



Food Resources

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Organization	Services	Information		
Second Harvest of Silicon	Food Assistance	Location: Sherman Oaks Elementary, 1800 Fruitdale Avenue, San Jose, CA 95128		
Valley		When: Times and Dates: 3 rd Tuesday of the month		
		For more information: 1-800-984-3663		
		Hot Meal programs are provided at various dates and locations. Check the link below for more dates and locations.		
		Hot Meals - San Jose		
Campbell Church of Christ	Pantry Service	Location: 1075 W. Campbell Ave., Campbell, CA 95008		
		When: 2 nd and 4 th Saturday of the month 12:00p.m2:00p.m.		
Sacred Heart Community	Food Assistance	Packaged meals will be available for pick up. A limited number of individuals will be allowed in for pick-up to adhere to the		
Services		social-distancing guidelines.		
		Location: 1381 S. First Street, San Jose, CA 95110		
		When: MonThurs.9:00a.m 4:00p.m. and Fridays 9:00a.m. – 12:00p.m.		
		For more information: 408-278-2160		
Campbell Union School	Food Assistance	Pre-Packaged breakfast and pre-packaged lunch will be provided to all children under 18.		
District		When: Monday-Friday 11:00a.m12:00p.m.		
		Where: Blackford Elementary, Capri Elementary, Castlemont Elementary, Lynhaven Elementary, Rosemary Elementary, Sherman Oaks		
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Catholic Charities of Santa	Food Assistance	Food Distribution: Weekly drive thru at various church locations no registration needed beforehand, registration will be done on site.		
Clara		Where: Our Lady of Peace - 2800 Mission College Blvd, Santa Clara, CA 95054 When: Every Monday 10:00a.m12:00p.m. Where: Our Lady of Refuge - 2165 Lucretia Ave., San Jose, CA 95122 When: Every Tuesday 5:00p.m 7:00p.m.		
		Where: Most Holy Trinity - 2040 Nassau Dr. San Jose, CA 95122 When: Every Tuesday time TBD		
		Where: St. Martin of Tours - 200 O'Connor Dr., San Jose, CA 95128 When: Every Wednesday 1:00p.m4:00p.m.		
		Where: St. John Vianney - 4600 Hyland Ave., San Jose, CA 95127 When: Every Thursday 9:00a.m 11:00a.m.		
		Where: St. Lucy 2350 S. Winchester Blvd., Campbell, CA 95008 When: Every Friday 10:00a.m 12:00p.m.		
		Where: Santa Teresa Parish - 794 Calero Ave., San Jose, CA 95123 When: Every Saturday 12:00-2:00p.m.		
		For more information click here or contact 1800-984-3663.		
Loaves and Fishes	Food Assistance	Loaves and Fishes are serving "to go" meals		
		When and Where: Monday - Friday 3:30PM - 4:30PM - Goodwill Industries - 1080 North 7th Street, San Jose, CA 95112		
		When and Where: Monday through Friday - 4:30 PM - 5:30 PM - SJ Vietnamese Seventh Day Adventist Church - 1066 South		
		2nd Street, San Jose, CA 95112		





Household Resources

Organization	Services	Information
First 5 Family Resource Center at Sherman Oaks	Household Assistance	The facility is currently closed, but will be assisting families over the phone with resources related to: housing support including rent and bill payments, diapers, formula, baby wipes, calming kits, family activity kits and information on food banks near you. Location: Sherman Oaks Elementary, 1800 Fruitdale Avenue, San Jose, CA 95128 When: Monday – Friday 8:30a.m5:00p.m., For more information: 1-800-337-9136 or contact a community outreach worker: Jose 408-780-1404, Yuma 408-780-1035
Comcast	Internet Services	New Internet Essentials customers will receive two free months of Internet service, which is available to all qualified low-income households for \$9.95/month plus tax. Apply by April 30, 2020. Call: (855) 8468376 You may qualify if you: 1. Live in an area where Comcast Internet Service is available 2. Are eligible for public assistance programs like the National School Lunch Program, housing assistance, Medicaid, SNAP, SSI, and others, 3. Have not subscribed to Comcast Internet within the last 90 days and 4. Have no outstanding debt to Comcast that is less than one year old. Signing up is easy and fast from your mobile device, click here: Internet Essentials Application
AT&T Access	Internet Services	Internet service at \$10 a month. No deposit, contract, or installation cost. No data cap. Wi-fi router included. Credit Check required. Call 855-220-5211 (English) or 855-220-5225 (Spanish) to apply online click here .
Human-I-T- Connect	Internet Services	Internet service at \$15 a month. One time cost of hotspot- \$99. No deposit, contract, or installation cost. No data cap or overage costs. No Credit Check. Call 888-519-4724 (Spanish) to apply or to apply online click here.
Sonic	Internet Services	Sonic service provided for three months at no charge to new customer households with Kindergarten through 12th grade students, college students, or senior citizens 60 or older. For financial assistance for current customers, please contact us at billing@sonic.net . Please see the website for more details: https://www.sonic.com/cov19
Santa Clara County	Various Resources	The Santa Clara County CAN (COVID-19 Assistance Navigation) initiative will connect people to services they are eligible for — like unemployment, food and housing benefits — and walk them through the application processes. It also will provide workers access to attorneys who can answer questions about workplace and income issues in multiple languages. Leave a message and someone will return your call within 24 hours. For more information click here. Contact: 408-809-2124
T-Mobile	Cell Phone Plan	The Freedom To Connect - (Prepaid plan) \$15 per month Unlimited Talk and Text w/ 2GB Data (capped) or \$25 Unlimited Talk & Text w/ 5GB Data (capped) for more information click here.





