

Preschool Remote Learning Plans  
Week of April 13-April 17, 2020

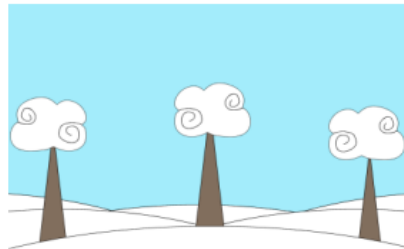
Monday

Literacy/ Communication/Fine Motor/Sensory

1. Listen to this song:  
<https://www.youtube.com/watch?v=EIVoIaqdOnc>
2. Listen to this story:  
<https://www.youtube.com/watch?v=dyIkeOBrocY>
3. Print and cut out the pictures from the story:  
Have your child retell the story by placing the pictures in the correct order.
4. Make your own springtime tree using materials you have. One idea would be to trace your child's hand and lower arm with a brown crayon for the branches and the tree and have them color it in. Give your child strips of green paper to rip and glue on for the leaves. If you have paint, have your child dip a Q-tip in the paint and decorate their tree with beautiful springtime flowers. Any substitutions are welcome!
5. If you haven't already started to sort winter and spring clothes, see if your child can help you and tell you why items would be for the winter or spring.
6. Can you sort these pictures?!

*Alternate Learning Idea - can you practice labeling/naming all of the pictures below? Can you make it into an "I see \_\_\_\_\_" sentence? If a grown-up says, "Find the \_\_\_\_\_," can you point to that picture?*

Winter



Spring





snowman



mittens



sled



snow



hat



scarf



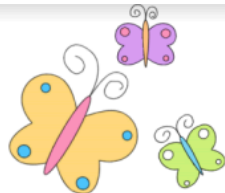
snow shovel



boots



ice skates



butterflies



sun



bees



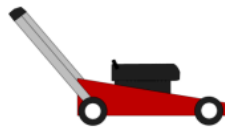
rain



birds



rainbows



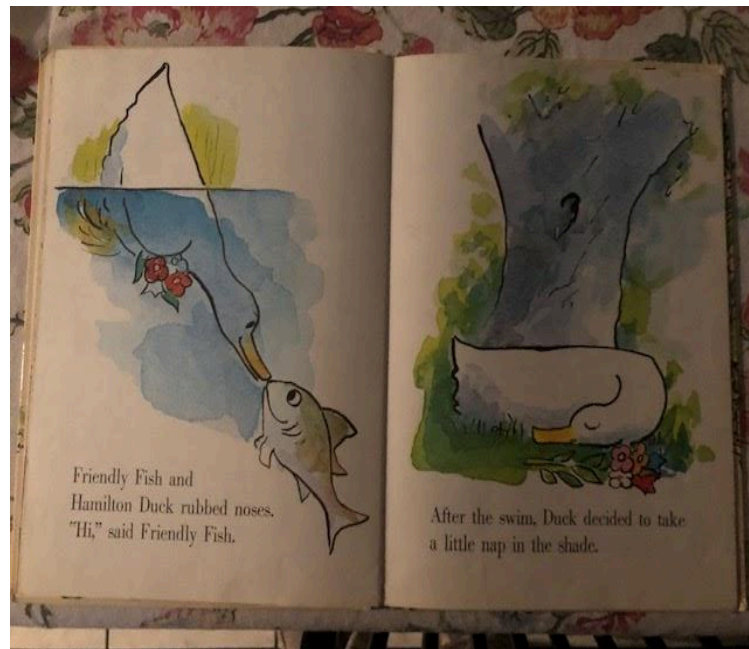
lawnmowers

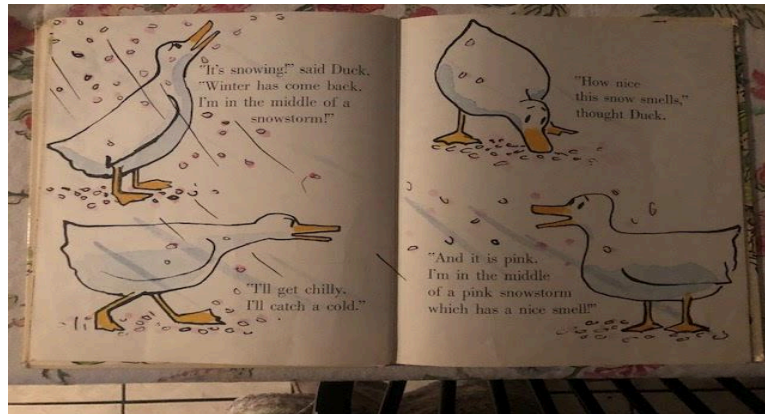
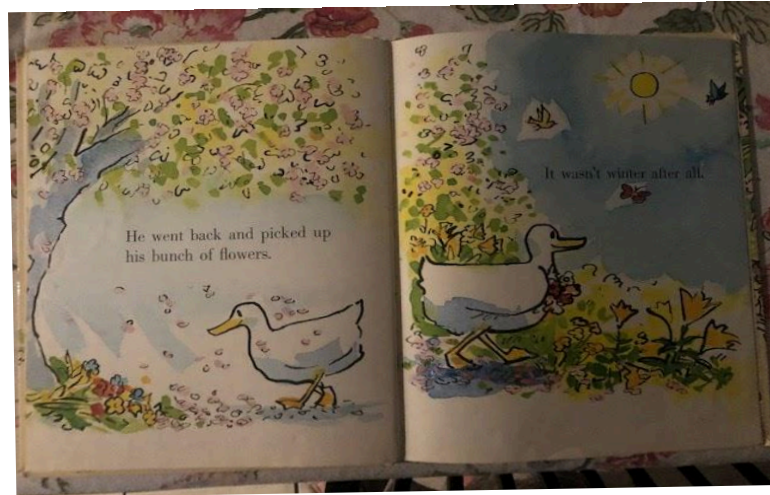


