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Research and Innovations in Positive Psychotherapy

Topic	Keywords	How to cite (APA style)	In-text citation
The Ukrainian-language Adaptation for the Wiesbaden Inventory for Positive Psychotherapy and Family Therapy (WIPPF)	approbation of the inventory, positive mental health, Positive Psychotherapy, actual capacities, psychological well-being	Serdiuk, L., & Otenko, S. (2021). The Ukrainian-language Adaptation for the Wiesbaden Inventory for Positive Psychotherapy and Family Therapy (WIPPF). <i>The Global Psychotherapist</i> , 1(1), 11–14. https://doi.org/10.52982/lkj135	(Serdiuk & Otenko, 2021)
Recover Your Balance: Effectiveness Research of Positive Psychotherapy	psychotherapy research, Positive Psychotherapy, effectiveness research, common efficacy factors, outpatient treatment	Christ, C., Mitterlehner, F., & Raisch, S. (2021). Recover Your Balance: Effectiveness Research of Positive Psychotherapy. <i>The Global Psychotherapist</i> , 1(2), 12–21. https://doi.org/10.52982/lkj146	(Christ et al., 2021)
Possibilities of Positive Psychotherapy in the Formation of Hardiness	hardiness, Positive Psychotherapy, personality features, primary and secondary capabilities	Chykhantsova, O., & Kuprieieva, O. (2021). Possibilities of Positive Psychotherapy in the Formation of Hardiness. <i>The Global Psychotherapist</i> , 1(2), 22–26. https://doi.org/10.52982/lkj147	(Chykhantsova & Kuprieieva, 2021)

Frustration Reactions Spectrum During the Crisis of Puberty	frustration, adolescents, aggression, crisis, Positive Psychotherapy	Tomcheva, S., & Arabadzhiev, Z. (2021). Frustration Reactions Spectrum During the Crisis of Puberty. <i>The Global Psychotherapist</i> , 1(2), 27–35. https://doi.org/10.52982/lkj148	(Tomcheva & Arabadzhiev, 2021)
Examination of Self-Control in Positive Psychotherapy Structures	self-control, Positive Psychotherapy, adolescents	Eryilmaz, A., Batum, D., & Ergin, K. (2022). Examination of Self-Control in Positive Psychotherapy Structures. <i>The Global Psychotherapist</i> , 2(1), 22–33. https://doi.org/10.52982/lkj156	(Eryilmaz et al., 2022)
Bouncing Back: Resilient Human Factor Management	resilience, human factor management, high-risk environments, aviation safety, Balance Model	Christ, C., & Raisch, S. (2022). Bouncing Back: Resilient Human Factor Management. <i>The Global Psychotherapist</i> , 2(1), 34–40. https://doi.org/10.52982/lkj157	(Christ & Raisch, 2022)
Positive Psychotherapy as a Means of Research and Development of Emotional Intelligence in the Course of Individual's Life Fulfillment	emotional intelligence, positive psychotherapy, training, bodily sensation, emotional competence, mode of individual's life fulfillment	Karpenko, Y. (2022). Positive Psychotherapy as a Means of Research and Development of Emotional Intelligence in the Course of Individual's Life Fulfillment. <i>The Global Psychotherapist</i> , 2(1), 41–48. https://doi.org/10.52982/lkj158	(Karpenko, 2022)
Эмпирическая верификация концепции тренинга “диагностика и терапия отношений” в методе Позитивной психотерапии [Empirical Verification of the Training Concept “Diagnosis and Therapy of Relationships” in the Method of Positive Psychotherapy]	стадии взаимодействия, актуальные способности, игровая компетентность, флирт, позитивная психотерапия stages of interaction, actual capabilities, ludic competence, flirting, positive psychotherapy	Гордиенко-Митрофанова, И., & Гоголь, Д. (2022). Эмпирическая верификация концепции тренинга “диагностика и терапия отношений” в методе Позитивной психотерапии. <i>The Global Psychotherapist</i> , 2(1), 49–61. https://doi.org/10.52982/lkj159	(Гордиенко-Митрофанова & Гоголь, 2022)
Internal Resources of Personal Psychological Well-Being	psychological well-being, internal resources, inner orientation, actual capabilities, positive psychotherapy	Serdiuk, L. (2022). Internal Resources of Personal Psychological Well-Being. <i>The Global Psychotherapist</i> , 2(2), 17–23. https://doi.org/10.52982/lkj167	(Serdiuk, 2022)
Features of the Time Perspective of Students with Disabilities	time perspective, balanced time perspective, disabled	Kuprieieva, O. (2022). Features of the Time Perspective of Students with Disabilities. <i>The Global</i>	(Kuprieieva, 2022)

	students, self-attitude, self-efficacy, personal autonomy	<i>Psychotherapist</i> , 2(2), 24–31. https://doi.org/10.52982/lkj168	
The Profile of the Wiesbaden Scale for Positive Psychotherapy and Family Therapy 2.0 in 93 Polish Female Students of Psychotherapy	Wiesbaden Scale for Positive Psychotherapy and Family Therapy 2.0, students of psychotherapy, females, positive and transcultural psychotherapy, quantitative research	Zarek, A. (2023). The Profile of the Wiesbaden Scale for Positive Psychotherapy and Family Therapy 2.0 in 93 Polish Female Students of Psychotherapy. <i>The Global Psychotherapist</i> , 3(1), 7–14. https://doi.org/10.52982/lkj176	(Zarek, 2023)
The Method of Resolving Actual Conflict in Five Stages and with Five Capabilities Based on Positive Psychotherapy: The Trust-PHAL Method	actual conflict, five stages, trust-PHAL method, conflict resolution, positive psychotherapy	Eryilmaz, A. (2023). The Method of Resolving Actual Conflict in Five Stages and with Five Capabilities Based on Positive Psychotherapy: The Trust-PHAL Method. <i>The Global Psychotherapist</i> , 3(1), 15–24. https://doi.org/10.52982/lkj177	(Eryilmaz, 2023)
Need-adapted and Individualized Psychocardiological Intervention in Patients with Myocardial Infarction to Reduce Consequential Psychological Diseases	psychocardiology, myocardial infarction, depression, anxiety, Balance model, psychological comorbidity after myocardial infarction, positive psychotherapy	Fadljevic, M., Christ, C., Ehrlich, J. R., Raisch, S., & Herlitzius, E. (2023). Need-adapted and Individualized Psychocardiological Intervention in Patients with Myocardial Infarction to Reduce Consequential Psychological Diseases. <i>The Global Psychotherapist</i> , 3(1), 25–34. https://doi.org/10.52982/lkj178	(Fadljevic et al., 2023)
Systems of Reference for Personality Structure: Peseschkian & Zubiri on Systems of Reference	positive psychotherapy, structure, systems of reference, psychological experience	Cope, T. (2023). Systems of Reference for Personality Structure: Peseschkian & Zubiri on Systems of Reference. <i>The Global Psychotherapist</i> , 3(1), 35–49. https://doi.org/10.52982/lkj179	(Cope, 2023)
Examination of Impulsivity in Positive Psychotherapy Structures	impulsivity, positive psychotherapy, adolescents	Eryilmaz, A., & Batum, D. (2023). Examination of Impulsivity in Positive Psychotherapy Structures. <i>The Global Psychotherapist</i> , 3(2), 8–18. https://doi.org/10.52982/lkj194	(Eryilmaz & Batum, 2023)
Primary Capacities as a Predictor of Perceived Stress, Anxiety, and Depression in the Pandemic Crisis of Covid-19	structure of personality, stress, anxiety, depression, COVID-19, positive psychotherapy, primary capacities	Kirillov, I., Efremova, P., Dobiala, E., & Pleshakov, I. (2023). Primary Capacities as a Predictor of Perceived Stress, Anxiety, and Depression in the Pandemic Crisis of Covid-19. <i>The Global Psychotherapist</i> , 3(2), 19–29. https://doi.org/10.52982/lkj195	(Kirillov et al., 2023)

