The Complete Instagram Interests List (2025)

List of Instagram Interests For Ads

- 1. Business and Industry
- 2. Entertainment (leisure)
- 3. Family and relationships
- 4. Fitness and wellness (fitness)
- 5. Food and drink (consumables)
- 6. Hobbies and activities
- 7. Shopping and fashion
- 8. Sports and outdoors
- 9. Technology (computers & electronics)

Business and Industry

- 1. Advertising (marketing)
- 2. Agriculture (industry)
- 3. Architecture (architecture)
- 4. Aviation (air travel)
- 5. Banking (finance)
 - a. Investment banking (banking)
 - b. Online banking (banking)
 - c. Retail banking (banking)
- 6. Business (business & finance)
- 7. Construction (industry)
- 8. Design (design)
 - a. Fashion design (design)
 - b. Graphic design (visual art)
 - c. Interior design (design)
- 9. Economics (economics)
- 10. Engineering (science)
- 11. Entrepreneurship (business & finance)

- 12. Higher education (education)
- 13. Management (business & finance)
- 14. Marketing (business & finance)
- 15. Online (computing)
 - a. Digital marketing (marketing)
 - b. Email marketing (marketing)
 - c. Online advertising (marketing)
 - d. Search engine optimization (software)
 - e. Social media (online media)
 - f. Social media marketing (marketing)
 - g. Web design (websites)
 - h. Web development (websites)
 - i. Web hosting (computing)
- 16. Personal finance (banking)
 - a. Credit cards (credit & lending)
 - b. Insurance (business & finance)
 - c. Investment (business & finance)
 - d. Mortgage loans (banking)
- 17. Real estate (industry)
- 18. Retail (industry)
- 19. Sales (business & finance)
- 20. Science (science)
- 21. Small business (business & finance)

Entertainment (leisure)

- 1. Games (leisure)
 - a. Action games
 - b. Board games
 - c. Browser games
 - d. Card games
 - e. Casino games
 - f. First-person shooter games
 - g. Gambling
 - h. Massively multiplayer online games
 - i. Massively multiplayer online role-playing games
 - j. Online games

- k. Online poker
- I. Puzzle video games
- m. Racing games
- n. Role-playing games
- o. Simulation games
- p. Sports games
- q. Strategy games
- r. Video games
- s. Word games
- 2. Live events (entertainment)
 - a. Ballet
 - b. Bars
 - c. Concerts
 - d. Dancehalls
 - e. Music festivals
 - f. Nightclubs
 - g. Parties
 - h. Plays
 - i. Theatre
- 3. Movies (entertainment & media)
 - a. Action movies
 - b. Animated movies
 - c. Anime movies
 - d. Bollywood movies
 - e. Comedy movies
 - f. Documentary movies
 - g. Drama movies
 - h. Horror movies
 - i. Musical theatre
 - i. Science fiction movies
 - k. Thriller movies
- 4. Music (entertainment & media)
 - a. Blues music
 - b. Classical music
 - c. Country music
 - d. Dance music
 - e. Electronic music

- f. Heavy metal music
- g. Hip hop music
- h. Jazz music
- i. Music videos
- j. Pop music
- k. Rhythm and blues music
- I. Rock music
- m. Soul music
- 5. Reading (communication)
 - a. Books
 - b. Comics
 - c. E-books
 - d. Fiction books
 - e. Literature
 - f. Magazines
 - g. Manga
 - h. Mystery fiction
 - i. Newspapers
 - i. Non-fiction books
 - k. Romance novels
- 6. TV (movies & television)
 - a. TV game shows
 - b. TV reality shows
 - c. TV talkshows

Family and relationships

- 1. Family
- 2. Fatherhood
- 3. Friendship
- 4. Marriage
- 5. Motherhood
- 6. Parenting
- 7. Weddings

Fitness and wellness (fitness)

- 1. Bodybuilding
- 2. Physical exercise
- 3. Physical fitness
- 4. Running
- 5. Weight training
- 6. Yoga

Food and drink (consumables)