flowers



umbrellas





Extra Motor Fun: Now that you've drawn a tree, can you do the yoga "tree pose"? (see picture below)



Tuesday

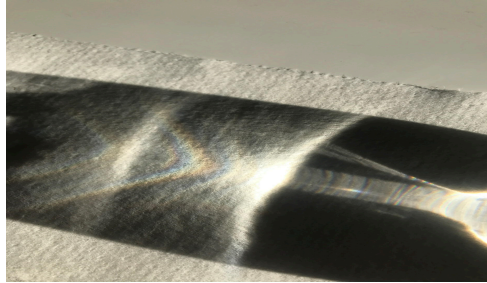
Science/Community/Communication/Gross Motor/Fine Motor

1. Watch this story:

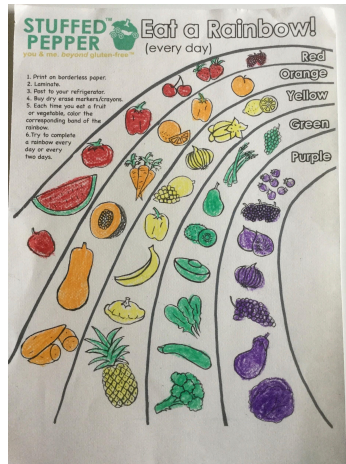
<https://youtu.be/eZFtOQevF1Q>

## 2. Can you make a RAINBOW?

You will need a clear cup, container or a jar and a white paper towel. Place the paper towel down in a spot where the sun is shining. Fill the cup up about halfway with water. Carefully put it on the paper towel. Lift the cup up a small amount and look at the paper towel!



## 3. Eat a Rainbow



Look at the foods Miss Donna is going to eat--

<https://youtu.be/7JKXe2Jwi78>

Now it is your turn!

Find a **red** food that you would like to try.

Find an **orange** food that you would like to try.

Find a **yellow** food that you would like to try.

Find a **green** food that you would like to try,

Find a **blue** and **purple** food that you would like to try.

Describe how the food tasted--

- Was it hot?
- Was it cold?
- Was it soft?
- Was it crunchy?
- Was it sticky?



- Was it spicy?
- Was it smooth?
- Was it salty?
- Was it sour?
- How did it smell?

Did you try anything new? Did you like it?

4. Let's play a GAME:

<https://youtu.be/bgm63-DbgMw>

5. Wear some colorful socks and tops then play along to this song:

<https://youtu.be/dxN2pkWvBHI>

*Alternate Learning Idea - Can you pause the fun song above and name the color that the man is wearing, and THEN do the actions? I bet you can follow along with each one. If naming the colors is tricky, can you find something to match (out of a choice of two or three, maybe have a pack of crayons nearby so you have all of the colors ready) the color he is wearing?*

6. Can you go on a rainbow scavenger hunt?! Head outside or stay inside at your house. If you have any empty toilet paper rolls or a paper towel roll (cut in half), tape two together and turn into your very own pair of binoculars. Take your binoculars and go search for the things listed below.

## RAINBOW SCAVENGER HUNT

-  Find something red.
-  Find something yellow.
-  Find something orange.
-  Find something green.
-  Find something blue.
-  Find something purple.
-  Name a fruit that is red.
-  Name an animal that is yellow.
-  Name a vegetable that is orange.
-  Name a plant that is green.
-  Name a flower that is purple.
-  Name something outside that is blue.



