

RESOURCES LIST AND LINKS

What is this list?

This resources list is compiled by volunteers at Eco Together and supports the self-run programme guiding people to consider actions they can take to address climate change.

The list is intended to be helpful, but not exhaustive, in identifying resources that support actions and specifically engaging with local programmes and organisations. If you have suggestions to add or remove items, or if you find a link is no longer working, please add your ideas here. Comments will be periodically reviewed and incorporated.

Note: Many resources in this list are relevant nationwide, but the list has been compiled for the local communities in the city of Bath, with local-specific resources indicated. We invite other communities to copy this list and adapt it by replacing local resources with their own relevant information.

Using this list

Identify the resource type using the symbols below:

- ♦ = national resource with representation locally, or searchable feature relevant locally
- = nationally relevant resource or information
- △ = local resource for Bath (some resources relevant to all locations)

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ENERGY

How Energy Efficient Is Your Home?

- Find an energy certificate for your property from the UK government
- Enter your property details and get bespoke advice on <u>reducing your household's energy</u> <u>use</u>² from the UK government

Advice and Support for Energy-Saving Home Improvements

- ♦ Enter your postcode to find relevant local grants from Simple Energy Advice 3
- ∘ Get advice from Make My House Green⁴ to find out what green solutions will work in your home
- △ For financial support through grants or loans see information collated by BANES Council 5

Solar Panels

- ♦ Solar panel bulk buy discount schemes from Solar Together check by region (no schemes running for BANES last checked 22 Feb 2023)
- o "Solar Panels are they worth it?" advice from Money Saving Expert
- △ Bulk buy solar panel scheme for the <u>Widcombe/Bath area</u>⁷ see the IDDEA scheme (video and email contact) to engage

Tips on Energy and Water Consumption

- △ Tips on saving water from Wessex Water 8
- Tips on saving water from Water's Worth Saving
- Tips on saving energy from the <u>Energy Saving Trust</u> ¹⁰ (referred to in Eco Together's info booklet p17)
- Check out how much energy your different appliances use on this list from National Energy Action (referred to in Eco Together's info booklet p17)
- \circ Find the best time to use your oven when renewable energy generation is high from the Baking Forecast 13

¹ https://www.gov.uk/find-energy-certificate

² https://www.gov.uk/improve-energy-efficiency

³ https://www.simpleenergyadvice.org.uk/grants

⁴ https://www.makemyhousegreen.com/

⁵ https://www.energyathome.org.uk/grants-and-support

⁶ https://solartogether.co.uk/

⁷ http://www.widcombeassociation.org.uk/project/solar-pv-options/

⁸ https://www.wessexwater.co.uk/help-and-advice/your-water/save-water/in-the-home

⁹ https://watersworthsaving.org.uk/

¹⁰ https://energysavingtrust.org.uk/hub/quick-tips-to-save-energy/

¹¹ https://www.nea.org.uk/wp-content/uploads/2022/03/Electricity-Consumption-Around-the-Home.pdf

¹² https://www.nea.org.uk/

¹³ https://shouldibake.com/



Learn More

- △ Sustainable energy information for households from Bath & West Community Energy 14
- △ Local guide to low carbon living in older homes from the Bath Preservation Trust 15
- o News, opinion and resources from the Centre for Sustainable Energy 16
- o Use this <u>affordable energy calculator</u>¹⁷, by Greenpeace, to work out how much money you could save on energy if the government invested in insulation and heat pumps, then elect to write to your MP asking for change (if you like)

https://www.bath-preservation-trust.org.uk/wp-content/uploads/2021/11/Low-Carbon-Living-in-Older-Homes-BPT-guidance-leaflet.pdf

¹⁴ https://www.bwce.coop/sustainable-energy-information-for-households/

¹⁶ https://www.cse.org.uk/

¹⁷ https://affordableenergycalculator.org/



TRANSPORT

Have Your Say

- Support the campaigns from <u>Better Transport</u> ¹⁸ and keep up-to-date with research and sustainable transport options
- △ Be heard on BANES Council <u>local transport consultations</u> (select "travel, transport and roads") ¹⁹

Bikes

- Find out about the cycle to work scheme including how to buy a discounted bike and equipment to cycle to work from <u>Green Commute Initiative</u> ²⁰ and <u>Cycle Scheme</u> ²¹
- o Advice on choosing a family cargo bike from Cycle Sprog 22
- o Get inspired to get on your bike with tips on routes, local groups and organised rides, plus find out what you need to know about learning to cycle, bike maintenance and safety with Let's Ride from <u>British Cycling</u> ²³ and <u>become a member</u> ²⁴ to get insurance and support cycling in Britain
- Use Sustrans to find a cycle route, bike path or walking route ²⁵ near you
- △ Free E-bike loan scheme with BANES Council in co-ordination with local bike shops ²⁶
- △ <u>Free Commuter E-bike loan scheme</u> with Ride To Work Bath, several bikes lent to an organisation at a time, organised by Transition Bath²⁷
- △ Get a free cycle stand²⁸ from BANES Council for your workplace in Bath

Walking

- Follow a network of walking routes connecting all of Britain's towns and cities with <u>Slow</u>
 Ways ²⁹, and help build the network by walking and reviewing the routes.
- <u>Walkers are Welcome</u> ³⁰ is a UK wide initiative supporting walking in local communities and offers information on walking in different towns and cities across the UK.