Correlates of the Wiesbaden Scale for Positive Psychotherapy and Family Therapy 2.0 in 93 Polish Female Students of Psychotherapy	positive psychotherapy, transcultural psychotherapy, Wiesbaden Scale for Positive Psychotherapy and Family Therapy 2.0, students of psychotherapy, females, quantitative research	Zarek, A. (2023). Correlates of the Wiesbaden Scale for Positive Psychotherapy and Family Therapy 2.0 in 93 Polish Female Students of Psychotherapy. <i>The Global Psychotherapist</i> , 3(2), 30–37. https://doi.org/10.52982/lkj196	(Zarek, 2023)
Client's personality structure as a guide to their attitude towards conflict	personality traits, personality typology, Big Five Factors model, conflict, Positive Psychotherapy	Yordanova-Karageorgieva, E. (2024). Client's personality structure as a guide to their attitude towards conflict. <i>The Global Psychotherapist</i> , 4(2), 10–22. http://doi.org/10.52982/lkj229	(Yordanova-Karageorgieva, 2024)
A journey to self-discovery: Assessing the 52-week rebirth program with Positive Psychotherapy	Positive Psychotherapy, self-help, balance model, capacity, capabilities	Eryilmaz, A. (2024). A journey to self-discovery: Assessing the 52-week rebirth program with Positive Psychotherapy. <i>The Global Psychotherapist</i> , 4(2), 23–36. http://doi.org/10.52982/lkj230	(Eryilmaz, 2024)
Investigation of the Relationship Between Parents' Primary and Secondary Capacities, and Students' Test Anxiety and Decision Making Styles	adolescent decision-making, test anxiety, primary capacities, secondary capacities, Positive Psychotherapy	TÜRKMEN, E. (2025). Investigation of the Relationship Between Parents' Primary and Secondary Capacities, and Students' Test Anxiety and Decision Making Styles. <i>The Global Psychotherapist</i> , 5(2), 8–18. http://doi.org/10.52982/lkj270	(Türkmen, 2025)
The Predictive Roles of Hope and Subjective Well-Being in Life Balance: Evidence from a Positive Psychotherapy Framework	hope, subjective well-being, life balance, Positive Psychotherapy, balance model	Demir, E. & Satıcı, S. A. (2026). The Predictive Roles of Hope and Subjective Well-Being in Life Balance: Evidence from a Positive Psychotherapy Framework. <i>The Global Psychotherapist</i> , 6(1), 11-19,. http://doi.org/10.52982/lkj286	(Demir & Satıcı, 2026)
The Application and Reflections of Positive Psychotherapy in Traditional Chinese Medicine Psychosomatic Clinics	somatization symptoms, Positive Psychotherapy, Yin-Yang and Five Elements theory, traditional Chinese Medicine	Lifang, H., Jialu, S. & Jialu, H. (2026). The Application and Reflections of Positive Psychotherapy in Traditional Chinese Medicine Psychosomatic Clinics. <i>The Global Psychotherapist</i> , 6(1), 20-27 http://doi.org/10.52982/lkj287	(Lifang, Jialu & Jialu, 2026)

The psychological well-being and resilience as mediators between balanced life and life satisfaction in the Peseschkian's Positive Psychotherapy balance	balanced life, life satisfaction, psychological well-being, Positive Psychotherapy, resilience	Aypay, A. & Kara, A. (2026). The psychological well-being and resilience as mediators between balanced life and life satisfaction in the Peseschkian's Positive Psychotherapy balance. <i>The Global Psychotherapist</i> , 6(2), 9-26 http://doi.org/10.52982/lkj310	(Aypay & Kara, 2026)
Between communication and avoidance: Sexuality as an actual capacity and a domain of professional resistance among psychotherapists	sexuality, sexual communication, resistance, Positive Psychotherapy, psychotherapist, well-being	Tyshchenko, M. (2026). Between communication and avoidance: Sexuality as an actual capacity and a domain of professional resistance among psychotherapists. <i>The Global Psychotherapist</i> , 6(2), 27-39 http://doi.org/10.52982/lkj311	(Tyshchenko, 2026)

Preliminary Studies in Positive Psychotherapy

Topic	Keywords	How to cite (APA style)	In-text citation
The Balance Model in Russian and Chinese Culture: Preliminary Study and Comparative Analysis	Positive Psychotherapy, Balance Model, Russia, China, transculturality	Ilina, T. S. (2021). The Balance Model in Russian and Chinese Culture: Preliminary Study and Comparative Analysis. <i>The Global Psychotherapist</i> , 1(1), 15–21. https://doi.org/10.52982/lkj136	(Ilina, 2021)
Preliminary Study of the “Separation Anxiety” Phenomenon Through the Eyes of the Method of Positive and Transcultural Psychotherapy	Positive Psychotherapy, separation anxiety, parent-child, current abilities	Drazheva, E. (2021). Preliminary Study of the “Separation Anxiety” Phenomenon Through the Eyes of the Method of Positive and Transcultural Psychotherapy. <i>The Global Psychotherapist</i> , 1(1), 22–26. https://doi.org/10.52982/lkj137	(Drazheva, 2021)
Развитие первичных способностей у дошкольников с помощью методов экологической арт-терапии (на примере коррекционной программы по	тревожность, детский возраст, первичные способности, арт-терапия, Позитивная Психотерапия	Бендь, Г. (2021). Развитие первичных способностей у дошкольников с помощью методов экологической арт-терапии (на примере коррекционной программы по снижению уровня тревожности). <i>The Global Psychotherapist</i> , 1(1), 27–33. https://doi.org/10.52982/lkj138	(Бендь, 2021)

снижению уровня тревожности)			
Family Dynamics in Psychotherapy in Adolescents with Anorexia	anorexia, family, adolescent, Positive Psychotherapy	Ivanova, V. (2021a). Family Dynamics in Psychotherapy in Adolescents with Anorexia. <i>The Global Psychotherapist</i> , 1(1), 34-38. https://doi.org/10.52982/lkj139	(Ivanova, 2021)
The Ability to Authentic Presence of the Therapist as a Method of Quality Follow Up the Effectiveness of Psychotherapy	effectiveness, authentic presence, Positive Psychotherapy	Ivanova, V. (2021b). The Ability to Authentic Presence of the Therapist as a Method of Quality Follow Up the Effectiveness of Psychotherapy. <i>The Global Psychotherapist</i> , 1(2), 36–40. https://doi.org/10.52982/lkj149	(Ivanova, 2021)
Early Diagnosis and Counseling in Adolescents With Subclinical Psychotic Symptoms	early psychosis, adolescent, positive psychotherapy, counselling	Ivanova, V. (2022). Early Diagnosis and Counseling in Adolescents With Subclinical Psychotic Symptoms. <i>The Global Psychotherapist</i> , 2(1), 62–68. https://doi.org/10.52982/lkj160	(Ivanova, 2022)
The Conceptual Framework of Interpersonal Conflict as Integration of 7C Playfulness and Positive Psychotherapy	interpersonal conflict, 7C playfulness, ludic positions, positive psychotherapy, key conflict, attitude	Gordiienko-Mytrofanova, I., Hohol, D., & Sauta, S. (2023). The Conceptual Framework of Interpersonal Conflict as Integration of 7C Playfulness and Positive Psychotherapy. <i>The Global Psychotherapist</i> , 3(1), 50–59. https://doi.org/10.52982/lkj180	(Gordiienko-Mytrofanova et al., 2023)
Approaches to Conflict in 5* Hospitality Industry in Greece Through a Positive Psychotherapy Perspective	positive psychotherapy, conflicts, hospitality	Prifti, A. O., & Hum, G. (2023). Approaches to Conflict in 5* Hospitality Industry in Greece Through a Positive Psychotherapy Perspective. <i>The Global Psychotherapist</i> , 3(1), 60–64. https://doi.org/10.52982/lkj181	(Prifti & Hum, 2023)
An Interdisciplinary and Multidisciplinary Approach Between Medical Education and Positive Transcultural Psychotherapy to Lead Suicide Prevention Strategy for Healthcare Students and Healthcare Workers	medical education, suicide, positive psychotherapy, mental wellbeing, prevention	Galli, F. (2023). An Interdisciplinary and Multidisciplinary Approach Between Medical Education and Positive Transcultural Psychotherapy to Lead Suicide Prevention Strategy for Healthcare Students and Healthcare Workers. <i>The Global Psychotherapist</i> , 3(2), 38–44. https://doi.org/10.52982/lkj197	(Galli, 2023)
Investigating the Effect of a Group Psychoeducation	positive psychotherapy,	Sari, T., Patır, D., & Bedir, M. (2024). Investigating the Effect of a Group Psychoeducation Program on Test	(Sari et al., 2024)