*Alternate Learning Idea - Watch this song and every time it gets to an object that's a color and they sing "I see a \_\_\_\_\_ and it's \_\_\_\_\_" pause the video and see if you can label the item using its color, the first one would be "red apple" for*

	<p>example, or take it next level and do a full "I see red apple" sentence - whoa!</p> <p><a href="https://www.youtube.com/watch?v=SLZcWGQQsmg">https://www.youtube.com/watch?v=SLZcWGQQsmg</a></p> <p>Extra Motor Fun: Move your body to the color of the rainbow: Can you HOP over something red? Can you bear crawl over something orange? Can you gallop over something yellow? Can you walk backwards next to something green? Can you plank near something blue? Can you stand on one foot next to something purple? Great job!</p>
<u>Wednesday</u>	<p>Math/Communication/Gross Motor/Fine Motor</p> <p>Watch this video to practice identification of numbers and matching the numbers to the flowers. Stop the video for each number so that you can participate along with the bird in the video. You can stop the video after you have completed the flower section:</p> <p><a href="https://www.youtube.com/watch?v=FZV_OfPOIUo">https://www.youtube.com/watch?v=FZV_OfPOIUo</a></p>



**Materials for game:**

1. Use 1 or 2 dice from a one of your games
2. Rip small pieces of colorful paper for your buds.
3. Crumple your small pieces of paper to make them look like buds (make at least 20 buds to start so you have enough to glue on your tree).
4. Glue
5. Tongs (if you have them-check your kitchen)

**Game directions:**

1. Roll the die/dice



	<p>2. Identify the number either by counting the number of dots on the die/dice (some friends can practice addition by counting both die)</p> <p>3. Count the number of buds and then glue on your tree.</p> <p>4. When you have your tree filled with buds you have finished your tree. (make sure to post it on Bloomz so we can see your finished tree.</p> <p><a href="https://pbskids.org/curiousgeorge/busyday/flowers/">https://pbskids.org/curiousgeorge/busyday/flowers/</a> Help Curious George make his garden grow!</p> <p><i>Alternate Learning Idea- LOVE George's garden game, give it a try! Make sure YOU say that numbers out loud as you click and count to help the flowers bloom. Make sure you count at the end too to see how many flowers are in each row in the garden!</i></p> <p>For extended counting fun.. Five Green Speckled Frogs <a href="https://www.youtube.com/watch?v=kEJP1myKkUc">https://www.youtube.com/watch?v=kEJP1myKkUc</a></p> <p><i>Alternate Learning Idea - LOVE Five Green Speckled Frogs...counting down from 5 is tricky. Here are two more counting songs that repeat the numbers as you count and count a LOT of times, for extra practice!</i></p> <p><a href="https://www.youtube.com/watch?v=DR-cfDsHCGA">https://www.youtube.com/watch?v=DR-cfDsHCGA</a> (counting 1-10) <a href="https://www.youtube.com/watch?v=wiGEEJLLKd8">https://www.youtube.com/watch?v=wiGEEJLLKd8</a> (counting 10 -20) <a href="https://www.youtube.com/watch?v=D0Ajq682yrA">https://www.youtube.com/watch?v=D0Ajq682yrA</a> (count 1-20, put all that hard counting work together!)</p> <p><i>Can you line up different items? Maybe even just some of the snack you have today, some goldfish crackers or pretzels perhaps? Can you point to each one and say the number out loud as you count before you get to chomp them up? YUM!</i></p> <p><i>Extra Motor Fun: Can you do the game while on your belly? This makes your muscles extra strong!</i></p>

## Thursday

### Social/Emotional Learning/Communication/Gross Motor/ Fine Motor

#### Feelings Charades-

Take turns drawing a feelings card (printed out from the internet or pictures of your child with the different emotion face) and act out the feelings of the card you picked.

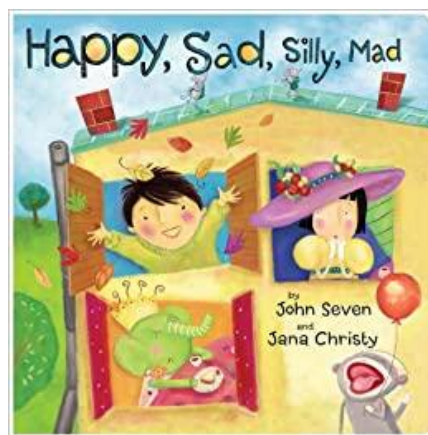


Watch and sing:

Happy Sad Silly Mad | Nursery Rhymes & Kids Songs

- YouTube

[www.youtube.com › watch](https://www.youtube.com/watch)



Read: Happy, Sad, Silly, Mad  
How do you feel today?

