



All About Us

Grades Pre-K – 2

MATERIALS

- Oil pastels or crayons
- Watercolors
- Paintbrush
- Water in a cup
- Paper
- Mirror (optional)

LEARNING GOAL

Children will learn how to draw a self-portrait and add color with watercolors.

DISCUSSION QUESTIONS

- What is a self-portrait?
- What shapes are different features of the face?
- What are special details that we can add to a portrait?
- How can we add color to finish a portrait?
- What happens when we add watercolor on top of crayons or oil pastels?
- What can we do if we draw something that we want to change?

ACTIVITY

1. Take out an oil pastel to draw the shapes for your portrait. Feel (or look at) the shape of your head. Draw a shape for your head on your paper.
2. Feel (or look at) your eyes, nose, and mouth, then draw a shape for each on your paper. Draw your ears, hair, and any special details.
3. Choose colors to paint your skin, hair, and other details. Use your paintbrush to add water to each color paint pan to “wake it up”. Then add color to each part of your portrait.
4. Choose a color for your background.
5. Look at your finished self-portrait.
What shapes did you use to draw your self-portrait? What special details did you add? What colors did you use?