Program on Test Anxiety: Implementation of the Balance Model within the Context of Positive Psychotherapy	balance model, test anxiety	Anxiety: Implementation of the Balance Model within the Context of Positive Psychotherapy. <i>The Global Psychotherapist</i> , 4(1), 9–18. https://doi.org/10.52982/lkj212	
Assessment of Basic Benefits of Positive and Transcultural Psychotherapy in Working with a Group of Multicultural Students	student group, multicultural, adaptation, positive psychotherapy, therapeutic process	Cesco, E. (2024). Assessment of Basic Benefits of Positive and Transcultural Psychotherapy in Working with a Group of Multicultural Students. <i>The Global Psychotherapist</i> , 4(1), 19–23. https://doi.org/10.52982/lkj213	(Cesco, 2024)
Study on the Ways of Accepting and Coping with the Endometriosis Diagnosis	positive psychotherapy, endometriosis, woman, support, diagnosis	Drazheva, E., & Stamova, S. (2024). Study on the Ways of Accepting and Coping with the Endometriosis Diagnosis. <i>The Global Psychotherapist</i> , 4(1), 24–32. https://doi.org/10.52982/lkj214	(Drazheva & Stamova, 2024)
The Effect of Positive Psychotherapy-Based Resilience Program on Resilience in Nurses: A Study Protocol	resilience, nurse, positive psychotherapy	Öner, S., Karaca, A., & Şişman, N. Y., (2024). The Effect of Positive Psychotherapy-Based Resilience Program on Resilience in Nurses: A Study Protocol. <i>The Global Psychotherapist</i> , 4(1), 33–42. https://doi.org/10.52982/lkj215	(Öner et al., 2024)
Resilience of Psychotherapists through the Lens of The Primary Capacities of Nossrat Peseschkian's Positive Psychotherapy	primary capacities, resilience, well-being, positive psychotherapy	Ntarla, I., & Hum, G. (2024). Resilience of Psychotherapists through the Lens of The Primary Capacities of Nossrat Peseschkian's Positive Psychotherapy. <i>The Global Psychotherapist</i> , 4(1), 43–55. https://doi.org/10.52982/lkj216	(Ntarla & Hum, 2024)
Specific features of Ukrainian military personnel resilience and its relationship with Actual Capacities	resilience; personal resources, mental health, military, Positive Psychotherapy	Chykhantzova, O., & Denchyk, A. (2024). Specific features of Ukrainian military personnel resilience and its relationship with Actual Capacities. <i>The Global Psychotherapist</i> , 4(2), 37–48. http://doi.org/10.52982/lkj231	(Chykhantzova & Denchyk, 2024)
Реакции на конфликты у женщин с алкогольной зависимостью [Reactions of processing conflicts in women with alcohol addiction]	алкогольная зависимость, женский алкоголизм, модель баланса, сферы переработки конфликтов,	Абрахманова, Э. [Abdrakhmanova, E. E.] (2024). Реакции на конфликты у женщин с алкогольной зависимостью [Reactions of processing conflicts in women with alcohol addiction]. <i>The Global Psychotherapist</i> , 4(2), 49–56. http://doi.org/10.52982/lkj232	(Абрахманова, 2024) (Abdrakhmanova, 2024)

	ПОЗИТИВНАЯ психотерапия alcohol addiction, female alcoholism, balance model, areas of conflict processing, Positive Psychotherapy		
Examining the opinions of senior university students and their actual clients regarding the supervision of practice-based course structured on the Balance model of Positive Psychotherapy	supervision, psychological counseling, Balance model, Positive Psychotherapy	Özbey Duygu, E. (2025). Examining the opinions of senior university students and their actual clients regarding the supervision of practice-based course structured on the Balance model of Positive Psychotherapy. <i>The Global Psychotherapist</i>, 5(1), 8-18. http://doi.org/10.52982/lkj254	(Özbey Duygu, 2025)
Moral development in preschool children according to Kohlberg's stages: A revised analysis from the perspective of Positive Psychotherapy	moral development, preschool, children, Positive Psychotherapy	Cesko, E. (2025). Moral development in preschool children according to Kohlberg's stages: A revised analysis from the perspective of Positive Psychotherapy. <i>The Global Psychotherapist</i>, 5(1), 19-23. http://doi.org/10.52982/lkj255	(Cesko, 2025)
Positive Psychotherapy-Based Family Education Program for Parents of Children Aged 0-6: Development and Application	Positive Psychotherapy, family education, attachment-based parenting, Balance Model, parenting skills, self-regulation	Ozberk, E. B. (2025). Positive Psychotherapy-Based Family Education Program for Parents of Children Aged 0-6: Development and Application. <i>The Global Psychotherapist</i>, 5(2), 19-25. http://doi.org/10.52982/lkj271	(Ozberk, 2025)
Balancing Structure and Creativity: Introducing the Multisensory Balance Model	Multisensory Balance Model, psychotherapy tools, capacities, Positive Psychotherapy	Nowak, A. & Myślicka-Tomaszewska, K. (2025). Balancing Structure and Creativity: Introducing the Multisensory Balance Model. <i>The Global Psychotherapist</i>, 5(2), 26-33. http://doi.org/10.52982/lkj272	(Nowak & Myślicka-Tomaszewska, 2025)
Introduction to Evidence-Based Positive Psychotherapy	Positive Psychotherapy, schema therapy, resource, deficit,	Arabadzhiev, Z., Kostadinov, K., Stoyanova, K., Velchev, V., Cherneva, M., & Tomcheva, S. (2026). Introduction to Evidence-Based Positive Psychotherapy.	(Arabadzhiev, Kostadinov, Stoyanova, Velchev,

	integrative approach	<i>The Global Psychotherapist</i> , 6(1), 28-38 http://doi.org/10.52982/lkj288	Cherneva, & Tomcheva, 2026)
Honesty and Courtesy in Communication: A Phenomenological Study with Turkish Young Adults	directness, honesty, courtesy, key conflict, phenomenological study, Positive Psychotherapy	Karakurt, Y. & Sari, T. (2026). Honesty and Courtesy in Communication: A Phenomenological Study with Turkish Young Adults. <i>The Global Psychotherapist</i> , 6(1), 39-51 http://doi.org/10.52982/lkj289	(Karakurt & Sari, 2026)
Psychological Support for Ukrainian Veterans Through the Method of Positive Psychotherapy	Positive Psychotherapy, actual capacities, balance model, resilience, posttraumatic growth, Ukrainian veterans	Ihnatovych, O. (2026). Psychological Support for Ukrainian Veterans Through the Method of Positive Psychotherapy. <i>The Global Psychotherapist</i> , 6(1), 52-60 http://doi.org/10.52982/lkj290	(Ihnatovych, 2026)
The Relationship Between Marital Satisfaction and Attachment Styles, Actual Capacity, and Model Dimensions in Positive Psychotherapy	attachment styles, WIPPF, marital satisfaction, married individuals, Positive Psychotherapy	Kaya Isayev, F. (2026). The Relationship Between Marital Satisfaction and Attachment Styles, Actual Capacity, and Model Dimensions in Positive Psychotherapy. <i>The Global Psychotherapist</i> , 6(1), 61-67 http://doi.org/10.52982/lkj291	(Kaya Isayev, 2026)
Primary and Secondary Capacities in Different Generations of the Greek Population	Positive Psychotherapy, primary capacities, secondary capacities, X, Y, Z generations	Flaka, A., & Hum, G. (2026). Primary and Secondary Capacities in Different Generations of the Greek Population. <i>The Global Psychotherapist</i> , 6(1), 68-75 http://doi.org/10.52982/lkj292	(Flaka & Hum, 2026)
A Preliminary Study on the Effects of a Group Psychoeducation Program Incorporating Concepts of Positive Psychotherapy on Patients with Diabetes Mellitus	Diabetes Mellitus (DM), Positive Psychotherapy, psychoeducation	Geylan Gürdal, S. & Tansel, E. (2026). A Preliminary Study on the Effects of a Group Psychoeducation Program Incorporating Concepts of Positive Psychotherapy on Patients with Diabetes Mellitus. <i>The Global Psychotherapist</i> , 6(1), 76-82 http://doi.org/10.52982/lkj293	(Geylan Gürdal & Tansel, 2026)
Інтегративна модель екзистенційного вибору та адаптації на засадах Транскультуральної Позитивної	позитивна психотерапія, транскультуральний підхід, екзистенційний вибір, посттравматичне зростання, травма війни	Gordiienko-Mytrofanova, I., Bondarenko, N., Dokunina, O., Sukhan, V., & Krasnylnikova, Y. (2026). Intehrattyvna model ekzystentsiinoho vyboru ta adaptatsii na zasadakh transkulturnoi pozytyvnoi psykhoterapii N. Peseshkiana (Kharkivskiy keis) [An integrative model of existential choice and adaptation within N. Peseschkian's	(Gordiienko-Mytrofanova, Bondarenko, Dokunina, Sukhan, & Krasnylnikova, 2026)

