

DRAWING YOUR SYSTEM OF CARE

This worksheet can help you draw your system of care. You might want to draw your system of care because you are interested in understanding how you or your organization work with others to take care of a place, community, or another object of care. But you know that it's a huge system and you don't know where to start, what might be important, or what might be missing. As you draw, these answers might become clearer to you and give you ideas of what to do next to better strengthen your system of care.

Instructions:

1. **Put you or your organization's name in the middle of the circle on your worksheet.**
2. **Spend 15-20 minutes quietly thinking and writing on your own.**
From the circle, draw any connections or doodles that might represent your story. Here are some prompts to help you get going, if you need them:
 - What do you/your organization take care of?
 - With whom?
 - How?
 - What barriers have you come across?
3. **Reflect on the drawing.**
 - Who is missing from your system?
 - How do you communicate with people in your system?
 - Did anything emerge as particularly important?

SYSTEM OF CARE

