

Hi everyone,

My name is Sarah Restad, I graduated from Senior in 2019. Now I go to Northeastern University in Boston and I'm majoring in chemical engineering. I also independently studied AP chem before Senior offered it.

Let me start by saying, you guys are almost done with the most stressful year of high school, trust me it only gets better from here! Now you just have to figure out what you want to take next year. If you guys took honors chem this year you probably think you have a pretty decent understanding of chemistry, but there are so many cooler parts of chemistry just around the corner. Honors chem does a great job at laying the framework for the chem you'll learn in AP or in college if you choose to not take AP. But I highly recommend that you take AP chem. If you're going into engineering or one of the sciences it will only help you and will definitely give you a leg up in college. Chem is one of the biggest GPA killers in college, so if you can get out of it, why not? Even if you're not going into a math or science field in college, the AP credits that aren't in your field can be helpful. Most majors require you take certain generals in the sciences and if you can avoid taking a stressful class that isn't in your major, why not? AP chem is much more than just prep for college, you also get to do some interesting experiments and you get a whole new understanding for why the equations and facts you learned in honors chem actually work.

If you guys have any questions about AP chem or college, I am here to help. I remember how stressful it was to apply to college and figure out what classes will get you ready for college so I'd be happy to help.

Here's my email svrestad@gmail.com if you have any questions