

INSTRUCTIONS:

- Replace the green highlighted text with your manuscript content.
- Delete all yellow highlighted instructions.
- Do not place any content in the header and footer of your submission.
- Delete this instructional box from your submission.

Manuscript title

Manuscript title must not be more than 20 words

FirstName MiddleName LastName^a, FirstName MiddleName LastName^b, FirstName MiddleName
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^cDepartment Name, Institution Name, City, State/Province, Country

^dDepartment Name, Institution Name, City, State/Province, Country

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*Correspondence email: corresponding_author_email@email.com (A maximum of two
corresponding authors is permitted)

Abstract: (Abstract content)

- Provide an abstract of 250 words or less in a single paragraph.
- The content should highlight the background, problem statement, hypothesis, methodology, findings and conclusion of the study.
- Do not include reference(s) here.

Keywords: Keyword 1, Keyword 2, Keyword 3

Provide a maximum of 6 keywords in alphabetical order suitable for indexing.

INTRODUCTION

(Introduction Content)

- Provide your introduction here.
- Cite your figures and tables in-text (Figure 1, Table 1...) in ascending numerical order.
- For in-text citation, use the author's last name and the year of publication, for example (Hoffman, 2023), (Hoffman & Chanda, 2023), and (Hoffman et al., 2023).

MATERIALS AND METHODS

(Materials and Methods content)

- Provide your materials and methods/methodology here.
- Provide an ethics statement if the study involves human/animal subjects, including the name of the granting organisation and the approval reference numbers. If an approval reference number is not provided, a written approval must be attached during the manuscript submission.

Subheading 1

(Content)

Add additional subheadings if any

(Content)

RESULTS / RESULTS AND DISCUSSION

(Results Content)

Provide your results and discussion here.

Subheading 1 (if any)

(Content)

Add additional subheadings if any

(Content)

Table 1: Table caption here

Gene	A	B
p53	123	456
BRCA-1	789	123

Footnotes (If necessary)

Table 2: Table caption here

Characteristic	Total (n=300)	Baseline X	P Value
Age, mean (SD)	58 (8.3)	62 (9.1)	0.236
Male, n (%)	150 (50)	149 (5)	<0.050
Female, n (%)	150 (50)	138 (12)	<0.050
Body mass index	30 (5.6)	29.8 (4.3)	0.480

Tables should be numbered consecutively (Table 1, Table 2, etc). Tables should bear an appropriate caption, contain horizontal rules only, (one above and one below column headings) and all abbreviations clearly explained in the footnote.

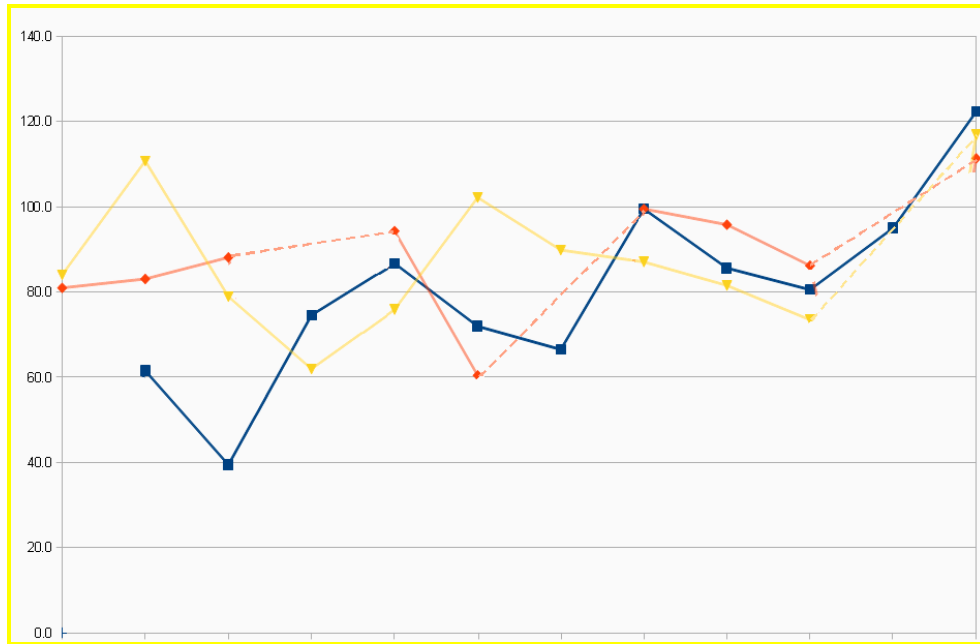


Figure 1: Figure caption here

DISCUSSION - if separate from results

(Discussion Content)

Provide your discussion here if separated. Otherwise, delete this section.

Add subheadings (if any)

(Content)

CONCLUSION

(Conclusion Content)

Provide your conclusion here.