- 1. Alcoholic beverages (food & drink)
 - a. Beer
 - b. Distilled beverage
 - c. Wine
- 2. Beverages (food & drink)
 - a. Coffee
 - b. Energy drinks
 - c. Juice
 - d. Soft drinks
 - e. Tea
- 3. Cooking (food & drink)
 - a. Baking
 - b. Recipes
- 4. Cuisine (food & drink)
 - a. Chinese cuisine
 - b. French cuisine
 - c. German cuisine
 - d. Greek cuisine
 - e. Indian cuisine
 - f. Italian cuisine
 - g. Japanese cuisine
 - h. Korean cuisine
 - i. Latin American cuisine
 - i. Mexican cuisine
 - k. Middle Eastern cuisine
 - I. Spanish cuisine

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- m. Thai cuisine
- n. Vietnamese cuisine
- 5. Food (food & drink)
 - a. Barbecue
 - b. Chocolate
 - c. Desserts
 - d. Fast food
 - e. Organic food
 - f. Pizza
 - g. Seafood
 - h. Veganism
 - i. Vegetarianism
- 6. Restaurants (dining)
 - a. Coffeehouses
 - b. Diners
 - c. Fast casual restaurants
 - d. Fast food restaurants

Hobbies and activities

- 1. Arts and music (art)
 - a. Acting
 - b. Crafts
 - c. Dance
 - d. Drawing
 - e. Drums
 - f. Fine art
 - g. Guitar
 - h. Painting
 - i. Performing arts
 - j. Photography
 - k. Sculpture
 - I. Singing
 - m. Writing
- 2. Current events (politics)
- 3. Home and garden
 - a. Do it yourself (DIY)

- b. Furniture
- c. Gardening
- d. Home Appliances
- e. Home improvement
- 4. Pets (animals)
 - a. Birds
 - b. Cats
 - c. Dogs
 - d. Fish
 - e. Horses
 - f. Pet food
 - g. Rabbits
 - h. Reptiles
- 5. Politics and social issues (politics)
 - a. Charity and causes
 - b. Community issues
 - c. Law
 - d. Politics
 - e. Volunteering
- 6. Travel (travel & tourism)
 - a. Adventure travel
 - b. Air travel
 - c. Beaches
 - d. Car rentals
 - e. Cruises
 - f. Ecotourism
 - g. Hotels
 - h. Lakes
 - i. Mountains
 - j. Nature
 - k. Theme parks
 - I. Tourism
 - m. Vacations
- 7. Vehicles (transportation)
 - a. Automobiles
 - b. Boats
 - c. Electric vehicle

- d. Hybrids
- e. Minivans
- f. Motorcycles
- q. RVs
- h. SUVs
- i. Scooters
- i. Trucks

Shopping and fashion

- 1. Beauty (social concept)
 - a. Beauty salons
 - b. Cosmetics
 - c. Fragrances
 - d. Hair products
 - e. Spas
 - f. Tattoos
- 2. Clothing (apparel)
 - a. Children's clothing
 - b. Men's clothing
 - c. Shoes
 - d. Women's clothing
- 3. Fashion accessories (accessories)
 - a. Dresses
 - b. Handbags
 - c. Jewelry
 - d. Sunglasses
- 4. Shopping (retail)
 - a. Boutiques
 - b. Coupons
 - c. Discount stores
 - d. Luxury goods
 - e. Online shopping
 - f. Shopping malls
- 5. Toys (toys)

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Sports and outdoors

- 1. Outdoor recreation (outdoors activities)
 - a. Boating
 - b. Camping
 - c. Fishing
 - d. Horseback riding
 - e. Hunting
 - f. Mountain biking
 - g. Surfing
- 2. Sports (sports)
 - a. American football
 - b. Association football (Soccer)
 - c. Auto racing
 - d. Baseball
 - e. Basketball
 - f. College football
 - g. Golf
 - h. Marathons
 - i. Skiing
 - j. Snowboarding
 - k. Swimming
 - I. Tennis
 - m. Triathlons
 - n. Volleyball

Technology (computers & electronics)

- 1. Computers (computers & electronics)
 - a. Computer memory
 - b. Computer monitors
 - c. Computer processors
 - d. Computer servers
 - e. Desktop computers
 - f. Free software

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- g. Hard drives
- h. Network storage
- i. Software
- j. Tablet computers
- 2. Consumer electronics (computers & electronics)
 - a. Audio equipment
 - b. Camcorders
 - c. Cameras
 - d. Ebook readers
 - e. GPS devices
 - f. Mobile phones
 - g. Portable media players
 - h. Projectors
 - i. Smartphones
 - j. Televisions

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