

————— 5 DAY —————

Start Your Book Challenge

Day 1: The Power of Changing Your Mind

In the Day 1 training, you learned about the power of shifting your mindset as an author. You began to visualize and understand the possibilities and the level of impact you can make by writing your book.

Instructions: This is the MASTER FILE. CLICK FILE > MAKE A COPY. Then you will be able to type in the document. In today's activity, I want you to think with the end in mind. How will your book help others? What will someone say? How do you want someone to feel after they've read your book? When someone goes to Amazon, what will the review say?

On the following page, write your own book review to set the tone for your journey and envision the impact and effects your book will have on the lives of others.