¹⁸ https://bettertransport.org.uk/

¹⁹ https://beta.bathnes.gov.uk/current-consultations

²⁰ https://www.greencommuteinitiative.uk/

²¹ https://www.cyclescheme.co.uk/

https://www.cyclesprog.co.uk/family-cycling-advice/choosing-the-best-cargo-bike-for-your-family/

²³ https://www.letsride.co.uk/

²⁴ https://membership.britishcycling.org.uk/

²⁵ https://www.sustrans.org.uk/find-a-route-on-the-national-cycle-network

²⁶ https://www.bathnes.gov.uk/services/parking-and-travel/cycling/loan-bike-scheme

²⁷ http://ridetowork.bike/

²⁸ https://www.bathnes.gov.uk/services/parking-and-travel/cycling/cycle-parking

²⁹ https://beta.slowways.org/

³⁰ https://walkersarewelcome.org.uk



Cars

Engage with car clubs:

- ♦ Join Enterprise Car Club 31
- o Set up a community car club read the handbook from Carplus and Bikeplus 32
- Compare costs of running a car versus joining a car club ³³
- △ Keep up to date with Bristol and Bath car clubs 34

Borrow a local car or share a lift:

- ♦ Local car hire from individual owners through Hiyacar 35
- ♦ Find or offer a <u>lift share</u> for one off or regular journeys 36

Planes

- Pledge to go flight free with Flight Free UK 37
- o Get help planning 100% flight free holidays across UK and Europe with Byway 38
- Social enterprise <u>Ecosy</u> ³⁹ helps you plan a green getaway in the UK, or in the Pyrennes in France

Learn More / Other

- Advice on low carbon travel from the Energy Saving Trust 40
- o Get more ideas and up to date information about car clubs, and other shared transport schemes, across the UK from CoMoUK⁴¹ a national charity promoting the social, economic and environmental benefits of shared transport.
- <u>ecolibrium</u> ⁴² aims to tackle travel emissions resulting from the festival industry by reducing the impacts of travel, the largest source of emissions from live events. Take a look at their projects, or use their travel carbon calculator ⁴³.

³¹ https://www.enterprisecarclub.co.uk/gb/en/home.html

https://como.org.uk/wp-content/uploads/2018/06/Community-Car-Club-Handbook-2017-FINAL-1.pdf

https://www.enterprisecarclub.co.uk/gb/en/about/calculator.html

³⁴ https://travelwest.info/driving/car-clubs

³⁵ https://www.hiyacar.co.uk/

³⁶ https://liftshare.com/uk

³⁷ https://flightfree.co.uk/why_flight_free/

³⁸ https://www.byway.travel/

³⁹ https://ecosytravel.co.uk/

⁴⁰ https://energysavingtrust.org.uk/low-carbon-travel/

⁴¹ https://www.como.org.uk/

⁴² https://ecolibrium.earth/

https://ecolibrium.earth/travel-carbon-calculator/



FOOD

Grow Your Own Food

- o Tips on money saving crops⁴⁴ and how to grow vegetables⁴⁵ from Grow Veg
- △ Apply for an allotment through BANES Council 46
- △ Take up a private allotment from Roots 47
- △ Join <u>Dry Arch Growers</u>⁴⁸ a volunteer run co-operative and community allotment in Bathampton

Subscribe to a Veg/Fruit Box Scheme

- <u>Earth & Wheat</u>⁴⁹ are addressing food waste. They offer a grocery box with perfectly edible but outside the strict visual standards items, and they rescue from areas of overproduction. The boxes include grown produce or bakery items or both. For every box ordered they donate a meal to those in need through FareShare.
- ♦ <u>Riverford</u> offering seasonal organic veg and fruit grown in UK and Europe and delivered as veg boxes; a BCorp company
- △ <u>Larkhall Farm Shop</u>⁵¹ (01225 319968) offering veg box subscription and one-off box deliveries (also visit their shop on St. Saviours Road, Larkhall, Bath BA1 6SD); self-grown produce from Bath
- △ <u>Chelsea Road Greengrocers</u>⁵² (07903 189495) offering veg box subscription and one-off box deliveries (also visit their shop at 8c Chelsea Road, Bath BA1 3DU); produce sourced locally supporting local farmers and businesses.
- △ <u>Middle Ground Growers</u>⁵³ (07708 006001) offering veg box subscription by season, delivered by e-bike from Bathampton (check website for the areas covered), distributing self-grown produce
- \triangle Southside Food Co-op⁵⁴ (01225 442813) offering veg boxes for people based in the south and west of Bath, boxes priced according to income, produce locally grown
- △ <u>The Community Farm</u>⁵⁵ in Chew Valley offers a veg box subscription and one-off box deliveries. They are also a not-for-profit with wellbeing courses, social events and volunteering on land overlooking Chew Valley Lake.

