



ERASE Coalition Meeting
Friday, June 16, 2023 at 12:00 PM
Northeast Iowa Behavioral Health

"Creating a healthier Winneshiek County through community collaboration."

Attendance: Jenny Rose (IPN Prevention); Leah Hemesath (ARPA-IPN Prevention); Kari Ehler (Elevate); Jon Vagts (SOR3 Prevention); Ashley Havenstrite (Tobacco Prevention); Christian Mosbo (Community Member); Naomi Bothe (NEIBH & CSS); Kendrah Parker (NEIBH); Judy Holthaus (NEIBH); Seth Robinson (NEIBH); Jonathan Kobey (Community Member); Valorie Linderman (Families First)

Welcome--

Introductions & Round Table Updates/Discussion:

Fiscal year FY23 Grant Reports:

Integrated Provider Network:

- The Savor Every Moment media campaign was shared with 62 different churches in the 5-county area with 9 churches agreeing to post the campaign in their bulletins, newsletters, or on their bulletin board. This campaign is also running on 4 different radio stations that reach Winneshiek county until June 30th.
- Jenny trained over 100 individuals with the TIPS Responsible Beverage Server Training certification this fiscal year with over 60 of the participants being from Winneshiek County. Leah became TIPS Trainer certified in May and is looking for individuals to train.

Age to serve alcohol has changed from 18 to 16 years old. There are some stipulations, but statistics show the younger the server the higher chance to over serve or serve minors. Please reach out to businesses and promote TIPS.

- Five Curriculum-Based Support Groups took place in Winneshiek County this fiscal year with 43 students attending. CBSG will start again in the Fall.
- Jenny has worked on reaching out to nonprofit businesses and helping them implement the Responsible Gambling Toolkit for the workplace. Please call 1-800-BETS-OFF for help with problem gambling.

State Opioid Response Grant (SOR3):

- Jon is continuing to give trainings (More information under “New Business”)
- He will be meeting with the Winneshiek County Settlement Committee to discuss how to spend the \$280,000 total Opioid Settlement that Winneshiek County will receive over the next 15 years.

Tobacco Prevention

- Ashley presented to approximately 112 youth in Winneshiek County about the harms of vaping
- Roughly 21 adults from Winneshiek attended a Youth Nicotine Trends training
- Next fiscal year she will continue to offer Youth Nicotine Trends training for Adults and promotion of the youth and adult cessation programs.
 - Your Life Iowa: 855-581-8111 (ages 13-17)
 - Quitline Iowa: 1-800-QUIT-NOW (ages 18+)

Youth Mentoring

- Mentoring currently has 13 matches in Winneshiek County. There are 5 youth (1 girl & 4 boys) waiting for a mentor. As usual, they are always looking for more mentors and kids for their program.
- They had a mentoring event at Village Creek which was Fun at the Lake with 25 people participating.
- There will be another Youth Mentoring event at Prairie Funland in Prairie Du Chien, WI on July 22nd. This event includes go-karting, water wars, and pizza!
- Please think about becoming a youth mentor for a day. Mentors for a day are needed for all of the events that mentoring puts on. This is a one-day mentoring opportunity. Otherwise if you are looking for a longer term mentoring opportunity, mentors meet with their youth 4 hours per month with a one year commitment.

Northeast Iowa Behavioral Health: Judy is working on trying to get 6 more people enrolled in treatment under the SOR grant to meet their goals for the year.

Financial Report

Substance Free Grad Party Gift Baskets: -\$113.50

Donation: +\$200.00

Unrestricted Funds: \$775.95

****The coalition would like to thank Christian Mosbo who donated \$200 to ERASE. Your generosity is greatly appreciated and will help the coalition continue to create a healthier Winneshiek County!****



Old Business:

- **Substance Free Graduation Parties**

- There were three students who signed up to have a Substance Free Grad Party
- They received goody baskets with many every-day necessities and a gift card



- **Community Survey**

- The survey will now be open all summer in hopes of more respondents. Please continue to promote the community survey, especially to youth. Youth now have to have parent permission to take the Iowa Youth Survey meaning less youth will take the survey skewing the results even more than previous years.
- [Link to print copies](#)
- Link to survey: <https://forms.gle/8c1JxRqTCyQjA6Dd6>

New Business:

- [Marketing](#)

- Hosting a training in September
 - Jon is offering new trainings that are offered through the grant which include Kratom, Different Forms of Narcan, and Roles of Friends, Family, and Caregivers in Recovery.
 - Jon's list of [available trainings](#)
 - The coalition decided that Jon will do a training in Winneshiek County on Stigma. This training will potentially be promoted with the Kratom training that will take place on August 10th at 11:30am via zoom. All are welcome to attend both trainings!

- **Making Resources Available**

- Christian brought up the need for county resources in food pantries, free clinics, churches, etc.
- The coalition has decided to work on getting small resource papers together to put in these locations for individuals that are in need of a variety of different resources in Winneshiek County
 - Jenny will work on making this resource and bring it to the next meeting in July to get the coalition member's input.

- The ERASE logo will also be placed on the resources sheet for coalition promotion

- **Hidden in Plain Sight**

- Community Scan Updates

- The Helping Services Prevention Team went to Decorah Vape & Smoke Friday before the meeting and collected extra items for HIPS including a Kratom drink and rubix cube grinder.
 - If you have free time, stop by and see all of the different items in this store. A wide variety of Kratom, vapes, bong, etc in bright colors fill the store without the need for a “18 Years or Older” sign on the door.
 - Products with <0.3% THC are also able to be sold at this store among others because of the new amendment to the farm bill. This type of THC does not have an age limit and is not certified through the FDA, meaning there is no way to know exactly how much THC it contains even though it says <0.3% on the packaging.
 - [Link to Hidden in Plain Sight items](#)

- [Coalition Capacity Checklist](#)

- This is the checklist we do yearly to help the advisory group with capacity and sustainability. The link will be sent out in the meeting minutes we have paper copies available at the meeting.

- [Capacity Workbook Updates](#)

- Please give the capacity workbook a look through and make updates/email either Jenny or Leah updates you would like made.

Next Steps:

Next Meeting: The next ERASE meeting will be Friday, July 21, 2023 at 12 PM at Northeast Iowa Behavioral Health in Decorah (905 Montgomery St, Decorah, IA 52101)

Please contact winneshiekerase@gmail.com if you wish to add something to the agenda.

The website for ERASE can be found at www.winneshiekerase.com . Please reach out to Leah (lhemesath@helpingservices.org) to make updates to the website.