

# 玉再廈之書沉思語錄

## A Thought to Ponder from The Urantia Book

### *Self Is the Foe*



“Self is man’s invincible foe, and self is manifested as man’s four greatest passions: anger, pride, deceit, and greed. Man’s greatest victory is the conquest of himself.”

Jainism, [131:6.2 \(1450.6\)](#)

### 自我是敵人

“自我是人難以戰勝的敵人，它表現在人類的四大激烈情緒：憤怒、驕傲、欺騙和貪婪。人最大的勝利是征服自己。”