

Past Lives Playsheet

Cast:

Greta Lee - Nora
Teo Yoo - Hae Sung
John Magaro - Arthur

What did the opening scene (observers watching the 3 main characters) convey about the human experience?

In what scenes did you perceive the following themes/lessons demonstrated?

Innocence

Vulnerability

Fears

Joy

Love

Freedom

Ideas of fate and free will

In the scene where Nora is recounting her first visit with Hae Sung to Arthur, she spoke a lot about Hae Sung being “so Korean.” What meaning do you think she assigned to that?

It almost felt that two additional characters in the movie were the languages of Korean and English. How did language serve the relationship between Nora and Hae Sung? Between Nora and Arthur?

What did this movie have to say about regret in general?

Consider your own journey, are there moments when you wonder about paths not taken?

How do “what ifs” affect the present moment?

Contemplate the idea of past lives in the following categories

Previous Incarnations

Childhood as a past life

Each relationship as a past life

Each moment as a past life

Are these symbols helpful on the spiritual path? How or how not?

Do you have a favorite scene? What did it share with you?

Any quotes that stuck out to you?

Overall impression of the movie's relevance to a spiritual path?