Resource Guide



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Navigating Dementia Care

Finding the right providers for Alzheimer's and other dementias can feel overwhelming. With so many different specialists and care options, it's hard to know where to turn. This guide is here to help.

Inside, you'll find a carefully compiled list of providers who specialize in dementia care, organized by the type of support they offer. Understanding the differences between providers can help you make informed decisions about the care you or your loved one may need.

- **Memory Care Facilities** Residential communities offering structured environments and specialized memory care.
- **Home Care Services** In-home support for personal care, daily activities, and medical needs.
- Care Matching Advisors Free help finding the right care for your loved one.
- **General Practitioners & Internal Medicine** Primary care doctors who provide overall health management and referrals to specialists.
- Geriatrics & Family Medicine Specialists in aging-related care, including dementia progression and treatment.
- **Neurologists** Experts in brain health and cognitive disorders, responsible for diagnosing and managing dementia.
- **Psychiatrists** Medical doctors who can prescribe medication to help with behavioral and mood-related dementia symptoms.
- **Psychologists & Neuropsychologists** Professionals offering cognitive assessments, counseling, and non-medication interventions.

This guide is designed to make the search for specialized care easier, connecting you with providers who understand the complexities of dementia. We hope it brings clarity and support as you navigate this journey.

Community Campaign Grants: A Mission Rooted in Care and Connection.

You'll see some facilities have an asterisk, which indicates they are LMJ's Lost Souls Grant Recipients. Here is more information about our grants.

Our vision extends beyond financial aid; it is about cultivating an environment of **comfort, dignity, and engagement** for those facing the challenges of Alzheimer's. By transforming donations into resources that improve quality of care and life, we reaffirm our commitment to addressing not only the physical but also the emotional and social needs of patients and their families.

Our Community Campaign Grants select local memory care facilities to support their residents who battle Alzheimer's and dementia every day. We can provide a variety of engaging and therapeutic activities and items that significantly improve their quality of life. These items include puzzles to stimulate their minds, fidget blankets to soothe their anxiety, interactive animated cats and dogs that provide companionship, iPads for cognitive activities, simulated baby dolls that offer comfort and a sense of purpose, plus so many other options.

These seemingly simple items have a profound impact on the residents. They help to keep them engaged and occupied during their long days, providing both mental stimulation and emotional comfort. The smiles, the moments of clarity, and the sense of calm that these items bring to their lives are truly priceless.

Through the Community Campaign Grants, we continue our mission of bringing joy, dignity, and a better quality of life to those affected by these devastating conditions.

Memory Care Facilities

Addison

Clarendale of Addison

1651 W Lake St, Addison, IL 60101 (630) 749-5699

Arlington Heights

Lutheran Home*

800 W Oakton St, Arlington Heights, IL 60004 (847) 368-7400

The Moorings*

811 E Central Rd, Arlington Heights, IL 60005 (847) 956-4304

Waverly Inn Memory Care Community

515 W Rand Rd, Arlington Heights, IL 60004 (224) 282-0552

Volante Senior Living of Arlington Heights

1625 S Arlington Heights Rd, Arlington Heights, IL 60005 (224) 232-5697

Barrington

The Garlands*

1000 Garlands Ln, Barrington, IL 60010 (847) 304-1996

Bloomingdale

Lakeview Memory Care Community

241 E Lake St, Bloomingdale, IL 60108 (847) 499-1371

Chicago

Elevate Care Windsor Park*

2649 E 75th St, Chicago, IL 60649 (773) 356-9300

Des Plaines

Asbury Court

1750 Elmhurst Rd, Des Plaines, IL 60018 (847) 228-1500

Elk Grove Village

<u>Arden Courts - ProMedica Memory Care Community*</u> 1940 Nerge Rd, Elk Grove Village, IL 60007