психотерапії Н. Пезешкіана (Харківський кейс)[An Integrative Model of Existential Choice and Adaptation Within N. Peseschkian's Transcultural Positive Psychotherapy (Kharkiv Case)]	[Positive Psychotherapy, transcultural approach, existential choice, posttraumatic growth, war trauma]	<i>transcultural Positive Psychotherapy (Kharkiv case)]. The Global Psychotherapist, 6(1), 83–105.</i> https://doi.org/10.52982/lkj294	
Використання технік Позитивної психотерапії (ППТ) у роботі з психоемоційними станами жінок, які перебувають в складних життєвих обставинах [Use of Positive Psychotherapy (PPT) Techniques in Working with the Psycho-Emotional States of Women Who are in Difficult Life Circumstances]	психоемоційний стан, складні життєві обставини, позитивна психотерапія, тривожність, стрес [psychoemotional state, difficult life circumstances, Positive Psychotherapy, anxiety, stress]	Nadzi, A. (2026). Vykorystannia tekhnik pozytyvnoi psykhoterapii (PPT) u roboti z psykhoemotsiinymy stanamy zhinok, yaki perebuvaiut u skladnykh zhyttievkykh obstavynakh <i>[Use of Positive Psychotherapy (PPT) techniques in working with the psycho-emotional states of women in difficult life circumstances]</i> . <i>The Global Psychotherapist, 6(1), 106–113.</i> https://doi.org/10.52982/lkj295	(Nadzi, 2026)

Theoretical reviews and research in Positive Psychotherapy

Topic	Keywords	How to cite (APA style)	In-text citation
The therapeutic process in positive psychosomatics: 'Five fingers' forming a therapeutic relationship in psychosomatic medicine	therapeutic process, positive psychosomatics, Positive Psychotherapy, therapeutic alliance, five fingers of therapy	Remmers, A. (2024). The therapeutic process in positive psychosomatics: 'Five fingers' forming a therapeutic relationship in psychosomatic medicine. <i>The Global Psychotherapist, 4(2), 57–61.</i> http://doi.org/10.52982/lkj233	(Remmers, 2024)
Working with transgenerational trauma in Positive and Transcultural Psychotherapy	trauma, transgenerational trauma, family system, basic conflict, basic	Lytvynenko, O. & Tereshchenko, O. (2024). Working with transgenerational trauma in Positive and Transcultural Psychotherapy. <i>The Global Psychotherapist, 4(2), 62–67.</i>	(Lytvynenko & Tereshchenko, 2024)

	transgenerational conflict, Positive Psychotherapy	http://doi.org/10.52982/lkj234	
Primary capacities of Contact and Pleasure	Positive Psychotherapy, operationalisation, primary capacities, contact, pleasure	Kirillov, I. (2024). Primary capacities of Contact and Pleasure. <i>The Global Psychotherapist</i> , 4(2), 68–84. http://doi.org/10.52982/lkj235	(Kirillov, 2024)
Bridging the gap: The case for specialized therapy in women's health and Positive Psychotherapy	women's mental health, gender-sensitive psychotherapy, Positive Psychotherapy	Drazheva, E. & Stamova, S. (2024). Bridging the gap: The case for specialized therapy in women's health and Positive Psychotherapy. <i>The Global Psychotherapist</i> , 4(2), 85–92. http://doi.org/10.52982/lkj236	(Drazheva & Stamova, 2024)
Methodological bases of integration of Positive Psychotherapy with modern directions of psychotherapeutic assistance	Positive Psychotherapy, integral psychotherapy, mindfulness, octoflex model, stages of psychotherapy	Demyanenko, B. & Uninets, I. (2024). Methodological bases of integration of Positive Psychotherapy with modern directions of psychotherapeutic assistance. <i>The Global Psychotherapist</i> , 4(2), 93–107. http://doi.org/10.52982/lkj237	(Demyanenko, & Uninets, 2024)
Primary capacities of Love and Care	Positive Psychotherapy, operationalization, primary capacities, love, care	Kirillov, I. (2025). Primary capacities of Love and Care. <i>The Global Psychotherapist</i> , 5(1), 24-37. http://doi.org/10.52982/lkj256	(Kirillov, 2025)
The intellectualization of multiculturalism: Implications for Positive Psychotherapy	Positive Psychotherapy, multiculturalism, diversity, equity, inclusion, and accessibility (DEIA), capacity to love and know, cross-cultural counseling	Marseille, A. R. (2025). The intellectualization of multiculturalism: Implications for Positive Psychotherapy. <i>The Global Psychotherapist</i> , 5(1), 38-48. http://doi.org/10.52982/lkj257	(Marseille, 2025)
Dissociation: understanding the dynamics of primary and secondary capacities	dissociation, trauma, Positive Psychotherapy, primary and secondary capacities, selfintegration	Mateescu, V. M. (2025). Dissociation: understanding the dynamics of primary and secondary capacities. <i>The Global Psychotherapist</i> , 5(1), 49-58. http://doi.org/10.52982/lkj258	(Mateescu, 2025)
Psychodynamics of transference and countertransference in the psychotherapy with sexual trauma	transference, countertransference, sexual trauma, Positive Psychotherapy	Tyshchenko, M. (2025). Psychodynamics of transference and countertransference in the psychotherapy with sexual trauma. <i>The Global Psychotherapist</i> , 5(1), 59-68. http://doi.org/10.52982/lkj259	(Tyshchenko, 2025)

