Dear MLA [their name],

I'm writing as one of your constituents to express my deep concern regarding the expiration of BC's Pandemic Recovery Contingencies - and to urge you to support some provincial budget recommendations put forward by DoNoHarm BC.

The Pandemic Recovery Contingencies have supported economic recovery; the well-being of vulnerable British Columbians; and vital health measures like vaccination, testing, and PPE for healthcare workers. As we head into 2024, we need to apply lessons learned from COVID-19 and climate emergencies, and make strategic investments that continue to strengthen public health.

That's why I'm asking you to support DoNoHarm BC's Budget 2024/25 Recommendations:

- 1. **Renew a three year-plan** for economic recovery, sustainable health management of communicable diseases, and resilience against future pandemics;
- 2. **Establish a Clean Indoor Air Act** to harness the cost-effective public health benefits of clean air (which has a benefit-cost ratio from 3:1 to 100:1);
- 3. **Support a comprehensive building retrofit strategy** that includes cooling and indoor air quality improvements in the BC Building Code;
- 4. **Provide a tax credit of \$5 million/year offsetting PPE costs** for low-income seniors and persons with disabilities (bolstered by expanding medical equipment coverage, and raising rates of income and disability assistance indexed to inflation);
- 5. **Include Long COVID care** in support for complex chronic illnesses;
- 6. **Invest in improved digital health solutions** including better usability and interoperability between health authorities.

You can read the full budget recommendations from DoNoHarm BC at donoharmbc.ca/budget2024-recommendations. I hope I can count on you to take positive action protecting the health and prosperity of British Columbians.

Yours sincerely,

[Your name]

[Your postal code - ensures your message is sorted to the top of the pile!]