Buy Fresh Produce Directly from Farmers and Farm Shops

⁴⁴ https://www.growveg.co.uk/guides/top-10-money-saving-crops/

⁴⁵ https://www.growveg.co.uk/

⁴⁶ https://beta.bathnes.gov.uk/find-allotment

⁴⁷ https://www.rootsallotments.com/

⁴⁸ https://bathamptoncsa.wordpress.com/

⁴⁹ https://www.earthandwheat.com/

⁵⁰ https://www.riverford.co.uk/seasonal-organic-boxes

⁵¹ https://www.larkhallfarmshop.co.uk/#vegbox

⁵² http://www.chelsearoadgreengrocer.co.uk/

⁵³ https://www.middlegroundgrowers.com/veg-boxes

⁵⁴ https://timebankplus.co.uk/wp/?page_id=46

⁵⁵ https://www.thecommunityfarm.co.uk/



- △ <u>Bath Farmers Market</u>⁵⁶ every Saturday 9:00AM to 1.30PM at Green Park Station for fruit, vegetables and other food shopping
- △ <u>Larkhall Farm Shop</u>⁵⁷ (01225 319968) on St. Saviours Road, Larkhall, Bath BA1 6SD for fruit and vegetables (also offer veg boxes)
- \triangle Newton Farm Shop⁵⁸ (01225 873707) at Newton Farm, Newton St Loe, Bath BA2 9BT for fruit, vegetables, butchers, other food shopping and café

Find a Greengrocer

- △ Eades of Bath (01225 317319), greengrocers at 18 Crescent Lane, Bath BA1 2PX
- △ Super Stokes (01225 374092), greengrocers at 38 Moorland Road, Bath BA2 3PN
- △ Bath Bus Station Fruiterer, greengrocers stall at Kingsmead Square, Bath BA1 2AE
- \triangle Jimmy Deane's Fruit, Veg & Salad, greengrocers stall at New Orchard Street, Southgate Shopping Centre, Bath

Use a Refill Shop for Dry Foods, Cleaning Materials and More

- ♦ Use the <u>Refill app</u>⁵⁹ to find local refill shops and more; also find places where you can refill your water bottle, public drinking water fountains and where to get hot drinks with a re-usable cup, or food using your own containers
- △ <u>New Leaf</u>⁶⁰ (01225 425301) at 29 Shaftesbury Rd, Oldfield Park, Bath BA2 3LJ offering dry foods and cleaning/care products (including Ecover and Faith in Nature)
- △ <u>Scoop Wholefoods</u>⁶¹ (01225 465068) at Unit 3, The Grain Store, Bath BA2 3GS offering dry foods, cleaning/care products and local produce (including kombucha on tap)
- △ <u>Harvest</u>⁶² (01225 465519) at 37 Walcot Street, Bath BA15BN offering dry foods, cleaning/care brands (including Miniml and Faith in Nature) and local produce
- △ Refillable Shop⁶³ (01225 444577) at 2-3 Cleveland Place East, London Road, Bath BA1 5DJ offering dry foods, cleaning/care brands (including Bio D, Ecover and Eco Leaf) and local produce

Eat Out Vegan (and Vegetarian)

- Search Happy Cow⁶⁴ to find vegan restaurants near you (Happy Cow app is also available)
- △ Cascara⁶⁵ 100% vegan café at 3 Upper Borough Walls, Bath BA1 1RG (01225 542636)
- △ The Green Rocket⁶⁶ 100% plant-based restaurant at 1 Pierrepoint Street, Bath BA1 1LB (01225 420084)
- △ OAK restaurant and grocer⁶⁷ mostly vegan with a few vegetarian dishes at 2 North Parade Passage, Bath BA1 1NX (01225 446059)

⁵⁶ http://www.bathfarmersmarket.co.uk/

⁵⁷ https://larkhallfarmshop.co.uk/

⁵⁸ https://newtonfarmfoods.co.uk/

⁵⁹ https://www.refill.org.uk/

⁶⁰ https://en-gb.facebook.com/pages/category/Health-Food-Store/Newleaf-Healthfoods-396433640376531/

⁶¹ https://uk.scoopwholefoods.com/

⁶² http://www.harvest-bath.coop/

⁶³ https://www.refillable.shop/

⁶⁴ https://www.happvcow.net/

⁶⁵ https://www.instagram.com/cascarabath/

⁶⁶ https://thegreenrocket.co.uk/

⁶⁷ https://www.oakrestaurant.co.uk/



- △ <u>Indian Temptation</u>⁶⁸ vegan and vegetarian restaurant at 9-10 High Street, Bath BA1 5AQ (01225 464631)
- △ <u>Chai Walla</u> ⁶⁹ takeaway Indian street food (vegan and vegetarian) at 42 Monmouth Street, Bath BA1 2AN (07926 041588)
- △ Rooted Café⁷⁰ offering vegetarian and vegan dishes at 20 Newbridge Road, Bath BA1 3JX (01225 425161)
- △ And a little outside Bath, the <u>Harp and Crown</u>⁷¹ vegan pub at Velley Hill, Gastard, Corsham SN13 9PU (01249 591838)