ACKNOWLEDGEMENTS

(Acknowledgements Content)

Provide your acknowledgements here. Otherwise, state the following: None.

CONFLICT OF INTEREST

(Conflict of Interest Content)

Declare any conflict of interest that exists. Otherwise, state the following: The authors have declared that no conflict of interest exists.

FUNDING

(Funding Information)

Provide your funding details here. Otherwise, state the following: None.

ETHICS STATEMENT

(Ethical Statement)

If the study involves an experiment on humans and animals; then the name of the authorizing body should be stated. Otherwise, state the following: Not applicable.

REFERENCES

(References Content)

Provide your references here. APJMBB follows the APA 7th edition reference style. DOI of a cited article, if present, must be included in its citation. The author can download the reference/citation styles presets at EndNote, Mendeley or Zotero.

Example:

Journal Article

- Author, A. A., Author, B. B., & Author, C. C. (Year). Title of article. *Title of Periodical, volume number*(issue number), pages. <https://doi.org/xx.xxx/yyyy>
- Example: Grady, J. S., Her, M., Moreno, G., Perez, C., & Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. *Psychology of Popular Media Culture, 8*(3), 207–217. <https://doi.org/10.1037/ppm0000185>
- Example (more than twenty authors): Pegion, K., Kirtman, B. P., Becker, E., Collins, D. C., LaJoie, E., Burgman, R., Bell, R., DelSole, R., Min, D., Zhu, Y., Li, W., Sinsky, E., Guan, H., Gottschalck, J., Metzger, E. J., Barton, N. P., Achuthavarier, D., Marshak, J., Koster, R., . . . Kim, H. (2019). The subseasonal experiment (SubX): A multimodel subseasonal prediction experiment. *Bulletin of the American Meteorological Society, 100*(10), 2043-2061. <https://doi.org/10.1175/BAMS-D-18-0270.1>

Book

- Author, A. A. (Year). Title of work: Capital letter also for subtitle. Publisher. <https://doi.org/xx.xxx/yyyy> (if available)
- Example: Sapolsky, R. M. (2017). Behave: The biology of humans at our best and worst. Penguin Books.

Book Chapter

- Author, A. A., & Author, B. B. (Year). Title of chapter. In E. E. Editor & F. F. Editor (Eds.), Title of book: Capital letter also for subtitle (pp. pages of chapter). Publisher.
<https://doi.org/xx.xxx/yyyy> (if available)
- Example: Armstrong, D. (2019). Malory and character. In M. G. Leitch & C. J. Rushton (Eds.), *A new companion to Malory* (pp. 144-163). D. S. Brewer.

Published Thesis/Dissertations

- Author, A. A. (Year). *Title of thesis or dissertation* (Publication No. xxxxxxxx) [Degree type thesis or dissertation, Name of Institution]. Database Name. URL
- Example: Kabir, J. M. (2016). *Factors influencing customer satisfaction at a fast food hamburger chain: The relationship between customer satisfaction and customer loyalty* (Publication No. 10169573) [Doctoral dissertation, Wilmington University]. ProQuest Dissertations & Theses Global.

Unpublished Thesis/Dissertation

- Author, A. A. (Year). *Title of thesis or dissertation* [Unpublished Degree type thesis or dissertation]. Name of Institution.
- Example: Smith, J. A. (2020). *Exploring the impact of social media on mental health* [Unpublished master's thesis]. University of California.

Webpage with an Individual Author

- Author, A. A. (Year, Month Date). Title of webpage. *Website Name*. URL

- Example: Bologna, C. (2019, October 31). Why some people with anxiety love watching horror movies. *HuffPost*.
https://www.huffpost.com/entry/anxiety-love-watching-horror-movies_1_5d277587e4b02a5a5d57b59e

Webpage with a Group Author

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- Example: Bologna, C. (2019, October 31). Why some people with anxiety love watching horror movies. *HuffPost*.
https://www.huffpost.com/entry/anxiety-love-watching-horror-movies_1_5d277587e4b02a5a5d57b59e

Abstract from a Journal Article

- Author, A. A., Author, B. B., & Author, C. C. (Year). Title of article. *Title of Journal*, volume number(issue number), page range. Abstract. URL
- Example: Grady, J. S., Her, M., Moreno, G., Perez, C., & Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. *Psychology of Popular Media Culture*, 8(3), 207–217. Abstract.
<https://doi.org/10.1037/ppm0000185>

Abstract of a Conference Presentation

- Author, A. A. (Year, Month Date). Title of abstract [Conference presentation abstract]. Name of Conference, Location. URL (if available)

- Example: Cacioppo, S. (2019, April 25–28). Evolutionary theory of social connections: Past, present, and future [Conference presentation abstract]. Ninety-ninth annual convention of the Western Psychological Association, Pasadena, CA, United States.
<https://westernpsych.org/wp-content/uploads/2019/04/WPA-Program-2019-Final-2.pdf>