		 Unlimited talk and text, and choose between 2GB or 5GB of high-speed data Monthly data ends once the allotment is reached, with an add-on data pass available for purchase Annual Data Upgrade of 500MB every year for the five years after the plan launches Taxes and fees are additional
AT&T	Cell Phone Plan	AT&T Prepaid \$15 Monthly Plan Limited-time offer Total price \$15 per 30 days plus \$4.99 upfront. 2GB full speed data. Speed reduces when you exceed your high-speed allowance. (no overages) Unlimited Calls and Texts (National Minutes) Unlimited messages to the U.S., Mexico, Canada & over 100 countries. For more information on the plan details <u>click here</u> .
PG&E	Discount on Services	CARE and FERA are PG&E discount programs that help eligible customers pay their energy bills. Click here to learn more and to apply online.
California LifeLine	Phone Service	The California LifeLine Program (California LifeLine) is a state program that provides discounted home phone and cell phone services to eligible households. The California LifeLine discounts help consumers lower the cost of their phone bills. Only one discount per household is allowed (except for teletypewriter users and for Deaf and Disabled Telecommunications Program participants). Each household must choose to get the discount either on a home phone or on a cell phone, but not on both. Check out the Types of Discounted Services Available to learn about the program's benefits. Check out Is California LifeLine Right for You? to learn if you and your household qualify. For questions contact The Life Line Call Center. Hours of operation are from 7 a.m. to 7 p.m. (Pacific Time) Monday through Friday. It is closed on federal holidays and weekends. If a consumer wants in-language help for a language not listed below, call the English toll-free number and ask for interpretation services. English





Santa Clara County	Emergency Shelter	Santa Clara County is managing referrals to temporary homeless shelters. The County is responding to calls seven days a week from 9 a.m. to 6 p.m. at 408-278-6420 .
YWCA Silicon Valley	Household Assistance	YWCA Silicon Valley offers a variety of community services including low cost childcare and therapy services, housing and support for survivors of sexual and domestic violence, as well as parenting classes. You can review a full list of our resources here.

Financial Resources

Organization	Services	Information
Sacred Heart Community Services	Financial Assistance for families affected by COVID-19	Eligible households may be eligible for direct financial assistance, based on documented loss of income as a result of COVID-19 impacts, up to a maximum of \$4,000 of lost income per month. Assistance may be requested once per month for the duration of the public health emergency, as long as the household continues to experience an economic impact and funds are available. Basic information and referral to area services will also be available for households. Eligibility Criteria: 1. Resident of Santa Clara County 2. Your household income must be less than 80% of the average median income (AMI) 3. You must have a documented loss of income related to COVID-19 impacts due to health, employment, or school/child care closures For more information: English COVID-19-Financial-Assistance-Flyer English.pdf Spanish: COVID-19-Financial-Assistance-Flyer Espanol.pdf For help with the application contact: 408-780-9136 or email: Covid19@sacredheartcs.org Apply Online: Online Application
Santa Clara County: COVID19 Eviction Moratorium	Resources to stop evictions for families impacted by COVID-19	If you are a tenant, the ordinance provides you with temporary protection from evictions for non-payment of rent if you can demonstrate your income has been substantially reduced due to the COVID-19 pandemic. Renters must document that they have been impacted by the COVID-19 pandemic, and they have suffered a substantial loss of income due to COVID-19 or related emergency declarations by local, State, or federal agencies. If you are provided an eviction notice, please refer to these documents: COVID-19 Eviction Moratorium Required Notice.pdf City of SJ Resource for Tenants.pdf Please use this form to document your loss: English 2020EvictionMoratoriumTena.pdf. For Spanish, SPAN2020EvictionMoratorium.pdf