Restaurants/eateries with great vegan options for the plant/omnivore meal out:

- ♦ <u>Heavenly Desserts</u>⁷² luxury dessert restaurant with full separate vegan menu alongside their standard menu at 7 9 Lower Borough Walls, Bath, BA1 1QR (020 4531 2483). In Bath and many other locations across England, Scotland and Wales.
- △ <u>La Terra</u>⁷³ Italian restaurant with full separate vegan menu alongside their standard menu at 2 John Street, Bath, BA1 2JL (01225 482070)

Avoid Food Waste

- Tips on avoiding food waste from <u>Love Food Hate Waste</u>⁷⁴
- ♦ Use the app <u>Too Good To Go</u>⁷⁵ to buy food (at reduced prices) from restaurants that would otherwise go to waste a map enables you to search locally
- ♦ Use the app Olio⁷⁶ to give away (or collect) food and household items for free with the purpose of avoiding waste items are listed and shared with people in your local area

Learn More/Other

- o Tips on being a regenerative consumer from Regenerative Food & Farming⁷⁷
- Cooking with seasonal food with recipes from Riverford⁷⁸
- Work out your diet's carbon footprint with the <u>climate change food calculator</u>⁷⁹ from the BBC
- o Be informed about <u>how much water it takes to make different food products</u>⁸⁰ from Water Footprint Network
- ♦ Get involved with FareShare⁸¹ the charity fighting hunger and tackling food waste

⁶⁸ https://indiantemptation.com/

⁶⁹ https://chaiwalla.uk/

⁷⁰ https://www.rootedcafe.co.uk/

⁷¹ https://www.harpandcrownpub.com/

⁷² https://heavenlydesserts.co.uk/

⁷³ https://www.laterra.co.uk/

⁷⁴ https://www.lovefoodhatewaste.com/what-to-do

⁷⁵ https://toogoodtogo.co.uk/en-gb/

⁷⁶ https://olioex.com/

https://regenerativefoodandfarming.co.uk/what-you-can-do/

https://www.riverford.co.uk/recipes/seasonal

⁷⁹ https://www.bbc.co.uk/news/science-environment-46459714

⁸⁰ https://waterfootprint.org/en/resources/interactive-tools/product-gallery/

⁸¹ https://fareshare.org.uk/get-involved/



RESOURCE USE

Share-Lend-Borrow-Swap-Repair and Second Hand

Books Plus

- List and swap books across the UK using accumulated swapping credits with <u>Book Swap</u>⁸²
 <u>reuseabook</u>⁸³_are preventing books from reaching landfill, it is a great (and well-stocked)
 place to take a look for a second hand read
- △ Find information about library services in the <u>BANES area</u>⁸⁴ and <u>register online for access</u>⁸⁵ to books, DVDs and emagazines
- △ Local libraries include the <u>central Bath library</u>⁸⁶ and community libraries in <u>Larkhall</u>⁸⁷, <u>Weston</u>⁸⁸, <u>Oldfield Park</u>⁸⁹, <u>Southside</u>⁹⁰ and <u>Combe Hay</u>⁹¹
- △ Buy (or donate) second hand books at the <u>Oxfam Book Shop</u>⁹² at Lower Borough Walls or <u>Julian House Shop</u>⁹³ at Walcot Street (a second hand charity shop with a large book section), or buy (or sell) second hand books at the second hand book stall in the Guildhall market

Equipment

△ Borrow items for a small fee (such as DIY and gardening tools, camping & kitchen equipment, party items and much more), and have your own items repaired at Share & Repair at 3 York Buildings, George Street, Bath BA1 2EB

△ For those registered with the Time Bank project in Twerton, items (such as household, gardening and camping equipment) can be borrowed for free from the Borrow It⁹⁵ library

Toys

o Use a toy swap subscription with Whirli⁹⁶, where you can keep toys as long as you like, or with Toy Box Club⁹⁷, where toys are swapped monthly or use their holiday box option △ For children under 5 years old try the Bath Toy Library⁹⁸

Furniture

♦ Donate unwanted furniture, homeware and electrical items to British Heart Foundation by booking a free collection⁹⁹, and use the search function to find your local BHF shop¹⁰⁰ and donation points for all items above plus clothes and books

