

List of tests for men

1. Complete blood count (CBC) – extended
2. Biochemical blood test: total protein, glucose, ALT, AST, total/direct/indirect bilirubin, creatinine, urea, GGT, alkaline phosphatase
3. Active form of vitamin D – 25-OH
4. LDL, HDL, triglycerides (TG), total cholesterol
5. TSH, free T3, free T4, anti-TPO
6. Cortisol (saliva) – morning on an empty stomach! (do not brush teeth, do not drink water before the test, collect only morning sample!)
7. Insulin
8. HOMA index
9. Leptin
10. Serum iron
11. Ferritin
12. Magnesium
13. Ionized calcium
14. C-reactive protein (CRP)
15. Homocysteine
16. Free testosterone
17. Uric acid
18. Prolactin
19. Estradiol
20. Potassium
21. Sodium
22. Chloride
23. LH, FSH, PSA
24. Stool test (coprogram)
25. General urine analysis
26. Abdominal ultrasound
27. Thyroid ultrasound