Leaps 'n' Bounds Family Daycare & Preschool Projected Schedule of Activities

A schedule for young children should be predictable yet flexible for individual and group needs. It must fulfill the developmental needs of children in different areas. This includes physical time with opportunities for quiet and active play, fine and gross motor activities, social time for individual and group interaction, and age-appropriate cognitive challenges and play. Open-ended play times include opportunities for children to play as individuals or with others in the areas of their choice such as puzzles and manipulatives, dramatic play, blocks, art studio, listening, and book center. The following flow of the day and estimated times may change according to the ages and needs of the children involved.

Time	Activity
8:00-9:00	Drop-off and free play activities / enrichment boxes
9:00-9:30	Morning Circle - greetings, songs, calendar, etc
9:30-10:00	Snack/ clean up / diaper & toileting
10:00-11:00	Curriculum – literature-based monthly theme activity - building, sensory play, asking questions and researching answers, painting, playdough, crafts. Dramatic Play
11:00-12:00	Outdoor play - games, movement and play in yard, walks, or indoor movement dancing, and games.
12:00-12:15	Clean up, diapers & toileting
12:15-12:45	Lunch/ clean up
12:45-3:00	Nap/Quiet time
3:00-3:15	Snack Clean up, diapers & toileting
3:15-3:30	Stories/ table toys
3:30-4:30	Music/Outdoor Play /pickup