

Resource Guide



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Navigating Dementia Care

Finding the right providers for Alzheimer's and other dementias can feel overwhelming. With so many different specialists and care options, it's hard to know where to turn. This guide is here to help.

Inside, you'll find a carefully compiled list of providers who specialize in dementia care, organized by the type of support they offer. Understanding the differences between providers can help you make informed decisions about the care you or your loved one may need.

- **Memory Care Facilities** – Residential communities offering structured environments and specialized memory care.
- **Home Care Services** – In-home support for personal care, daily activities, and medical needs.
- **Care Matching Advisors** - Free help finding the right care for your loved one.
- **General Practitioners & Internal Medicine** – Primary care doctors who provide overall health management and referrals to specialists.
- **Geriatrics & Family Medicine** – Specialists in aging-related care, including dementia progression and treatment.
- **Neurologists** – Experts in brain health and cognitive disorders, responsible for diagnosing and managing dementia.
- **Psychiatrists** – Medical doctors who can prescribe medication to help with behavioral and mood-related dementia symptoms.
- **Psychologists & Neuropsychologists** – Professionals offering cognitive assessments, counseling, and non-medication interventions.
- **Training & Educational Resources** - Organizations and individuals providing specialized training, support groups, and materials.

This guide is designed to make it easier to find specialized care, connecting you with providers who understand the complexities of dementia. We hope it brings clarity and support as you navigate this journey.

Community Campaign Grants: A Mission Rooted in Care and Connection.

You'll see some facilities have an asterisk, which indicates they are LMJ's Lost Souls Grant Recipients. Here is more information about our grants.

Our vision extends beyond financial aid; it is about cultivating an environment of **comfort, dignity, and engagement** for those facing the challenges of Alzheimer's. By transforming donations into resources that improve the quality of care and life, we reaffirm our commitment to addressing not only the physical but also the emotional and social needs of patients and their families.

Our Community Campaign Grants support local memory care facilities in their efforts to care for residents with Alzheimer's and dementia every day. We can provide a variety of engaging and therapeutic activities and items that significantly improve their quality of life. These items include puzzles to stimulate their minds, fidget blankets to soothe their anxiety, interactive animated cats and dogs that provide companionship, iPads for cognitive activities, simulated baby dolls that offer comfort and a sense of purpose, plus so many other options.

These seemingly simple items have a profound impact on the residents. They help to keep them engaged and occupied during their long days, providing both mental stimulation and emotional comfort. The smiles, the moments of clarity, and the sense of calm that these items bring to their lives are truly priceless.

Through the Community Campaign Grants, we continue our mission of bringing joy, dignity, and a better quality of life to those affected by these devastating conditions.

Memory Care Facilities

Addison

[Clarendale of Addison](#)

1651 W Lake St, Addison, IL 60101
(630) 749-5699

Arlington Heights

[Lutheran Home*](#)

800 W Oakton St, Arlington Heights, IL 60004
(847) 368-7400

[The Moorings*](#)

811 E Central Rd, Arlington Heights, IL 60005
(847) 956-4304

[Waverly Inn Memory Care Community](#)

515 W Rand Rd, Arlington Heights, IL 60004
(224) 282-0552

[Volante Senior Living of Arlington Heights](#)

1625 S Arlington Heights Rd, Arlington Heights, IL 60005
(224) 232-5697

Barrington

[The Garlands*](#)

1000 Garlands Ln, Barrington, IL 60010
(847) 304-1996

Bloomington

[Lakeview Memory Care Community](#)

241 E Lake St, Bloomington, IL 60108
(847) 499-1371

Chicago

[Elevate Care Windsor Park*](#)

2649 E 75th St, Chicago, IL 60649
(773) 356-9300

Des Plaines

[Asbury Court](#)

1750 Elmhurst Rd, Des Plaines, IL 60018
(847) 228-1500

Elk Grove Village

[Arden Courts - ProMedica Memory Care Community*](#)

1940 Nerge Rd, Elk Grove Village, IL 60007
(224) 553-2216

Elmhurst

[The Grove*](#)