Psychosynthesis in Positive Psychotherapy	integrative approach, psychosynthesis, Positive Psychotherapy	Arabadzhiev, Z., Tomcheva, S. (2025). Psychosynthesis in Positive Psychotherapy. <i>The Global Psychotherapist</i> , 5(1), 69-80. http://doi.org/10.52982/lkj260	(Arabadzhiev & Tomcheva, 2025)
Primary Capacities of Time and Trust	Positive Psychotherapy, operationalization, primary capacities, time, trust	Kirillov, I. (2025). Primary Capacities of Time and Trust. <i>The Global Psychotherapist</i> , 5(2), 34-48. http://doi.org/10.52982/lkj273	(Kirillov, 2025)
Depression as a Meaningful Meaninglessness	depression, meaning, conflict, positive interpretation, function, Positive Psychotherapy	Sergeeva, M. V. (2025). Depression as a Meaningful Meaninglessness. <i>The Global Psychotherapist</i> , 5(2), 49-53. http://doi.org/10.52982/lkj274	(Sergeeva, 2025)
Primary Capacities of Meaning and Ideal	Positive Psychotherapy, operationalisation, primary capacities, ideal, pleasure	Kirillov, I. (2026). Primary Capacities of Meaning and Ideal. <i>The Global Psychotherapist</i> , 6(1), 114-129 http://doi.org/10.52982/lkj296	(Kirillov, 2026)
Positive and Transcultural Psychotherapy as an Integrative Approach	Positive Psychotherapy, integration in psychotherapy, integrative psychotherapy, models of integration in psychotherapy, assimilative integration	Ciesielski, R. (2026). Positive and Transcultural Psychotherapy as an Integrative Approach. <i>The Global Psychotherapist</i> , 6(1), 130-141 http://doi.org/10.52982/lkj297	(Ciesielski, 2026)
Elderly Well-being in the Framework of Balance and Relational Dimensions	ageing, interdisciplinary care, elderly care, engagement, transcultural psychotherapy, Positive Psychotherapy	Farnicka, M. (2026). Elderly Well-being in the Framework of Balance and Relational Dimensions. <i>The Global Psychotherapist</i> , 6(1), 142-148 http://doi.org/10.52982/lkj298	(Farnicka, 2026)
The effect of a Positive Psychotherapy-based peer politeness psychoeducation program on	Positive Psychotherapy, peer politeness, psychoeducation, bullying, conflict resolution skills	Evci, E., Eryilmaz, A., Yavuzay, M. & Cin Akbalı, T. (2026). The effect of a Positive Psychotherapy-based peer politeness psychoeducation program on bullying tendencies and conflict resolution skills: A pilot study. <i>The Global Psychotherapist</i> , 6(2), 40-49 http://doi.org/10.52982/lkj312	(Evci, Eryilmaz, Yavuzay, & Cin Akbalı, 2026)

bullying tendencies and conflict resolution skills: A pilot study			
Positive Psychotherapy in a war context: transcultural dimensions of resilience and meaning reconstruction in Ukrainian veterans	Positive Psychotherapy, transcultural psychotherapy, resilience, meaning reconstruction, Ukrainian veterans model	Ihnatovych, O. (2026). Positive Psychotherapy in a war context: transcultural dimensions of resilience and meaning reconstruction in Ukrainian veterans. <i>The Global Psychotherapist</i> , 6(2), 50-59 http://doi.org/10.52982/lkj313	(Ihnatovych, 2026)
A pilot study on the conceptualization of early maladaptive schemas and their therapy through actual capabilities	schema therapy, Positive Psychotherapy, integrative approach, actual capabilities	Arabadzhiev, Z. & Tomcheva, S. (2026). A pilot study on the conceptualization of early maladaptive schemas and their therapy through actual capabilities. <i>The Global Psychotherapist</i> , 6(2), 60-76 http://doi.org/10.52982/lkj314	(Arabadzhiev & Tomcheva, 2026)
Resilience and psychological well-being of Ukrainians in wartime: Associations with actual capabilities in Positive Psychotherapy	personal resources, resource-oriented approach, actual capabilities, coping patterns, stress adaptation, Positive Psychotherapy	Chykhantsova, O. & Kopyl, V. (2026). Resilience and psychological well-being of Ukrainians in wartime: Associations with actual capabilities in Positive Psychotherapy. <i>The Global Psychotherapist</i> , 6(2), 77-90 http://doi.org/10.52982/lkj315	(Chykhantsova & Kopyl, 2026)
Integrating canine-assisted therapy elements in resource-oriented Positive Psychotherapy sessions for individuals affected by war	Positive Psychotherapy, canine-assisted therapy, psycho-emotional state, resource-oriented group interventionists	Ivanets, T. (2026). Integrating canine-assisted therapy elements in resource-oriented Positive Psychotherapy sessions for individuals affected by war. <i>The Global Psychotherapist</i> , 6(2), 91-99 http://doi.org/10.52982/lkj316	(Ivanets, 2026)
Coping strategies as predictors of stress resilience in adolescents: An empirical study in the	Positive Psychotherapy, stress resistance, coping strategies, predictors, adolescence,	Zakharina, O. & Zakharina, M. (2026). Coping strategies as predictors of stress resilience in adolescents: An empirical study in the context of Positive Psychotherapy. <i>The Global</i>	(Zakharina & Zakharina, 2026)

context of Positive Psychotherapy	psychological adaptation	Psychotherapist, 6(2), 100-109 http://doi.org/10.52982/lkj317	
An analysis of primary and secondary capabilities in Positive and Transcultural Psychotherapy from the perspective of traditional Chinese medical theory	Positive Psychotherapy, transcultural psychotherapy, Traditional Chinese Medicine, inborn and acquired essence, actual capabilities	Guodong, S. & Hui, C. (2026). An analysis of primary and secondary capabilities in Positive and Transcultural Psychotherapy from the perspective of traditional Chinese medical theory. The Global Psychotherapist, 6(2), 110-115 http://doi.org/10.52982/lkj318	(Guodong & Hui, 2026)
Artificial Intelligence in Positive and Transcultural Psychotherapy: A cross-cultural qualitative exploration from India, Bulgaria, Poland, and Ethiopia	artificial intelligence, Positive Psychotherapy, cross-cultural field report, conceptual mapping, digital mental health	Dobiała, E., Rajeswari, L., Katcheva, T., Kazashka, K., Marquardt, K., Archacki, M., Kołodziejczyk, M., Matuszczyk, M. & Abebe Woldemariam, S. (2026). Artificial Intelligence in Positive and Transcultural Psychotherapy: A cross-cultural qualitative exploration from India, Bulgaria, Poland, and Ethiopia. The Global Psychotherapist, 6(2), 116-132 http://doi.org/10.52982/lkj319	(Dobiała, Rajeswari, Katcheva, Kazashka, Marquardt, Archacki, Kołodziejczyk, Matuszczyk & Abebe Woldemariam, 2026)
From thought to tool: Four ways of knowing	ways of knowing, senses, reason, tradition, intuition, Positive Psychotherapy, Nossrat Peseschkian, questionnaire, competent judges	Jaźwińska-Chren, A. (2026). From thought to tool: Four ways of knowing. The Global Psychotherapist, 6(2), 133-140 http://doi.org/10.52982/lkj320	(Jaźwińska-Chren, 2026)
The unnamed role: Linguistic and psychological aspects of the bereaved parent through the lens of Positive Psychotherapy	bereavement, loss of a child, lexical gap, Positive Psychotherapy, meaning-making	Dacheva, A. & Boyadzhieva, A. (2026). The unnamed role: Linguistic and psychological aspects of the bereaved parent through the lens of Positive Psychotherapy. The Global Psychotherapist, 6(2), 141-147 http://doi.org/10.52982/lkj321	(Dacheva & Boyadzhieva, 2026)
Interpersonal differentiation through eight capabilities and five stages with Positive Psychotherapy: The CHAPTER-Hope Model	Positive Psychotherapy, interpersonal differentiation, model	Eryilmaz, A. (2026). Interpersonal differentiation through eight capabilities and five stages with Positive Psychotherapy: The CHAPTER-Hope Model. The Global Psychotherapist, 6(2), 148-157 http://doi.org/10.52982/lkj322	(Eryilmaz, 2026)

Grief beyond bereavement: Positive and Transcultural Psychotherapy as an integrative conceptual framework for understanding loss	loss, grief, Positive Psychotherapy Comments are closed.	Wyszadko, A. (2026). Grief beyond bereavement: Positive and Transcultural Psychotherapy as an integrative conceptual framework for understanding loss. <i>The Global Psychotherapist</i> , 6(2), 158-166 http://doi.org/10.52982/lkj323	(Wyszadko, 2026)
Key Conflict classification: Insights from traditional Chinese culture	key conflict, balanced type, ambivalent type, Positive Psychotherapy	Dong, H. & Deng, J. (2026). Key Conflict classification: Insights from traditional Chinese culture. <i>The Global Psychotherapist</i> , 6(2), 167-177 http://doi.org/10.52982/lkj324	(Dong & Deng, 2026)