⁸² https://www.bookswap.co.uk/

⁸³ https://reuseabook.com/

⁸⁴ https://beta.bathnes.gov.uk/library-and-information-services

⁸⁵ https://www.librarieswest.org.uk/client/en_GB/default

⁸⁶ https://beta.bathnes.gov.uk/bath-central-library

⁸⁷ https://neworielhall.org.uk/what-we-offer/community-library/

⁸⁸ https://lovewestonlibrary.org.uk/

⁸⁹ https://www.moorlandroadcommunitylibrary.com/

⁹⁰ https://www.youthconnectsouthwest.org.uk/community-library

⁹¹ <u>https://beta.bathnes.gov.uk/combe-hay-community-library</u>

⁹² https://www.oxfam.org.uk/shops/oxfam-bookshop-bath/

⁹³ https://www.julianhouse.org.uk/shops/walcot-street-shop/

⁹⁴ https://shareandrepair.org.uk/

⁹⁵ http://timebankplus.co.uk/wp/?page_id=586

⁹⁶ https://whirli.com/

⁹⁷ https://tovboxclub.co.uk/

⁹⁸ https://bathtoylibrary.co.uk/

⁹⁹ https://www.bhf.org.uk/shop/donating-goods/book-furniture-collection-near-me

¹⁰⁰ https://www.bhf.org.uk/



△ For large items of furniture look at the Dorothy House second hand furniture shop on London Road, they deliver for a reasonable fee and will <u>collect items</u>¹⁰¹ for sale from you; find the location of <u>your closest shop</u>¹⁰² selling furniture, clothes, books and household items

Other

For eyewear Peep¹⁰³ offers vintage and preloved glasses. They can also repair and restore your eyewear too, and put new lenses in your old frames. Lensology¹⁰⁴ specialise in reglazing your glasses.

Second Hand Platforms

- ♦ Give or receive second hand items for free in your local area through <u>Freegle</u>¹⁰⁵ or <u>Freecycle</u>¹⁰⁶ both groups aim to divert items from landfill
- ♦ There are many other online platforms for selling, or giving/receiving second hand items locally, such as <u>Gumtree</u>¹⁰⁷ and community/membership groups such as <u>Nextdoor</u>¹⁰⁸ and Facebook
- o Buy or sell second hand clothes yourself on Vinted¹⁰⁹ or Depop¹¹⁰, let Thrift+¹¹¹ do it for you and make a donation to your selected charity from the sale of your item, or reTHREAD¹¹² can sell items for you on Ebay. Or let bkinda¹¹³ select a surprise secondhand outfit for you. Or why not try swapping clothes instead with Nuw¹¹⁴ or Dopplle¹¹⁵
- Buy or sell second hand mid century and retro furniture through Vinterior 116.

Dealing with Waste Responsibly to Maximise Recycling

△ Be familiar with instructions to <u>avoid contaminating your kerb side recycling</u>¹¹⁷ from BANES Council (click on each item to see details) and <u>look up items A to Z</u>¹¹⁸ to know what you can recycle through BANES Council, either kerbside or at the <u>recycling centres</u>¹¹⁹ △ If you cannot donate elsewhere, or sell, then <u>large waste items can be collected</u>¹²⁰ by BANES Council for a fee

¹⁰¹ https://www.dorothyhouse.org.uk/dorothy-house-shops/online-furniture-collections/