127 W Diversey Ave, Elmhurst, IL 60126
(630) 530-5225

[The Indigo of Elmhurst*](#)

123 W Brush Hill Rd, Elmhurst, IL 60126
(331) 267-7924

Glen Ellyn

[Churchill Place Memory Care*](#)

190 Geneva Rd, Glen Ellyn, IL 60137
(630) 366-0853

Hoffman Estates

[Eden Vista of Hoffman Estates*](#)

2150 W Golf Rd, Hoffman Estates, IL 60169
(847) 755-0735

Itasca

[Forest View*](#)

535 S Elm St, Itasca, IL 60143
(630) 773-9416

Long Grove

[New Perspective*](#)

2300 IL-53, Long Grove, IL 60047
(847) 850-2380

[Ciel of Long Grove](#)

1190 Old McHenry Rd, Long Grove, IL 60047
(224) 287-9353

Lombard

[Lombard Place*](#)

300 22nd St, Lombard, IL 60148
(630) 360-2866

Schaumburg

[Encore Village*](#)

350 W Schaumburg Rd, Schaumburg, IL 60194
(847) 884-5110

[Bella Terra*](#)

675 S Roselle Rd, Schaumburg, IL 60193
(847) 352-5500

[Sunrise of Schaumburg*](#)

790 N Plum Grove Rd, Schaumburg, IL 60173
(847) 517-9700

South Barrington

[Encore of South Barrington*](#)

215 Bartlett Rd, South Barrington, IL 60010
(847) 844-1205

Vernon Hills

[Aspen Woods Memory Care of Vernon Hills](#)

500 Atrium Dr, Vernon Hills, IL 60061
(847) 996-1000

Wood Dale

[The Radcliff*](#)

276 E Irving Park Rd, Wood Dale, IL 60191
(630) 242-2988

Home Care

Arlington Heights

[Assisting Hands](#)

1020 S Arlington Heights Rd Ste 2SW, Arlington Heights, IL 60005
(847) 499-1307

Deerfield

[Assisting Hands](#)

790 Estate Dr Ste 200, Deerfield, IL 60015
(847) 558-2228

Schaumburg

[Assisting Hands](#)

1501 Woodfield Rd #200n, Schaumburg, IL 60173
(224) 258-0736

Care Matching Advisors

Senior Living Experts

[Kerry Quirin](#)

Direct: 630-800-7865

Main: 773-231-7212

<https://seniorlivingexperts.com/>

CarePatrol

Eric Klein

847-653-1212

<https://carepatrol.com/>

Oasis Senior Advisors

Kristy Malone, CSA®

630-506-0225

OasisSeniorAdvisors.com/Algonquin

Assisted Living Locators

Chicagoland North-Shore

Kate Balsamo

224-223-9799

kbalsamo@assistedlivinglocators.com

north-shore.assistedlivinglocators.com

Western suburbs of Chicago

Allison Green

331-208-5041

agreen@assistedlivinglocators.com

assistedlivinglocators.com/chicagolandwest

General Practitioners & Internal Medicine

Chicago

[Farah Khan, MD](#)

Millennium Park Medical Associates, S.C.
30 S Michigan Ave Suite 500, Chicago, IL 60603
(312) 977-1185
Languages Spoken: English

Vernon Hills

[Howard Reid Baker, DO](#)

Northwestern Medical Group-Vernon Hills
870 N Milwaukee 2nd Fl, Vernon Hills, IL 60061
(847) 535-7157
Languages Spoken: English

Geriatrics & Family Medicine

Chicago

[Magdalena Bednarczyk, MD](#)

RUSH University Medical Group

1725 W Harrison St., Professional Building Suite 955, Chicago, IL, 60612

(312) 942-7030

Languages Spoken: English

Deerfield

[Abriella M. Demanes, MD](#)

Northwestern Internal Medicine, Endocrinology, and Geriatrics - Deerfield

350 S Waukegan Rd Stes 100 & 200, Deerfield, IL 60015

(312) 695-4525

Languages Spoken: English, Spanish

[Eliana C. Geller, DO](#)