Modern PPT practice

Topic	Keywords	How to cite (APA style)	In-text citation
The Psychosomatic Arc in Therapy	psychosomatic arc, positive psychosomatic, positive psychotherapy, psychosomatic disorders, visualization in psychosomatic treatment	Remmers, A. (2022). The Psychosomatic Arc in Therapy. <i>The Global Psychotherapist</i> , 2(1), 69–73. https://doi.org/10.52982/lkj161	(Remmers, 2022)
An Integrative Approach to Dealing with Bereavements	grief, grief work bereavement, positive psychotherapy, restoration	Zhumatii, T. (2022). An Integrative Approach to Dealing with Bereavements. <i>The Global Psychotherapist</i> , 2(1), 74–80. https://doi.org/10.52982/lkj162	(Zhumatii, 2022)
Mirror, Mirror on the Wall, Tell Me... Finding the Positum Through the Missing and the Reflections	Positive psychotherapy, positum, reflection, contact, differentiation	Bencheva, G. (2022). Mirror, Mirror on the Wall, Tell Me. . . Finding the Positum Through the Missing and the Reflections. <i>The Global Psychotherapist</i> , 2(1), 81–87. https://doi.org/10.52982/lkj163	(Bencheva, 2022)
Psychosocial Transcultural Games as Tools in Group Counselling, Therapy and Training for Dealing with Crisis and Trauma from War, Armed Conflict, and Forced Displacement	war, trauma, psychosocial transcultural game, group therapy, positive psychotherapy	Parruca, E. (2022). Psychosocial Transcultural Games as Tools in Group Counselling, Therapy and Training for Dealing with Crisis and Trauma from War, Armed Conflict, and Forced Displacement. <i>The Global Psychotherapist</i> , 2(2), 32–41. https://doi.org/10.52982/lkj169	(Parruca, 2022)

Развитие осознанной стрессоустойчивости по модели баланса: интеграция психотерапевтических методов	позитивная психотерапия, телесно-ориентированная психотерапия, модель баланса, осознанная стрессоустойчивость, заземление	Гордиенко-Митрофанова, И., & Гоголь, Д. Б. (2022). Развитие осознанной стрессоустойчивости по модели баланса: интеграция психотерапевтических методов. <i>The Global Psychotherapist</i> , 2(2), 42–55. https://doi.org/10.52982/lkj170	(Гордиенко-Митрофанова & Гоголь, 2022)
Questionnaire about Adherence and Hidden Conflicts in Pharmacotherapy Based on Main Principles of Positive and Transcultural Psychotherapy	adherence, hidden conflicts, pharmacotherapy, positive and transcultural psychotherapy, questionnaire	Roeder, F. (2022). Questionnaire about Adherence and Hidden Conflicts in Pharmacotherapy Based on Main Principles of Positive and Transcultural Psychotherapy. <i>The Global Psychotherapist</i> , 2(2), 72–76. https://doi.org/10.52982/lkj174	(Roeder, 2022)
How Do Traditional Stories Work in the Process of Solving Unconscious, Interpersonal and Cultural Conflict? A Contribution to Narrative Ethics	narrative therapy, narrative ethic, stories in psychotherapy, positive psychotherapy, transcultural	Remmers, A. (2022). How Do Traditional Stories Work in the Process of Solving Unconscious, Interpersonal and Cultural Conflict? A Contribution to Narrative Ethics. <i>The Global Psychotherapist</i> , 2(2), 77–85. https://doi.org/10.52982/lkj175	(Remmers, 2022)
The Possibilities OF Transcultural Positive Psychotherapy in Supporting the Development of Post-Traumatic Growth (PTG)	trauma, posttraumatic growth (PTG), positum, resilience implications for practice, positive psychotherapy	Badecka, P. (2023). The Possibilities OF Transcultural Positive Psychotherapy in Supporting the Development of Post-Traumatic Growth (PTG). <i>The Global Psychotherapist</i> , 3(1), 98–103. https://doi.org/10.52982/lkj187	(Badecka, 2023)
Four Aspects of the Quality of Life, the Balance Model and Sexual Disorder	Balance model, quality of life, sexuality, body psychotherapy, positive psychotherapy, sexual disorders	Cesko, E. (2023). Four Aspects of the Quality of Life, the Balance Model and Sexual Disorders. <i>The Global Psychotherapist</i> , 3(1), 104–114. https://doi.org/10.52982/lkj188	(Cesko, 2023)
Саморазрушающ ее и самоповреждающ ее поведение. Взгляд позитивной траскультуральн ой психотерапии	позитивная психотерапия, саморазрушающ ее поведение, самоповреждающ ее поведение, суицидальное поведение	Докунова, Е. (2023). Саморазрушающее и самоповреждающее поведение. Взгляд позитивной траскультуральной психотерапии. <i>The Global Psychotherapist</i> , 3(1), 105–120. https://doi.org/10.52982/lkj189	(Докунова, 2023)

Seven Tales from the Clinical Child Psychologist	fairy tales, child psychiatry, positive and transcultural psychotherapy, archetypes	Ivanova, V. (2023). Seven Tales from the Clinical Child Psychologist. <i>The Global Psychotherapist</i> , 3(1), 121–125. https://doi.org/10.52982/lkj190	(Ivanova, 2023)
Evaluation Criteria for Psychosomatic Practice	psychosomatic health, personality structure, psychotherapy, stress, diagnostic criteria for psychosomatic practice, positive psychotherapy	Kirillov, I. (2023). Evaluation Criteria for Psychosomatic Practice. <i>The Global Psychotherapist</i> , 3(2), 57–69. https://doi.org/10.52982/lkj199	(Kirillov, 2023)
Attachment, Trauma, and Ways to Inner Confidence in Positive Psychodynamic Therapy	traumatic experience, stabilization, therapeutic alliance, despair, attachment, positive psychotherapy	Remmers, A. (2023). Attachment, Trauma, and Ways to Inner Confidence in Positive Psychodynamic Therapy. <i>The Global Psychotherapist</i> , 3(2), 70–75. https://doi.org/10.52982/lkj200	(Remmers, 2023)
Operationalizing and Visualizing Psychodynamics in Positive Psychotherapy (PPT)	positive psychotherapy, psychodynamics, conflict model, traditional Chinese medicine, inner conflict	Werringloer, R. (2023). Operationalizing and Visualizing Psychodynamics in Positive Psychotherapy (PPT). <i>The Global Psychotherapist</i> , 3(2), 76–88. https://doi.org/10.52982/lkj201	(Werringloer, 2023)
Application of VR-Technology Methods in Psychology and Psychotherapy	virtual reality, psychotherapy, positive psychotherapy, emotional states, VR technologies, psychophysiological states, psychosomatics, phobias, fears	Olenichenko, I. (2023). Application of VR-Technology Methods in Psychology and Psychotherapy. <i>The Global Psychotherapist</i> , 3(2), 89–95. https://doi.org/10.52982/lkj202	(Olenichenko, 2023)
Positive Psychotherapy and Art	positive psychotherapy, receptive art therapy, art psychology, neuroesthetics, Nossrat Peseschkian	Franzen, G. (2023). Positive Psychotherapy and Art. <i>The Global Psychotherapist</i> , 3(2), 96–108. https://doi.org/10.52982/lkj203	(Franzen, 2023)
Resource-Oriented Work With	trauma, positive psychotherapy, balance model	Werner, B. (2024). Resource-Oriented Work With Traumatized Patients. <i>The</i>	(Werner, 2024)