¹⁰² https://www.dorothyhouse.org.uk/dorothy-house-shops/

¹⁰³ https://www.peepeyewear.co.uk/

https://lensology.co.uk/

¹⁰⁵ https://trashnothing.com/beta/bath-freegle

¹⁰⁶ https://www.freecycle.org/

¹⁰⁷ https://www.gumtree.com/

https://nextdoor.co.uk/

¹⁰⁹ https://www.vinted.co.uk/

¹¹⁰ https://www.depop.com/

¹¹¹ https://thrift.plus/

¹¹² https://sell.rethread.uk/

¹¹³ https://www.bkinda.co.uk/

¹¹⁴ https://www.thenuwardrobe.com/

¹¹⁵ https://www.dopplle.com/

¹¹⁶ https://www.vinterior.co/

https://beta.bathnes.gov.uk/recycling

¹¹⁸ https://beta.bathnes.gov.uk/recycling-z

¹¹⁹ https://beta.bathnes.gov.uk/find-recycling-centre

¹²⁰ https://beta.bathnes.gov.uk/order-large-waste-item-collection



- ♦ Share Waste is a website and app that connects people wishing to recycle food scraps and other organic matter with neighbours who are composting, worm-farming or keeping farm animals.
- ♦ *Soft/flexible plastics* are not collected kerbside but several national retail companies have drop off recycling points in store for these items including plastic bags, crisp packets, food pouches, salad bags, cake and biscuit wrappers, bread bags, plastic film lids, plastic wraps from multibuys and sweets wrappers. Check the websites/stores for details and to avoid contamination. In Bath △ you can go to <u>Sainsburys</u>¹²² (Green Park and Odd Down), Morrisons (London Road), <u>Co-op</u>¹²³ (Wellsway, Larkhall, Odd Down and South Down) and <u>Marks & Spencer</u>¹²⁴ who also collect clothing multipack bags including the inbuilt hangers. ♦ For *hard to recycle items* such as dental products, contact lens packaging, foil balloons and razors, plus brand specific recycling programmes, check <u>Terracycle for locations of free drop-off boxes</u>¹²⁵ or persuade your employer to set up their own <u>recycling scheme at work with their Zero Waste Box</u>¹²⁶ or do it yourself with friends and neighbours using <u>Terracycle's</u> Zero Waste Bags¹²⁷
- ♦ Drop off empty medicine blister packs in the dedicated collection boxes in <u>Superdrug</u>¹²⁸ (△ Westgate Street and Southgate Street, Bath)
- ♦ For hard to recycle beauty, healthcare and wellness products (e.g. mascara, lipsticks, make up palettes, toothpaste tubes) take back any items sold in Boots to their recycling boxes in larger stores (♠ Newark Street/Southgate Centre in Bath)
- ♦ Clean, dry clothes in good condition (including underwear and socks) are accepted at BANES Council recycling centres. Some charity shops will accept poor quality or damaged clothes as "rags" (yes, this also includes old pants and socks) but contact them first to check and bag them up separately. Any condition bras can be recycled at the national programme at Marks & Spencer (△ Stall Street, Bath) and Bravissimo (△ Milsom Street, Bath) who also take swimwear.
- Home textiles (e.g. bed linen) and clothes (even if damaged) along with selected kitchen/dining items, bulky furniture and electricals are rehomed, reused and recycled by Dunelm¹³⁰
- Unusable bed mattresses, divans and bedframes can be collected and recycled by <u>The</u> <u>Mattress Recycling People</u>¹³¹
- Not sure what to do with electricals find out all the answers from Recycle Your
 Electricals 132. Enter your postcode and type in your item to find out where you can recycle.
 Let registered waste collectors compete for the job of taking away your waste at Love Junk
 133 (use the app), where re-usable items may also be collected for free

¹²¹ https://sharewaste.com/

https://www.about.sainsburys.co.uk/sustainability/plan-for-better/our-stories/2021/flexible-plastics

¹²³ https://www.coop.co.uk/environment/soft-plastics

¹²⁴ https://corporate.marksandspencer.com/plastic-recycling-scheme

¹²⁵ https://www.terracycle.com/en-GB/brigades

¹²⁶ https://zerowasteboxes.terracycle.co.uk/

¹²⁷ https://zerowastebag.co.uk/

¹²⁸ https://www.superdrug.com/dgfs/waste-recycling

¹²⁹ https://www.bravissimo.com/bra-recycling/

¹³⁰ https://www.dunelm.com/info/about/take-back-scheme

¹³¹ https://themattressrecyclingpeople.co.uk/

¹³² https://www.recycleyourelectricals.org.uk/

¹³³ https://www.lovejunk.com/



Plastics

- Go to <u>Plastic Soup Foundation</u>¹³⁴ if you are concerned about plastics consumption. They have plenty of information, tools, tips and ideas.
- Try the <u>Beat The Micro Bead</u>¹³⁵ app to find out which products contain microplastics before you buy just scan the ingredients.

Ethical Consumption

- Find out why and how you should be an <u>ethical consumer</u>¹³⁶ and search for the ethical ratings of more than 40,000 brands and products
- o Use Good Find 137, a buying guide, to identify "ethical alternatives to everything"
- Check out the ethical rating of clothing brands using criteria for planet, people and animals with Good on you¹³⁸
- Know the top sustainability certifications¹³⁹ for UK businesses as identified by Greener Matters
- Find a <u>certified B-Corporation</u>¹⁴⁰ (UK)

Other

- o Tips on how to have less stuff¹⁴¹ from Psyche
- o Find out more about zero waste by watching this video 142 from Bea Johnson
- Calculate your <u>fashion footprint</u>¹⁴³ with Thred Up
- Follow these tips from Greenpeace to shift to a more ethical and sustainable wardrobe
- Find out all you need to know about using menstrual products environmentally from the detailed <u>Environmenstrual Resources Hub</u>¹⁴⁵ by the Women's Environmental Network

¹³⁴ https://www.plasticsoupfoundation.org/en/

¹³⁵ https://www.beatthemicrobead.org/

¹³⁶ https://www.ethicalconsumer.org/

https://www.goodfind.io/

¹³⁸ https://goodonyou.eco/

¹³⁹ https://greenermatters.com/sustainable-business/the-top-13-sustainability-certifications-for-uk-businesses/

¹⁴⁰ https://www.bcorporation.net/en-us/find-a-b-corp?query=uk

¹⁴¹ https://psyche.co/guides/how-to-free-yourself-from-your-stuff-to-save-money-and-the-planet

¹⁴² https://www.youtube.com/watch?v=6N-rPTJVk80

¹⁴³ https://www.thredup.com/fashionfootprint/

¹⁴⁴ https://www.greenpeace.org.uk/news/ethical-sustainable-fashion-guide/

¹⁴⁵ https://www.wen.org.uk/2007/05/21/environmenstrualresources/



ENHANCE YOUR POWERS

Resources for your powers are interwoven in the other sections but here are a few extra resources to help boost your knowledge and action, and to support your continued learning about climate change, biodiversity loss and associated issues, concerns and actions.