Northwestern Internal Medicine, Endocrinology, and Geriatrics - Deerfield

350 S Waukegan Rd Stes 100 & 200, Deerfield, IL 60015

(312) 695-4525

Languages Spoken: English, Hebrew

[Alexandra Petrakos, MD](#)

Northwestern Internal Medicine, Endocrinology, and Geriatrics - Deerfield

350 S Waukegan Rd Stes 100 & 200, Deerfield, IL 60015

(312) 695-4525

Languages Spoken: English, French

Neurologists

Chicago

[Ajay Sood, MD, PhD](#)

RUSH University Medical Group
600 S Paulina St # 130, Chicago, IL 60612
Phone: (312) 942-3333
Languages Spoken: English, Hindi, Punjabi

[Neelum Aggarwal, MD](#)

RUSH University Medical Group
1725 W Harrison St., 11th Floor, Chicago, IL, 60612
Phone: (312) 942-5020
Languages Spoken: English, German

[Zoe Arvanitakis, MD](#)

RUSH University Medical Group
600 S Paulina St., Armour Academic Center, Suite 130, Chicago, IL, 60612
Phone: (312) 942-3333
Languages Spoken: English

[Jori Fleisher, MD, MS](#)

RUSH University Medical Group
1725 W Harrison St., Professional Building Suite 755, Chicago, IL, 60612
Phone: (312) 563-2030
Languages Spoken: English

[Darren R. Gitelman, MD](#)

Advocate Medical Group
2210 West 95th Street
Chicago, IL 60643
773-341-3500
Languages Spoken: English
Primary location in Park Ridge

Elk Grove Village

[Concetta M. Forchetti, MD, PhD](#)

Ascension Medical Group Illinois - Brain and Spine Elk Grove
800 Biesterfield Rd Ste. 610 Elk Grove Village, IL 60007
(847) 981-3630
Languages Spoken: English, Italian

Lake Forest

[Aaron C. Malina, PhD](#)

Northwestern Medical Group - Neurosciences and Orthopaedics

1000 N Westmoreland Rd, Level 3, Lake Forest IL 60045

(847) 535-6489

Languages Spoken: English

[Paul E. Later, MD](#)

Northwestern Medical Group - Neurosciences and Orthopaedics

1000 N Westmoreland Rd, Level 3, Lake Forest IL 60045

(847) 535-7658

Languages Spoken: English

Also in Grayslake

Park Ridge

[Darren R. Gitelman, MD](#)

Advocate Medical Group

1875 Dempster Street, Suite 520, Park Ridge, IL 60068

(847) 720-6464

Languages Spoken: English

Secondary location in Chicago

Psychiatrists

These practitioners prescribe psychiatric medications.

Chicago

[Sandee S. Swantek, MD](#)

RUSH University Medical Group

1725 W Harrison St., Professional Building Suite 955, Chicago, IL, 60612

Phone: (312) 942-7030

Languages Spoken: English

Lake Forest

[Alan Georges, MD](#)

Northwestern Medical Group - Neurosciences and Orthopaedics

1000 N Westmoreland Rd, Level 3, Lake Forest IL 60045

Phone: (847) 535-6489

Languages Spoken: English, Arabic, Assyrian Neo-Aramaic

Psychologists & Neuropsychologists

These clinicians do not prescribe medications but offer counseling services, and some are able to conduct neurological evaluations.

Chicago

[Melissa Lamar, PhD](#)

RUSH University Medical Group

600 S Paulina St., Armour Academic Center, Suite 130, Chicago, IL, 60612

Phone: (312) 942-3333

Languages Spoken: English, Spanish

Lake Forest

[Jana Wingo, PhD](#)

Northwestern Medical Group

800 N Westmoreland Rd Ste 201, Lake Forest IL 60045

Phone: (847) 535-6489

Schaumburg

[Landstrom Center](#)

1933 North Meacham Road, Suite 750

Schaumburg, IL 60173-4341

Phone: (708) 665-5170

Training & Educational Resources

Dementia Reality

Catherine Samatas

(773) 508-1134

catherine.samatas@cje.net

<https://dementiareality.org/>