Traumatized Patients		<i>Global Psychotherapist</i> , 4(1), 56–59. https://doi.org/10.52982/lkj217	
Emotions in Positum	emotions, stress, positive psychotherapy, psychosomatic	Kirillov, I. (2024). Emotions in Positum. <i>The Global Psychotherapist</i> , 4(1), 60–72. https://doi.org/10.52982/lkj218	(Kirillov, 2024)
Family Therapy as a Dynamic Balance of Action and Inaction. To Act or Not to Act – Dilemmas in Family Therapy	attachment, trauma, positive psychotherapy, psychodynamic therapy, ethical dilemmas, family therapy	Remmers, A. (2024). Family therapy as a dynamic balance of action and inaction. To act or not to act – Dilemmas in family therapy. <i>The Global Psychotherapist</i> , 4(1), 73–80. https://doi.org/10.52982/lkj219	(Remmers, 2024)
Positive Psychotherapy to Support Medical Student Education	positive psychotherapy, medical communication, psychosomatics	Ivanova, V. (2024). Positive psychotherapy to support medical student education. <i>The Global Psychotherapist</i> , 4(1), 81–84. https://doi.org/10.52982/lkj220	(Ivanova, 2024)
The Use of Projective Methods in Positive Psychotherapy while Working with Clients with Psychosomatic Disorders	positive psychotherapy, psychosomatics, projective methods, balance model, metaphorical maps	Olenichenko, I. (2024). The Use of Projective Methods in Positive Psychotherapy while Working with Clients with Psychosomatic Disorders. <i>The Global Psychotherapist</i> , 4(1), 85–90. https://doi.org/10.52982/lkj221	(Olenichenko, 2024)
Perspectives of Applying Principles and Methods of Positive and Transcultural Psychotherapy in Organizations	occupational health, organizational psychology, professional environment, transcultural approach, positive psychotherapy	Serova, I. A. (2024). Perspectives of Applying Principles and Methods of Positive and Transcultural Psychotherapy in Organizations. <i>The Global Psychotherapist</i> , 4(1), 91–99. https://doi.org/10.52982/lkj222	(Serova, 2024)
Conceptualization of depressive disorders and their treatment in Positive and Transcultural Psychotherapy (Part 1)	etiology of depression, symptomatology of depression, balance model, psychodynamic conflicts in depression, Positive Psychotherapy	Ciesielski, R. (2024). Conceptualization of depressive disorders and their treatment in Positive and Transcultural Psychotherapy (Part 1). <i>The Global Psychotherapist</i> , 4(2), 108–116. http://doi.org/10.52982/lkj238	(Ciesielski, 2024)
Where Positive Psychotherapy approximates Body psychotherapy	Positive Psychotherapy, body psychotherapy, psychodynamic,	Cesko, E. (2024). Where Positive Psychotherapy approximates Body psychotherapy. <i>The Global Psychotherapist</i> , 4(2), 117–128. http://doi.org/10.52982/lkj239	(Cesko, 2024)

	humanistic, integrative		
The possibilities of Positive Psychotherapy to help children with autism (ASD) and their families	Positive Psychotherapy, autism, family	Ivanova, V. (2024). The possibilities of Positive Psychotherapy to help children with autism (ASD) and their families. <i>The Global Psychotherapist</i> , 4(2), 129–132. http://doi.org/10.52982/lkj240	(Ivanova, 2024)
Как психолог может помочь родителям, которые хотят отказаться от жестких методов воспитания детей [How a psychologist can help parents who want to give up harsh child-rearing methods]	родители, воспитание детей, первичное интервью, позитивная психотерапия, пятиступенчатая модель родители, воспитание детей, первичное интервью, позитивная психотерапия, пятиступенчатая модель	Бондарева, М. [Bondareva, M.] (2024). Как психолог может помочь родителям, которые хотят отказаться от жестких методов воспитания детей [How a psychologist can help parents who want to give up harsh child-rearing methods]. <i>The Global Psychotherapist</i> , 4(2), 133-139. http://doi.org/10.52982/lkj241	(Бондарева, 2024) (Bondareva, 2024)
Знакомство с моделью Баланса в Позитивной психотерапии с помощью ЭМОкарты [Exploring the Balance model in Positive Psychotherapy through EMOcard]	позитивная психотерапия, запрос, модель баланса, графическая визуализация, телесные практики Positive Psychotherapy, problem, balance model, graphic visualization, body practices	Гордиенко-Митрофанова, И. [Gordiienko-Mytروفanova, I.] (2024). Знакомство с моделью Баланса в Позитивной психотерапии с помощью ЭМОкарты [Exploring the Balance model in Positive Psychotherapy through EMOcard]. <i>The Global Psychotherapist</i> , 4(2), 140-147. http://doi.org/10.52982/lkj242	(Гордиенко-Митрофанова, 2024) (Gordiienko-Mytروفanova, 2024)
Typology of the family system and conflict dynamics viewed through the experiences of the child	Positive Psychotherapy, family psychotherapy, child and adolescent psychotherapy, family typology	Yordanova-Karageorgieva, Y., Chalakova, B. (2025). Typology of the family system and conflict dynamics viewed through the experiences of the child. <i>The Global Psychotherapist</i> , 5(1), 81-89. http://doi.org/10.52982/lkj261	(Yordanova-Karageorgieva & Chalakova, 2025)

Conceptualization of depressive disorders and their treatment in Positive and Transcultural Psychotherapy	psychotherapy of depression, therapeutic relationship, psychodynamic conflicts in depression, differential analysis, Positive Psychotherapy	Ciesielski, R. (2025). Conceptualization of depressive disorders and their treatment in Positive and Transcultural Psychotherapy (Part 2). <i>The Global Psychotherapist</i> , 5(1), 90-100. http://doi.org/10.52982/lkj262	(Ciesielski, 2025)
Positive Psychotherapy in action: the "DYNAMICS" method for formulating basic conflicts	Positive Psychotherapy, conflict formulation, basic conflict, dynamics	Eryilmaz, A. (2025). Positive Psychotherapy in action: the "DYNAMICS" method for formulating basic conflicts. <i>The Global Psychotherapist</i> , 5(1), 101-114. http://doi.org/10.52982/lkj263	(Eryilmaz, 2025)
The REFLECTS Method: A Systematic and Comprehensive Way to Resolve the Basic Conflict in Positive Psychotherapy	Positive Psychotherapy, conflict resolution, basic conflict, reflects	Eryilmaz, A. (2025). The REFLECTS Method: A Systematic and Comprehensive Way to Resolve the Basic Conflict in Positive Psychotherapy. <i>The Global Psychotherapist</i> , 5(2), 54-66. http://doi.org/10.52982/lkj275	(Eryilmaz, 2025)
Psychodynamic Aspects of Professional Resistance in Trauma Treatment	psychotherapist resistance, trauma treatment, psychodynamic approach, Positive Psychotherapy, emotional burnout	Tyshchenko, M. (2025). Psychodynamic Aspects of Professional Resistance in Trauma Treatment. <i>The Global Psychotherapist</i> , 5(2), 67-86. http://doi.org/10.52982/lkj276	(Tyshchenko, 2025)
Intrapersonal Differentiation through Five Capabilities in Five Stages with Positive Psychotherapy: The Positive Intrapersonal Differentiation Model (PID Model)	Positive Psychotherapy, intrapersonal differentiation, capabilities, five stages	Eryilmaz, A. (2026). Intrapersonal Differentiation through Five Capabilities in Five Stages with Positive Psychotherapy: The Positive Intrapersonal Differentiation Model (PID Model). <i>The Global Psychotherapist</i> , 6(1), 149-156 http://doi.org/10.52982/lkj299	(Eryilmaz, 2026)
Tools for Physicians in Inpatient Units for Severe Mental Illnesses: Construction of a Balance Model Based on the	Balance Model, three-stage theory, inpatient units, severe mental Illnesses, Positive Psychotherapy	Xinyuan, Z., Chuyi, Z., Qunsheng, L. & Yuxuan, W. (2026). Tools for Physicians in Inpatient Units for Severe Mental Illnesses: Construction of a Balance Model Based on the Three-Stage Theory of Positive Psychotherapy. <i>The Global Psychotherapist</i> , 6(1), 157-164 http://doi.org/10.52982/lkj300	(Xinyuan, Chuyi, Qunsheng & Yuxuan, 2026)

