OARS INVITATIONAL REGATTA



Bill Frederick Park at Turkey Lake, Orlando

OARS is pleased to present the 2022 OARS Invitational Regatta on Saturday, March 12th. We invite you to join us for an exciting day of racing. Please read through this registration packet and review entry information & regatta requirements. The OARS Invitational is now a USRowing sanctioned regatta. The LOC will follow the rules & guidelines of FSRA & USRowing as they pertain to this regatta. If any questions arise regarding these rules, coaches will need to inquire with the LOC.

Important Dates:

Registration opens: Entries & Waivers due: Payment Deadline, Final Line Ups & Scratches due: Racing: Sunday, February 5th Sunday, March 6th Wednesday, March 9th Saturday, March 12th

Venue Information: Bill Frederick Park is located at 3401 Hiawassee Road, Orlando, Florida 32835; 407-246-4486.

Bill Frederick Park at Turkey Lake has an entry fee of \$2 per person/per day plus transaction fees. Team transportation vehicles (buses) that hold more than 20 people are \$1/person per day plus transaction fees. Please use this registration to pre-purchase your parking pass. This includes ALL athletes, coaches, buses, trailer drivers, support staff, parents, friends, & family members.

They will not accept cash at the gate.

OARS Invitational Parking Registration

Select the quantity of people for each day that will be riding in the vehicle with you as you pass through the entry gates. Teams, scroll to the bottom and select "Large Capacity" and then enter the number on the bus.

Upon completion of the registration you will receive 2 emails. One from Orlando Area Rowing Society with your receipt, and one from SportsEngine with your parking pass that shows quantities. Please print the parking pass and place it in the window of your vehicle so the gate attendant can clearly see it. A parking pass is required for entry into the park.

Parking for buses at the east end of the park at Carter Pavillion. Parking for boat trailers will be on the southeast side of the spectator parking area. Boat trailer parking will be available in the designated areas beginning March 12^{th} from 1:00 - 6:00 p.m. The gated entrance to the park is locked at 6:00 p.m. It is recommended that the trailers arrive at the site on Friday afternoon to avoid traffic and congestion on Saturday morning. All trailers should be in place by 6:45 am on Saturday.

Directions:

From Tampa: I-4 East toward Orlando. Exit Sand Lake Rd. & turn left at the ramp. Go to the 2nd light which is Turkey Lake Rd., turn right on Turkey Lake Rd. and follow 3-4 miles until it intersects with Conroy-Windermere Rd. Turn left on Conroy-Windermere. Go approximately ½ mile to the intersections of Hiawassee Rd. Turn right on Hiawassee. Go approximately ¾ mile on Hiawassee. Bill Frederick Park at Turkey Lake is on your right.

From Miami: I-95 north to the Beeline Expressway/Rt. 528 West (tollway). Follow the signs to I-4 East towards Orlando. The first exit after merging onto I-4 is Sand Lake Road. Exit Sand Lake Rd. & turn left at the ramp. Go to the 2nd light which is Turkey Lake Rd., turn right on Turkey Lake Rd. and follow 3-4 miles until it intersects with Conroy-Windermere Rd. Turn left on Conroy-Windermere. Go approximately ½ mile to the intersections of Hiawassee Rd. Turn right on Hiawassee. Go approximately ¾ mile on Hiawassee. Bill Frederick Park at Turkey Lake is on your right.

From Orlando & North: I-4 West. Exit on Conroy-Windermere Rd. Go straight on Conroy-Windermere through 4 traffic lights, the 5th light is Hiawassee. Turn right on Hiawassee. Go approximately ¾ mile on Hiawassee. Bill Frederick Park at Turkey Lake is on your right.

<u>Concessions</u>: We will have Food Truck concessions available. We will also have a catering option available for all teams.

Friday Practice: The course will be open on Friday, March 11th from 3:00 – 5:30 p.m. All teams must exit by 6:00 p.m..

Entries: Your registration must be submitted on <u>www.regattacentral.com</u> by **Sunday, March 6th.** No late entries will be allowed.

Your registration must include the following. Any team not including all of these items, will not be entered into any races:

- ➤ On-line entry form
- Waivers NOARA Waiver and USRowing Waiver
- Entry Fees

Entry fees: Eights - \$110.00; Fours/Quads - \$90.00; Doubles/Pairs - \$60; Singles - \$40.00

<u>Scratch fees:</u> Each entry scratched after **Wed. March 9th** will be charged a \$25.00 scratch fee per boat. Any team who does not pay the scratch fee will not be allowed on the water.

Registration: Race day registration will open at 6:30 a.m. at the pavilion near the launching docks. Please check in at registration before the coaches & coxswain meeting. ABSOLUTELY NO CHANGES WILL BE MADE ON RACE DAY – except for scratches with a fee of \$25.00 for each boat scratched.