		For more information call, 408-975-4480 email: rsp@sanjoseca.ogv
Labor and Work Force Development Agency	Resources for workers rights and benefits	In the face of the COVID-19, the Labor & Workforce Development Agency (LWDA) wants to keep workers, employers, co-workers, and families safe. What employees are entitled to may be confusing. <u>Click here</u> to find out more information regarding support services for workers.
County of Santa Clara	Financial Assistance	If eligible, workers can get help to receive a portion of their wages due to COVID-19 impacting their work. To find out if you qualify, contact the advice line at 1866-870-7725. (Multiple Languages are available to assist.) For more information click here.
My Benefits CalWin	Financial Assistance	CalWORKs is a cash aid program for low income families to meet their basic needs. It also provides education, employment, and training programs to help families get jobs and move towards self-sufficiency. Child care, transportation, work expenses and counseling are available for families in work activities. There is a forty-eight month time limit for adults but the children can remain on aid if otherwise eligible under the Safety Net program. There are special services for pregnant and parenting teens through the CalLearn program.
		CalWORKs program is for pregnant women, or Adults or Teen Parent(s) with dependent children (minors under the age of 19) who are deprived of parental support or care.
		Refugee families with children may qualify for cash aid, medical assistance, employment services and other support services.
		To see if you are eligible <u>click here.</u> Or you can contact (408) 758-3800 or toll free 1-877-962-3633.
The Home Church	Legal Services	Beginning July 1, 2020 the Free Legal Clinic is generally held on the first Saturday of each month. Dates are subject to change due to scheduling conflicts. It is a good idea to check in to The Home Church (408.370.1500), or The Law Firm of J. Hector Moreno, Jr. & Assoc. (408.440.2575), a day or two before the scheduled clinic to ensure that it will be held. You will be seen on a first come, first served basis.
		We recommend that you arrive before 8:00am to be sure to be seen. You will be provided a 30 minute free legal session with an attorney. Our areas of practice are Family Law, Criminal Law, and Personal Injury. Please bring any legal paperwork, court documents, etc., that may help the attorney evaluate the matter.
		For more information click here.





Mental Health Resources

Organization	Services	Information
County of Santa Clara –	Behavioral	Free 24/7 hotline for residents to call and ask about mental health programs: 1-800-704-0900. The Behavioral Health Call Center will
Behavioral Health	Health	link you with the appropriate behavioral health service, county services or referrals to community services.
Services	Services	Programs & Services - Behavioral Health Services - County of Santa Clara
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		*Mobile Crisis Response Team - 1-800-704-0900 Press 2- (available 24/7)
		*Santa Clara County Suicide & Crisis Hotline - 1-855-278-4204- (available 24/7)
		Mental Health Urgent Care – Ph. 408-885-7855 - 871 Enborg Court, SJ, Unit 100; Daily 8 A.M.–10 P.M.; Offer out-patient psychiatric care for patients who are uninsured or have Medi-cal/Medicare. No appointment needed.
		211 Santa Clara County – Ph. 2-1-1 Free non-emergency, confidential 3-digit phone number/service for access to critical services
		(multilingual); www.211scc.org
		Resources: English - Coping with stress during infectious disease outbreak.pdf
		Spanish - Coping with stress during infectious disease outbreaks.pdf
		English - Coping with stress during infectious disease outbreaks - Taking Care of Children.pdf
		Spanish - Coping with stress during infectious disease outbreak - Taking Care of Children.pdf
NAMI (National Alliance	Mental Health	Phone Support: 408-453-0400 option 1, Monday through Friday, 10:00am to 6:00pm.(Phone call only)
on Mental Illness)-	Support	Email: Email us with your questions or concerns at info@namisantaclara.org
Santa Clara		Visit website, www.namisantaclara.org 24 hours a day, seven days a week, for resources and information about mental health
Bill Wilson Center	Mental Health	Youth Crisis Line (ages 7-24)* 888-247-7717
	Support	Contact Cares (Depression, Anxiety, Grief, Loneliness, Parental Stress) 408-850-6125
	Talkline	
Uplift Mobile Crisis	Mental Health	(408) 379-9085 The Uplift Mobile Crisis Team provides 24-hour intervention to children and teens in the community who are in acute
	Support	psychological crisis. Included is a 5150 assessment along with safety planning and referrals to community-based mental health services.
National Suicide	Mental Health	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved
Prevention Lifeline	Support	ones, and best practices for professionals. www.suicidepreventionlifeline.org
	Talkline	Phone Support: 1-800-273-8255 available 24/7





County of Santa Clara Behavioral Health Services	Mental Health Support	24/7 Suicide Crisis Hotline call 1-855-278-4204 or Text RENEW to 741741
SAMHSA (Substance Abuse and Mental Health Services)	Disaster Distress Helpline	Provides immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. 24/7 Disaster Helpline: 1-800-985-5990 or text TalkWithUs to 66746 Disaster Distress Helpline
Mental Health First Aid	Mental Health Support	Text MHFA to 741741 to talk to a Crisis Text Hotline Counselor www.mentalhealthfirstaid.org
County of Santa Clara Behavioral Health Services	Substance Use Support	Gateway call center for substance use treatment services contact 800-488-9919 Youth Substance use treatment services (Mon-Fri 9a.m 6p.m.) 408-272-6518 Youth substance use treatment services (After hours) 800-488-9919
Mental Health America	Mental Health Resources	Online resources for mental health needs Mental Health and COVID-19 – Information and Resources
YWCA	Domestic Violence Assistance	YWCA Silicon Valley offers immediate crisis assistance call 800-572-2782
National Domestic Violence Hotline	Domestic Violence Assistance	The National Domestic Violence Hotline is available at 1800-799-7233 and through chat. to create a safety plan, visit: Staying Safe During COVID-19 .