(224) 553-2216

Elmhurst

The Grove*

127 W Diversey Ave, Elmhurst, IL 60126 (630) 530-5225

The Indigo of Elmhurst*

123 W Brush Hill Rd, Elmhurst, IL 60126 (331) 267-7924

Glen Ellyn

Churchill Place Memory Care*

190 Geneva Rd, Glen Ellyn, IL 60137 (630) 366-0853

Hoffman Estates

Eden Vista of Hoffman Estates*

2150 W Golf Rd, Hoffman Estates, IL 60169 (847) 755-0735

Itasca

Forest View*

535 S Elm St, Itasca, IL 60143 (630) 773-9416

Long Grove

New Perspective*

2300 IL-53, Long Grove, IL 60047 (847) 850-2380

Ciel of Long Grove

1190 Old McHenry Rd, Long Grove, IL 60047 (224) 287-9353

Lombard

Lombard Place*

300 22nd St, Lombard, IL 60148 (630) 360-2866

Schaumburg

Encore Village*

350 W Schaumburg Rd, Schaumburg, IL 60194 (847) 884-5110

Bella Terra*

675 S Roselle Rd, Schaumburg, IL 60193 (847) 352-5500

Sunrise of Schaumburg*

790 N Plum Grove Rd, Schaumburg, IL 60173 (847) 517-9700

South Barrington

Encore of South Barrington*

215 Bartlett Rd, South Barrington, IL 60010 (847) 844-1205

Vernon Hills

Aspen Woods Memory Care of Vernon Hills

500 Atrium Dr, Vernon Hills, IL 60061 (847) 996-1000

Wood Dale

The Radcliff*

276 E Irving Park Rd, Wood Dale, IL 60191 (630) 242-2988

Home Care

Arlington Heights

Assisting Hands

1020 S Arlington Heights Rd Ste 2SW, Arlington Heights, IL 60005 (847) 499-1307

Deerfield

Assisting Hands

790 Estate Dr Ste 200, Deerfield, IL 60015 (847) 558-2228

Schaumburg

Assisting Hands

1501 Woodfield Rd #200n, Schaumburg, IL 60173 (224) 258-0736

Care Matching Advisors

Senior Living Experts

Kerry Quirin

Direct: 630-800-7865 Main: 773-231-7212

https://seniorlivingexperts.com/

CarePatrol

Eric Klein 847-653-1212 https://carepatrol.com/

Oasis Senior Advisors

Kristy Malone, CSA® 630-506-0225
OasisSeniorAdvisors.com/Algonquin

General Practitioners & Internal Medicine

Chicago

Farah Khan, MD

Millennium Park Medical Associates, S.C. 30 S Michigan AveSuite 500 Chicago, IL, 60603 (312) 977-1185

Languages Spoken: English

Vernon Hills

Howard Reid Baker, DO

Northwestern Medical Group-Vernon Hills 870 N Milwaukee 2nd Fl, Vernon Hills IL 60061 (847) 535-7157

Languages Spoken: English

Geriatrics & Family Medicine

Chicago

Magdalena Bednarczyk, MD

RUSH University Medical Group 1725 W Harrison St., Professional Building Suite, 955, Chicago, IL, 60612 (312) 942-7030

Languages Spoken: English

Deerfield

Abriella M. Demanes, MD

Northwestern Internal Medicine, Endocrinology, and Geriatrics - Deerfield 350 S Waukegan Rd Stes 100 & 200, Deerfield IL 60015 (312) 695-4525

Languages Spoken: English, Spanish

Eliana C. Geller, DO

Northwestern Internal Medicine, Endocrinology, and Geriatrics - Deerfield 350 S Waukegan Rd Stes 100 & 200, Deerfield IL 60015 (312) 695-4525

Languages Spoken: English, Hebrew

Alexandra Petrakos, MD

Northwestern Internal Medicine, Endocrinology, and Geriatrics - Deerfield 350 S Waukegan Rd Stes 100 & 200, Deerfield IL 60015 (312) 695-4525

Languages Spoken: English, French

Neurologists

Chicago

Ajay Sood, MD, PhD

RUSH University Medical Group 600 S Paulina St # 130, Chicago, IL 60612

Phone: (312) 942-3333

Languages Spoken: English, Hindi, Punjabi

Neelum Aggarwal, MD

RUSH University Medical Group

1725 W Harrison St., 11th Floor, Chicago, IL, 60612

Phone: (312) 942-5020

Languages Spoken: English, German

Zoe Arvanitakis, MD

RUSH University Medical Group

600 S Paulina St., Armour Academic Center, Suite 130, Chicago, IL, 60612

Phone: (312) 942-3333 Languages Spoken: English

Jori Fleisher, MD, MS

RUSH University Medical Group

1725 W Harrison St., Professional Building Suite, 755, Chicago, IL, 60612

Phone: (312) 563-2030 Languages Spoken: English

Darren R. Gitelman, MD

Advocate Medical Group 2210 West 95th Street Chicago, IL 60643 773-341-3500

Languages Spoken: English Primary location in Park Ridge

Elk Grove Village

Concetta M. Forchetti, MD, PhD

Ascension Medical Group Illinois - Brain and Spine Elk Grove 800 Biesterfield Rd Ste. 610 Elk Grove Village, IL 60007 (847) 981-3630

Languages Spoken: English, Italian

Lake Forest

Aaron C. Malina, PhD

Northwestern Medical Group - Neurosciences and Orthopaedics 1000 N Westmoreland Rd, Level 3, Lake Forest IL 60045 (847) 535-6489

Languages Spoken: English

Paul E. Later, MD

Northwestern Medical Group - Neurosciences and Orthopaedics 1000 N Westmoreland Rd, Level 3, Lake Forest IL 60045 (847) 535-7658

Languages Spoken: English

Also in Grayslake

Park Ridge

Darren R. Gitelman, MD

Advocate Medical Group 1875 Dempster Street, Suite 520, Park Ridge, IL 60068 (847) 720-6464

Languages Spoken: English Secondary location in Chicago

Psychiatrists

These practitioners prescribe psychiatric medications.

Chicago

Sandee S. Swantek, MD

RUSH University Medical Group

1725 W Harrison St., Professional Building Suite, 955, Chicago, IL, 60612

Phone: (312) 942-7030 Languages Spoken: English

Lake Forest

Alan Georges, MD

Northwestern Medical Group - Neurosciences and Orthopaedics 1000 N Westmoreland Rd, Level 3, Lake Forest IL 60045

Phone: (847) 535-6489

Languages Spoken: English, Arabic, Assyrian Neo-Aramaic

Psychologists & Neuropsychologists

These clinicians do not prescribe medications but offer counseling services and some are able to conduct neurological evaluations.

Chicago

Melissa Lamar, PhD

RUSH University Medical Group

600 S Paulina St., Armour Academic Center, Suite 130, Chicago, IL, 60612

Phone: (312) 942-3333

Languages Spoken: English, Spanish

Lake Forest

Jana Wingo, PhD

Northwestern Medical Group 800 N Westmoreland Rd Ste 201, Lake Forest IL 60045

Phone: (847) 535-6489

Schaumburg

Landstrom Center

1933 North Meacham Road, Suite 750 Schaumburg, IL 60173-4341

Phone: (708) 665-5170