Film/TV/Radio

- "The Breakdown". It is a series available on <u>Water Bear</u>¹⁴⁶ who describe themselves as "the first free video on demand platform dedicated to the future of our planet". There are many other inspiring environmental films to watch here too.
- The BBC's Rethink podcast has a five part series <u>Rethink Climate</u>¹⁴⁷, in particular episode 2 (<u>Behaviour and Communication</u>¹⁴⁸) reflects on how individuals might act and explores engagement similar to the Eco Together intention.

Books

- Jason Hickel (2020) "Less is more: how degrowth will save the world" (also read his essays¹⁴⁹)
- Rob Hopkins (2021) "From what is to what if: unleashing the power of imagination to create the future we want" (see links for more on the <u>book</u>¹⁵⁰ and accompanying <u>podcast</u>¹⁵¹ "From what if to what next" that explores what if ideas/questions with guests)
- Tim Jackson (2021) "Post growth. Life after capitalism" (and more on his work 152)
- Bea Johnson (2016) "Zero Waste Home: The Ultimate Guide to Simplifying Your Life"

Information, Engagement and Advocates for Change

- Read about climate issues and biodiversity loss, and learn how to take action with advocacy campaigns from <u>Friends of the Earth</u>¹⁵³, <u>Client Earth</u>¹⁵⁴, the <u>Soil Association</u>¹⁵⁵ and <u>Greenpeace</u>¹⁵⁶
- Join local groups from conservation charities such as RSPB¹⁵⁷ (△ Bath group available) or one of the Wildlife Trusts¹⁵⁸ (△ Avon Wildlife Trust¹⁵⁹ is closest to Bath) to take local action for wildlife, engage in citizen projects and more.
- Make <u>The Commitment</u>¹⁶⁰ sign up to commit to only vote for politicians who work for urgent action on climate change and biodiversity loss.

¹⁴⁶ https://join.waterbear.com/

¹⁴⁷ https://www.bbc.co.uk/programmes/m001gk5h

https://www.bbc.co.uk/programmes/m001gkq8

¹⁴⁹ https://www.thebureauinvestigates.com/projects/environment

¹⁵⁰ https://www.robhopkins.net/the-book/

¹⁵¹ https://www.robhopkins.net/podcast/

¹⁵² https://timjackson.org.uk/

¹⁵³ https://friendsoftheearth.uk/

¹⁵⁴ https://www.clientearth.org/

¹⁵⁵ https://www.soilassociation.org/

¹⁵⁶ https://www.greenpeace.org.uk/

https://www.rspb.org.uk/

¹⁵⁸ https://www.wildlifetrusts.org/

¹⁵⁹ https://www.avonwildlifetrust.org.uk/

¹⁶⁰ https://www.thecommitment.uk/



- At <u>Write to Them</u> ¹⁶¹ you can enter your postcode and write directly from the website to your local councillors, local MP or find someone in the House of Lords to whom your topic is relevant.
- Pick up some ideas for climate action from Possible162, from unravelling the knowledge to support individual action to understanding the bigger picture.
- What system changes are required and on what topics might you consider advocating for change? Check out <u>this report from The Behavioural Insights Team</u>¹⁶³ that highlights recommendations for business, legislative and government change.
- △ See this <u>list of local organisations</u>¹⁶⁴, in and around Bath, engaging in issues related to climate change and biodiversity loss

Other Actions and Support

- Use Ecosia 165 to carry out your Internet searches and plant trees.
- Sign the <u>Sustainable Web Manifesto</u>¹⁶⁶ to pledge your commitment to the principles necessary to reducing Internet use based pollution and which you could highlight to your employer
- Join the <u>Zero Hour</u> ¹⁶⁷ campaign to support the Climate and Ecology Bill that calls for reversing the destruction of nature by 2030
- <u>Make My Money Matter</u>¹⁶⁸ helps you to understand and redefine your relationship with your bank, pensions and investments to ensure you are supporting what matters to you (particularly avoiding accidentally funding oil & gas, arms, tobacco, etc.)
- Look at <u>Switch It</u>¹⁶⁹ to see to what extent your bank, energy provider and pension are funding the climate crisis and commit to switching.
- Use <u>Bank Green</u> ¹⁷⁰ to find out if your bank is enabling fossil fuel industries, read about sustainable banks and pledge not to fund fossil fuels.
- Research your ethical and sustainable banking and investment options with <u>Good with</u> <u>Money</u>.¹⁷¹
- Show your support for recognition of climate and ecological crises and health emergencies and engage with your local healthcare providers through <u>Health</u> Declares¹⁷².
- If you are finding climate change conversations with others difficult, check out this quide¹⁷³ from Client Earth.

