

K PE Rubrics

NOTE: Highlighted Language Requires Revision

Trimester 1

	4 Exceeding	3 Meeting	2 Approaching	1 Below
Standard 1 - Motor Skills and Movement Patterns: I can participate in activities that affect non-locomotor skills.	I can consistently participate in activities that require balance.	I can participate in activities that require balance.	I can participate in activities that require balance most of the time.	I can participate in activities that require balance some of the time.
Standard 3 - Fitness Education: I can participate in teacher-directed activities that include moderate to vigorous physical activity.				
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can consistently demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can demonstrate most of the following: active listening, respect, and getting along with others while participating in physical activities.	I can demonstrate at least one of the following: active listening, respect, and getting along with others while participating in physical activities.
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can consistently demonstrate safe behaviors while maintaining personal space in grade level	I can demonstrate safe behaviors while maintaining personal space in grade level	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical

	appropriate physical activities.	appropriate physical activities.	physical activities most of the time.	activities some of the time.
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Trimester 2

	4 Exceeding	3 Meeting	2 Approaching	1 Below
Standard 1 - Motor Skills and Movement Patterns: I can demonstrate basic manipulative skills.				
Standard 2 - Concepts and Strategies: I can participate in physical activities that introduce the health-related fitness component of cardiovascular endurance.	I can consistently participate in physical activities that introduce the health-related fitness component of cardiovascular endurance.	I can participate in physical activities that introduce the health-related fitness component of cardiovascular endurance.	I can participate in physical activities that introduce the health-related fitness component of cardiovascular endurance most of the time.	I can participate in physical activities that introduce the health-related fitness component of cardiovascular endurance some of the time.
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can consistently demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can demonstrate most of the following: active listening, respect, and getting along with others while participating in	I can demonstrate at least one of the following: active listening, respect, and getting along with others while participating in physical activities.

			physical activities.	
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can consistently demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities most of the time.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities some of the time.

Trimester 3

	4 Exceeding	3 Meeting	2 Approaching	1 Below
Standard 1 - Motor Skills and Movement Patterns: I can demonstrate the correct technique for grade level appropriate locomotor skills.	I can consistently demonstrate the correct technique for grade level appropriate locomotor skills.	I can demonstrate the correct technique for grade level appropriate locomotor skills.	I can demonstrate the correct technique for grade level appropriate locomotor skills most of the time.	I can demonstrate the correct technique for grade level appropriate locomotor skills some of the time.
Standard 3 - Fitness Education: I can identify bodily responses to physical activity.				
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can consistently demonstrate active listening, respect, and getting along with others while participating in	I can demonstrate active listening, respect, and getting along with others while participating in	I can demonstrate most of the following: active listening, respect, and getting along with others while	I can demonstrate at least one of the following: active listening, respect, and getting along with others while participating in physical activities.

	physical activities.	physical activities.	participating in physical activities.	
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can consistently demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities most of the time.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities some of the time.