



Sports Medicine: Special Olympics

FMCH 7545

Summer 2026

SYLLABUS STATEMENT

This course was designed by a team of faculty utilizing the evidence-based design processes. The purpose of the syllabus is to provide clarity about course expectations and contact information. Consider using this document as a guide for the course and to provide transparency and accountability for all.

COURSE DESCRIPTION

The University of Minnesota Department of Family Medicine and Community Health, Division of Sports Medicine sponsors a Sports Medicine elective in conjunction with the Special Olympics, hosted at the National Sports Center in Blaine and on the University of Minnesota campus. This course includes didactic lectures and hands-on workshops focusing on sports medicine topics with an emphasis on caring for athletes with intellectual and developmental disabilities. Faculty from the FMCH Division of Sports Medicine help provide medical coverage throughout the events. The Special Olympics bring together athletes from across the state, country, and internationally to compete in a wide range of sports. The clinical venues at the National Sports Center and the University of Minnesota provide trainees the opportunity to evaluate and treat athletes with sports-related injuries and acute medical needs in a high-volume, real-world setting. This elective provides motivated medical students with the opportunity to participate in the on-site care of Special Olympics athletes under the supervision of primary care sports medicine attendings and orthopedic sports medicine attendings. Students are required to attend and participate in coverage of the Special Olympics events.

The course dates for Summer 2026 are June 18-June 27, 2026.

CANVAS SITE

N/A

Clinical Sites: SC 1000 - National Sports Center, Blaine, MN & University of Minnesota Athletic Facilities

Prerequisites: Open to rising MS3's and MS4's - Need to have begun rotations as an MS2.

Terms offered: Summer

Length of course: 1 week

CLERKSHIP DIRECTOR

[Role descriptions & how they can assist](#)

Rahul Kapur, MD

Email: rkapur@umn.edu



CLERKSHIP COORDINATOR

[Role descriptions & how they can assist](#)

Carrie Kwiatkowski, LAT, ATC

Email: mse@umn.edu



REFERENCES & ALIGNMENT TO GRADUATION REQUIREMENTS

Institutional Goals & Objectives	Entrustable Professional Activities	Methods of Instruction
UMN Competencies Required for Graduation	Refer to EPAs	Refer to AAMC Categories
1. Take a sports medicine history and perform a general and regional physical examination of the musculoskeletal system, including the ability to assess conditions specific to those with Intellectual and Developmental Disabilities (IDD) and Neurodiversity	EPA 1, EPA 5, EPA 6, EPA 10	Clinical Experience - Ambulatory (IM02) Patient presentation (IM16)
2. Communicate effectively with individuals with Intellectual and Developmental Disabilities (IDD) and Neurodiversity, their families and care team	EPA 6, EPA 9	Clinical Experience - Ambulatory (IM02) Demonstration (IM06) Lecture (IM13) Patient presentation (IM16)
3. Develop a differential diagnosis and evaluate a patient while outlining a plan to establish a proper diagnosis based on physical findings and utilization of imaging if required.	EPA 2, EPA 3	Clinical Experience - Ambulatory (IM02) Patient presentation (IM16)
4. Learn the appropriate treatment for common Sports Medicine conditions seen athletes with Intellectual and Developmental Disabilities (IDD) and neurodiversity	EPA 7, EPA, 9, EPA 10, EPA 13	Clinical Experience - Ambulatory (IM02) Lecture (IM13) Patient presentation (IM16)

CLERKSHIP CURRICULUM ALIGNMENT TABLE

[TEMPLATE- Clerkship Alignment Table](#)

[Learning goals aligned to Graduation Competencies](#)

Methods of Assessment - Formative & Summative	Methods of Instruction
<i>Clinical Performance Rating/Checklist (AM02)</i> <i>Oral patient presentation (AM11)</i> <i>Participation (AM12)</i>	<i>Clinical Experience - Ambulatory (IM02)</i> <i>Demonstration (IM06)</i> <i>Lecture (IM13)</i> <i>Patient presentation (IM16)</i>

GRADING AND ASSESSMENT

Graded Element Description	Summative or Formative	Timing	# Questions	Percentage of Final Course Grade
Attendance at the didactic sessions	Formative	Daily	NA	Pass/No Pass
Attendance for entirety of the Special Olympics event coverage	Formative	Daily	NA	Pass/No Pass
Active participation at all assigned clinical shifts	Formative	Daily	NA	Pass/No Pass
Medtrics Preceptor Assessment of Student - General Form	Summative	End of Rotation		Pass/No Pass

ATTENDANCE REQUIREMENTS

Excused Absences: Please see the Medical School's [Attendance Requirements and Excused Absence Policy](#) for details/process related to absences. Requests for an approved absence should be submitted a minimum of three weeks in advance of the start of the rotation, except in cases of unexpected illness or emergencies (e.g., family or personal crises). Requests for approved absences are submitted directly to the Clerkship Director and Clerkship Coordinator

- In cases of unexpected illness or emergencies, the request for an approved absence should be submitted as soon as reasonably possible, preferably prior to the indicated shift. In addition, the student should make every effort to contact all individuals who may be impacted by their absence (e.g., Site Director, Supervisor). This includes requests to miss/reschedule an assessment (ie, quizzes, practicals, and examinations).

Important Note - Regarding Clinical Practical (Should be deleted for system based course syllabi):

You are informed of exam times well in advance of the exam and it is your professional responsibility to complete each exam at the scheduled time.

- In order to reschedule a Clinical Practical, you must notify your Course Director and Course Coordinator **immediately**

COURSE EVALUATION REQUIREMENTS

Student course evaluations represent an important contribution to the educational stewardship of the U of MN Medical School. Each year, the curriculum is carefully re-evaluated in the light of specific student suggestions, and student feedback is taken very seriously. Therefore, completing the course evaluation for each course is a required professional expectation of medical students. The Course Evaluation is open for approximately two weeks following the end of the course, and must be completed in the CoursEval system while it is open.

OTHER COURSE GUIDELINES AND POLICIES

Remediation	Students who fail to meet the minimum requirements for passing this course will have their performance reviewed by a campus-specific Scholastic Standing Committee (SSC). SSC will determine eligibility for make-up, retakes, or a different path of remediation. Grading & Grade Appeals information
Mistreatment	Mistreatment and Harassment Policy and Reporting Information
Professionalism	Student Conduct Code
Intellectual Responsibility	Procedures for Reporting Ethics Violations to the Peer Review Committee can be found here , in the event that a student, faculty, or staff member witnesses a violation of the Statement of Intellectual Responsibility .
Disability Resources	Accommodation information: Duluth: DRC website , umddr@d.umn.edu , 218.726.6130 Twin Cities: DRC website , drc@umn.edu , 612.626.1333 If you have, or think you have, a disability in any area such as, mental health, attention, learning, chronic health, sensory, or physical, please contact the campus-specific DRC office to arrange a confidential discussion regarding equitable access and reasonable accommodations.
All Medical Education Policies	Medical Education Policies
*Syllabus Change	Except for changes that substantially affect implementation of the evaluation (grading) statement, this syllabus is a guide for the course and is subject to change with advance notice.