](#)
  - Podcast about projects in Costa Rica hosted by your very own tour guide, Jason Thomas!
- ☐ [The Future of Eco Villages | Alegría Village, Costa Rica](#)
  - Video about one of the villages you'll see on the trip!
- ☐ [Intro to Intentional Communities Around the Globe](#)
  - 1-hr video of Ecovillage Tours Founder, Cynthia, sharing about the wide movement of communities
- ☐ [Guide to 15 Types of Intentional Communities](#)
  - Blog article to help you get familiar with the different terminology and types of communities
- ☐ [Intentional Communities — 50% Less Hippie Than You'd Expect | Bianca Heyming | TEDxCardiffbytheSea](#)
  - 15-min TED Talk about intentional communities generally