¹⁶¹ https://www.writetothem.com/

¹⁶² https://www.wearepossible.org/

¹⁶³ https://www.bi.team/wp-content/uploads/2023/01/How-to-build-a-Net-Zero-society Jan-2023.pdf

¹⁶⁴ https://www.bwce.coop/local-links/

¹⁶⁵ https://www.ecosia.org/

¹⁶⁶ https://www.sustainablewebmanifesto.com/

https://www.zerohour.uk/

¹⁶⁸ https://makemymoneymatter.co.uk/

¹⁶⁹ https://switchit.green/

¹⁷⁰ https://bank.green/

¹⁷¹ https://good-with-money.com/

¹⁷² https://healthdeclares.org/

¹⁷³ https://www.clientearth.org/media/jhifo1e2/clientearth-guide-to-having-climate-conversations.pdf



- Per Epsen Stoknes 174 can help you deal with the five main barriers to climate action that
 exist in our heads or perhaps in other people's heads. Work out how to have that
 convincing conversation with yourself or others and be an inspiration to take action.
- If you are feeling anxious about climate change, check out this <u>climate anxiety discussion</u> <u>guide</u>¹⁷⁵ by Force of Nature; it is a discussion framework aimed at young people with facilitation by educators, parents, legal guardians and community leaders, but has interesting information for everyone.
- To understand how to manage your resilience and wellbeing, take some tips from the College of Wellbeing¹⁷⁶
- Looking for more climate positive actions and ideas, check out the list compiled by 52 climate actions 177
- Calculate your carbon footprint and see what impact you can make using the <u>Giki</u> <u>calculator</u>¹⁷⁸
- Giki¹⁷⁹ is not just about individual lifestyle action; the website also has tools for engagement in your workplace¹⁸⁰ - it could be a good conversation starter about setting and achieving sustainability goals within your work community.
- Check out <u>Climania</u>¹⁸¹, the free to play climate action board game developed by thirteen young people aged 14 to 18 years.
- Say thank you! If an organisation is taking positive climate action, recognise them.
- <u>a Encourage the positive climate actions of BANES council give a compliment here</u>
 ¹⁸².

News, Analysis and Data

- News websites with dedicated climate change and environmental channels include well-known sources such as <u>The Guardian</u>¹⁸³, the <u>BBC</u>¹⁸⁴, and <u>Reuters</u>¹⁸⁵....go beyond that though....
- For in-depth analysis and opinion on climate change and biodiversity loss check out the climate sections of <u>Double Down News</u>¹⁸⁶, <u>The Conversation</u>¹⁸⁷, <u>The Bureau of Investigative Journalism</u>¹⁸⁸ and National Geographic¹⁸⁹.

¹⁷⁴ https://www.bi.edu/research/business-review/articles/2015/12/five-ways-to-climate-action/

¹⁷⁵ https://www.forceofnature.xyz/discussion-guide

¹⁷⁶ https://collegeofwellbeing.com/

¹⁷⁷ https://www.52climateactions.com/

¹⁷⁸ https://zero.giki.earth/

¹⁷⁹ https://giki.earth/

¹⁸⁰ https://giki.earth/pro/

¹⁸¹ https://climaniathegame.com/

¹⁸² https://beta.bathnes.gov.uk/give-us-compliment

https://www.theguardian.com/environment/climate-crisis

¹⁸⁴ https://www.bbc.co.uk/news/science-environment-56837908

https://www.reuters.com/business/environment/

https://www.doubledown.news/watch?category=Environment

¹⁸⁷ https://theconversation.com/uk/environment

¹⁸⁸ https://www.thebureauinvestigates.com/projects/environment

¹⁸⁹ https://www.nationalgeographic.com/environment



- For online publications focusing only on environmental matters check out <u>Nature</u>¹⁹⁰, <u>Carbon Brief</u>¹⁹¹, <u>Environmental Journal</u>¹⁹², <u>Stanford Earth Matters Magazine</u>¹⁹³ and <u>State</u> <u>of the Planet</u>¹⁹⁴ from Columbia Climate School.
- Look for peer-reviewed journal articles and book chapters on <u>Science Direct</u>¹⁹⁵
- Explore data trends on energy and environment indicators from <u>Statista</u>¹⁹⁶ or <u>Our World in Data</u>¹⁹⁷.
- For the full picture of the situation we face check out the independent bodies reporting on climate change and biodiversity loss: IPCC report "<u>The Climate Change 2022: Mitigation</u> of Working Group III to the Sixth Assessment Report of the Intergovernmental Panel on <u>Climate Change</u>" and "<u>The global assessment report on biodiversity and ecosystem</u> <u>services</u>" from IPBES
- Know which species are at risk by looking at <u>The IUCN Red List of Threatened</u> <u>Species</u>²⁰⁰

¹⁹⁰ https://www.nature.com/

¹⁹¹ https://www.carbonbrief.org/

¹⁹² https://environmentjournal.online/

¹⁹³ https://earth.stanford.edu/earth-matters

¹⁹⁴ https://news.climate.columbia.edu/

¹⁹⁵ https://www.sciencedirect.com/

¹⁹⁶ https://www.statista.com/markets/408/energy-environment/

https://ourworldindata.org/

¹⁹⁸ https://www.ipcc.ch/report/sixth-assessment-report-working-group-3/

¹⁹⁹ https://ipbes.net/global-assessment

²⁰⁰ https://www.iucnredlist.org/