<u>Coaches & Coxswains Meeting:</u> The coaches & coxswains meeting will be held virtually. All coxswains and coaches should watch the video for instructions.

<u>Levels of Competition</u>: Teams must enter their fastest crews on the 1st level, 2nd fastest crews on the 2nd level and 3rd fastest crew on the 3rd level. This applies to the same sized boats (a 2nd Youth 8 requires a 1st 8 entry just as a 2nd 4 requires a 1st 4 entry). A team may enter lightweight, freshmen, open, and u17 events without entries in the other levels.

<u>Multiple entries:</u> "A" & "B" entries will be allowed in all sculling events. "A" entries will be allowed in all sweep events. Those teams wishing to add additional boats in any category should request to do so on the waitlist. If there is space available, we will allow B entries.

<u>Number of Flights</u>: With the number of teams participating, and being allowed to double, the number of flights in each event will be limited to ensure racing is completed before 6 p.m. We will fill events based on a first come – first serve basis. If you are one of the later crews to enter and are not put in a flight, we will put your boat on a waiting list.

<u>Lightweight events:</u> A lightweight boy is defined as a rower with a maximum weight of **150 pounds**. A lightweight girl is defined as a rower with a maximum weight of **130 pounds**. Rowers must weigh while wearing race attire. No weight allowance shall be given for clothing. All rowers in a boat must weigh in as a boat. Only one opportunity to weigh in will be allowed.

Middle school events: Middle school mixed 8's will race a 1000 m course . 1st, 2nd, & 3rd place boats will receive medals.

<u>Freshmen Events:</u> All freshmen are defined as rowers who are in 9th grade in high school and may include rowers in 6th, 7th and 8th grades. Coxswains of freshmen should be freshmen.* If you need a non-freshmen coxswain to get your rowers on the water, please let us know.

<u>Open Events:</u> This event is open to any youth 8. You may choose to row a junior 8, a 4th 8, or anything you need to get your rowers on the race course. This should not be a race to let your entire Youth 8+ double into a 2nd event.

<u>Cancellation of events:</u> Events with only one entry at the registration deadline will be eliminated and the team will be notified in advance of race day.

Flights: If there are more than 6 entries for an event, multiple flights shall be held. Flights will be seeded based on results from races up to this point.

Race Course Information: 1,500 meter, six-lane course with the option to add a 7th lane.

<u>Bowballs, Bowmarkers & Shoes:</u> No boat will be allowed on the water without a bowball & quick release shoes. Heel ties must be in place & secure. Please bring your own bow markers & place them on your boat before you launch.

<u>Cancellation due to Inclement Weather:</u> If weather prohibits racing on Saturday, priority will be given to the level of crews that are most experienced and that conditions allow for racing. For example, a Youth 8+ event will take place over a sculling event

There will be no refunds due to inclement weather.

<u>Awards:</u> Medals will be awarded for 1^{st} , 2^{nd} , & 3rd place finishers in each overall event according to time. An All Points Trophy will be awarded to the team accumulating the most points. Points will be awarded for finishing positions based upon the below table.

Place	Y8+	Y4+	Y 2nd 8+ Light 8+	2Y 4+ Fresh 4+	3rd 8+ Fresh 8+ U17 8+ Open 8+ 4x	1x 2x
1st	100	50	75	38	50	13
2nd	86	43	65	32	43	11
3rd	74	37	56	28	37	9
4th	64	32	48	24	32	8
5th	56	28	42	21	28	7
6th	50	25	38	19	25	6
7th	46	23				
8th	42	21				
9th	38	19				
10th	34	17				
11th	30	15				

2022 OARS Invitational Order of Events

Note: We will try to adhere to this order of events. Updated schedules will be available after we receive all entries. Times will vary based on the number of entries received.

Order of events:

Event #	
1	W Youth 1x
2	M Youth 1x
3	W Youth 8+
4	M Youth 8+
5	W Freshmen 4+
6	M Freshmen 4+
7	W Youth 2nd 8+
8	M Youth 2nd 8+
9	W Youth 2x
10	W Youth 3rd 8+
11	M Youth 3rd 8+
12	M Youth 2x
13	W Open 8+
14	M Open 8+
15	W Ltwt 8+
16	M Ltwt 8+
17	W Youth 4x
18	W Freshmen 8+
19	M Freshmen 8+
20	M Youth 4x
21	W Youth 2nd 4+
22	M Youth 2nd 4+
23	WU178+
24	M U17 8+
25	W Youth 4+
26	M Youth 4+
27	Boys MS 8+
28	Girls MS 8+
29	Mixed MS 8+