

Title: Feeling Fruity? Whip up These Reserve Recipes Today

Besides being a delicious supplement, did you know that Reserve™ can be added to your favorite recipes?

Featuring a unique blend of superfruits and powerful antioxidants, Reserve is a tasty and convenient way to support your body's overall health and wellness. With its individual serving size and convenient packaging, this versatile product can easily be added to the foods and drinks you already consume and enjoy.

Open a Reserve packet today and try one of these yummy recipes!

ZEN Berry Protein Shake



Ingredients:

- 1 scoop ZEN Fuze™ vanilla bliss
- 1 cup blueberries
- 1 banana
- ½ cup orange juice
- ½ cup almond milk
- 1 packet Reserve

Directions:

Blend all ingredients in blender until smooth. Pour into glass and enjoy.

Reserve Berry Popsicles



Ingredients:

- 1 cup milk/almond milk
- 1 cup frozen blueberries
- 1 cup frozen cherries
- ½ cup Greek yogurt
- ½ cup chopped spinach
- 1 packet Reserve
- 3 Tbsp honey

Directions:

Blend all ingredients in blender until smooth. Pour into popsicle molds. Freeze until solid, at least 2 hours.

Reserve Smoothie Bowl



Photo & recipe courtesy of agelessnorway

Ingredients:

- 1 banana
- 1 handful strawberries
- 1 handful raspberries
- 1 small container of yogurt
- 1 packet Reserve

Directions:

Blend berries, yogurt, and Reserve in blender until smooth. Pour mixture into bowl. Slice banana and arrange with toppings of choice (raisins, almonds, etc.).

More Reserve recipes:

- Berry vinaigrette dressing (mix Reserve with fresh blueberries, vinegar, oil)
- Homemade gummy bears (mix Reserve with gelatin mixture)
- Fruit dip (mix Reserve with yogurt/whip cream)
- Mocktails (mix Reserve with Sprite, club soda, etc.)

Reserve as toppings:

- Pancake syrup
- Spread on toast (like jam)
- Oatmeal topping
- Ice cream/yogurt topping

Whether you whip, spread, or drizzle it, Reserve can punch up the flavor of your favorite recipes. The fact that it's a powerful supplement bursting with antioxidants and superfruits is just the cherry on top of your delicious sundae!

BUY NOW