	<p>Draw me a self portrait on how YOU feel today. Describe how you feel to your parents.</p> <p>Sing "if you're happy and you know it" with feelings verses See if your child can come up with some feelings words on their own</p> <p><b>If You're Happy and You Know It</b> If you're happy &amp; you know it (clap your hands) silly-shake your head angry-stamp your feet sad-say boo hoo (rub eyes) hungry-rub your tummy sleepy-close your eyes excited-yell hooray (raise arms overhead) scared-hide your eyes</p> <p>Extra Motor Fun: Make a homemade obstacle course in your backyard. Can you climb a ramp? Can you slide down a slide? Can you hula hoop? Climb over something. Climb under something. Hop, skip, jump, walk sideways, do the crabwalk, run, walk backwards. We would love some pictures!</p> <p>***Challenge: Sing the song "If You're Happy and You Know It" while you are doing the obstacle course! This will make you move your body even more!</p> <p><a href="https://youtu.be/M6LoRZsHMSs">https://youtu.be/M6LoRZsHMSs</a></p> <p>Alternate Learning Idea - <a href="https://www.youtube.com/watch?v=ZHS7vCdBeus">https://www.youtube.com/watch?v=ZHS7vCdBeus</a> (emotions hokey pokey) Can you make these faces? Look in the mirror with a grown-up to have them make them with you, see if you can make your faces match. Can you practice labeling all of the feelings in the song and of the faces you make?</p>
<u>Friday</u>	<p><b>FUN FRIDAY ACTIVITIES:</b></p> <p>1. Watch and listen to the Leo Leoni story Little Blue and Little Yellow: <a href="https://youtu.be/61p6o1jx1EQ">https://youtu.be/61p6o1jx1EQ</a> Pick 2 colors to hug together. Make a prediction of what will happen. Then hug them and watch what happens. Was your</p>

	<p>prediction correct? How would you tell someone what your new color looks like. You can also try this by putting shaving cream or whipped cream into 2 baggies. Add drops of food coloring or juice to each bag using 2 different colors. Now mix the ingredients of the bags into 1 bowl. Describe what you saw.</p> <p>Alternate Learning Idea - Things changing colors always reminds me of Pete the Cat's White Shoes, and there is NEVER a bad time for Pete.  <a href="https://www.youtube.com/watch?v=ZRBLmud8nN4">https://www.youtube.com/watch?v=ZRBLmud8nN4</a></p> <p>Watch and sing along to the story below - don't forget to give big "OH NOs!" and label each color that Pete's shoes turn. Take a walk outside and label the color of your shoes and the shoes of whoever is walking with you. Maybe label some colors of things that you see - watch out for puddles of mud and piles of strawberries! :)</p> <p>**Also, the "simicrane" youtube channel has AWESOME versions of a lot of read alouds we love :), just FYI.</p> <p>2. Watch this and try it at home:  <a href="https://youtu.be/5y-asxMD94A">https://youtu.be/5y-asxMD94A</a>          Try this with your family. Each person can fill their container with something different. Make a prediction before the race down the ramp!</p> <p>3. Let's place a game of freeze dance.  <a href="https://www.youtube.com/watch?v=2UcZWXvgMZE">https://www.youtube.com/watch?v=2UcZWXvgMZE</a>          Five Monkeys jumping on the bed. (let's jump from the floor)  <a href="https://www.youtube.com/watch?v=VTmmodO2M_U">https://www.youtube.com/watch?v=VTmmodO2M_U</a></p> <p>4. <a href="https://www.youtube.com/watch?v=03zqJQJRLN0">https://www.youtube.com/watch?v=03zqJQJRLN0</a>          Can you shake your sillies out?!</p>
<p><b>General</b>  <b>Enrichment</b>  <b>Activities</b></p>	<p><a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a>          Lots of great Gross and Fine Motor movement breaks          We love "run the red carpet" and "little green froggy"  <a href="https://www.youtube.com/watch?v=DA_SsZFYw0w">https://www.youtube.com/watch?v=DA_SsZFYw0w</a></p>

Simple story about social distancing for preschool

4/17-Go on a scavenger hunt. Can you find a: flower, stick, rock, leaf, bug, etc.?



<https://fordhaminstitute.org/national/commentary/smiling-trough-thirty-two-resources-entertaining-energetic-preschoolers-during>

Misc. fun activities

<https://www.cosmickids.com/>

Fun yoga for the whole family

<https://apps.apple.com/us/app/novel-effect-read-aloud-books/id1057374139>

Read alouds

<https://www.pinterest.com/pin/95771929553300675/>

Gross Motor Bingo!

[https://docs.google.com/document/d/1-KklhRaWSiALfVIQ-kt\\_zlyMI4UCez8wWPYV30B11BE/edit?ts=5e7cc885](https://docs.google.com/document/d/1-KklhRaWSiALfVIQ-kt_zlyMI4UCez8wWPYV30B11BE/edit?ts=5e7cc885)

Social and Emotional Links for Preschool-Grade 2

<https://sites.google.com/walpole.k12.ma.us/dfp-enrichment-activities-home/home> Walpole Public Schools preschool

link-they were excited to be able to share with us, and will update weekly as well. (Thanks, Tami...)