Three-Stage Theory of Positive Psychotherapy			
The Bridge Between Positive Psychotherapy and Object Relations Theory: A Comparative Typology of Development	Positive Psychotherapy, object relations theory, Peseschkian typology	Tyshchenko, M. (2026). The Bridge Between Positive Psychotherapy and Object Relations Theory: A Comparative Typology of Development. <i>The Global Psychotherapist</i> , 6(1), 165-179 http://doi.org/10.52982/lkj301	(Tyshchenko, 2026)
Positive Transcultural Psychotherapy in the Treatment of Anorexia Nervosa (AN) and Bulimia Nervosa (BN)	eating disorders, anorexia nervosa, bulimia nervosa, positum, Positive Psychotherapy	Skopińska, H. (2026). Positive Transcultural Psychotherapy in the Treatment of Anorexia Nervosa (AN) and Bulimia Nervosa (BN). <i>The Global Psychotherapist</i> , 6(1), 180-189 http://doi.org/10.52982/lkj302	(Skopińska, 2026)
Body Area in Positive Psychotherapy: Conceptualisation of Body Values in Clinical Practice	Positive Psychotherapy, Body, Balance Model, integration, neuroscience	Cesko, E. (2026). Body Area in Positive Psychotherapy: Conceptualisation of Body Values in Clinical Practice. <i>The Global Psychotherapist</i> , 6(1), 190-200 http://doi.org/10.52982/lkj303	(Cesko, 2026)
Transformations of anger: An integrative model for clinical work with greed, envy, jealousy, and guilt	anger, greed, envy, jealousy, guilt, Positive Psychotherapy	Fileva-Hadzhova, R. (2026). Transformations of anger: An integrative model for clinical work with greed, envy, jealousy, and guilt. <i>The Global Psychotherapist</i> , 6(2), 178-185 http://doi.org/10.52982/lkj325	(Fileva-Hadzhova, 2026)
Balancing capacities in Positive and Transcultural Psychotherapy: A case-informed reflection from clinical practice	Positive Psychotherapy, capacities, balancing, clinical practice, transcultural perspective	Ahmad, M. B & Ahmad, M. I. (2026). Balancing capacities in Positive and Transcultural Psychotherapy: A case-informed reflection from clinical practice. <i>The Global Psychotherapist</i> , 6(2), 186-192 http://doi.org/10.52982/lkj326	(Ahmad & Ahmad, 2026)
Rhythmic stabilization of psychotraumatic experiences in Positive and Transcultural Psychotherapy (PPT): A	Positive Psychotherapy, sensory regulation, rhythm, post-traumatic growth, music, trauma	Tiutiunnyk, H. (2026). Rhythmic stabilization of psychotraumatic experiences in Positive and Transcultural Psychotherapy (PPT): A sensory-conceptual approach. <i>The Global Psychotherapist</i> , 6(2), 193-201 http://doi.org/10.52982/lkj327	(Tiutiunnyk, 2026)

sensory-conceptual approach			
Transcultural (Indian) perspective on the use of digitally supported tools in the stabilization phase of positive psychotherapy practice: A practice-based reflection	Positive Psychotherapy, transcultural psychotherapy, digital mental health, clinical decision support, stabilization phase, India, practice-based reflection	Rajeswari, J. & Vidhya, S. (2026). Transcultural (Indian) perspective on the use of digitally supported tools in the stabilization phase of positive psychotherapy practice: A practice-based reflection. <i>The Global Psychotherapist</i> , 6(2), 202-219 http://doi.org/10.52982/lkj328	(Rajeswari & Vidhya, 2026)

Psychotherapeutic Cases

Topic	Keywords	How to cite (APA style)	In-text citation
Adolescent Between the Two Shores. Presenting Case of Psychotherapeutic Practice	identity, symptom, balance, Positive Psychotherapy, 5 stage model	Tomcheva, S. (2021). Adolescent Between the Two Shores. Presenting Case of Psychotherapeutic Practice. <i>The Global Psychotherapist</i> , 1(1), 49–52. https://doi.org/10.52982/lkj142	(Tomcheva, 2021)
Healing and Spirituality: Psychotherapeutic Case	Positive Psychotherapy, spirituality, religion, mental health	Matei, A. (2021). Healing and Spirituality: Psychotherapeutic Case. <i>The Global Psychotherapist</i> , 1(1), 53–56. https://doi.org/10.52982/lkj143	(Matei, 2021)
When Mental Health Social Work Encounters Positive and Transcultural Psychotherapy: Cases of Social Work Service for Patients with Bipolar Disorders	mental illness, bipolar disorder, positive psychotherapy, transcultural psychotherapy, social work	Zhang, Y. (2022). When Mental Health Social Work Encounters Positive and Transcultural Psychotherapy: Cases of Social Work Service for Patients with Bipolar Disorders. <i>The Global Psychotherapist</i> , 2(2), 60–67. https://doi.org/10.52982/lkj172	(Zhang, 2022)
Possibilities of Working with Bulgarian Folk Tales for Women and Girls Who Have Been Victims of Violence	early psychosis, adolescent, positive psychotherapy, counselling	Ivanova, V. (2022). Possibilities of Working with Bulgarian Folk Tales for Women and Girls Who Have Been Victims of Violence. <i>The Global Psychotherapist</i> , 2(2), 68–71. https://doi.org/10.52982/lkj173	(Ivanova, 2022)
Patients Encounter with Diagnoses and Illness in Transcultural Perspectiv	psychosomatic health, personality structure, psychotherapy, stress, diagnostic criteria for psychosomatic	Okoro, J. (2023). Patients Encounter with Diagnoses and Illness in Transcultural Perspective. <i>The Global Psychotherapist</i> , 3(2), 147–152. https://doi.org/10.52982/lkj210v	(Okoro, 2023)

	practice, positive psychotherapy		
Once Upon a Time there was a Gray Chameleon: A Documented Treatment of a Patient with Borderline Personality Disorder with Positive Psychotherapy from the Perspective of the Patient and the Therapist	borderline personality disorder, positive psychotherapy, psychodynamic psychotherapy, homework, bibliotherapy	Peseschkian, H. (2023). Once Upon a Time there was a Gray Chameleon: A Documented Treatment of a Patient with Borderline Personality Disorder with Positive Psychotherapy from the Perspective of the Patient and the Therapist. <i>The Global Psychotherapist</i> , 3(2), 153–166. https://doi.org/10.52982/lkj211	(Peseschkian, 2023)
The Meaning and Role of the Body in Adolescents with Eating Disorders: a Description of the Meaning of the Symptom	adolescents, eating disorders, positive psychotherapy	Sheremeta, S. (2024). The Meaning and Role of the Body in Adolescents with Eating Disorders: a Description of the Meaning of the Symptom. <i>The Global Psychotherapist</i> , 4(1), 100–103. https://doi.org/10.52982/lkj223	(Sheremeta, 2024)
The Functionality of the Balance Model, one of the Positive Psychotherapy Inventories, on Panic Disorder in The Context of a Case	positive psychotherapy, the balance model, panic attack, panic disorder	Uncu, S. (2024). The Functionality of the Balance Model, one of the Positive Psychotherapy Inventories, on Panic Disorder in The Context of a Case. <i>The Global Psychotherapist</i> , 4(1), 104-114. https://doi.org/10.52982/lkj224	(Uncu, 2024)
Сопровождение клиента в проживании утраты с опорой на принципы и ценности позитивной психотерапии. Случай из практики	утрата, кризис горя, позитивная психотерапия, актуальные способности, модель баланса	Кузьмина, Е. (2024). Сопровождение клиента в проживании утраты с опорой на принципы и ценности позитивной психотерапии. Случай из практики. <i>The Global Psychotherapist</i> , 4(1), 115–120. https://doi.org/10.52982/lkj225	(Кузьмина, 2024)
Cancer as a death sentence: How to accept the inevitability of death and finally begin to live here and now during the last year	Positive Psychotherapy, psychodynamic psychotherapy, psychosomatic, cancer, life and death, mourning	Khandobina, N. (2024). Cancer as a death sentence: How to accept the inevitability of death and finally begin to live here and now during the last year. <i>The Global Psychotherapist</i> , 4(2), 148–155. http://doi.org/10.52982/lkj243	(Khandobina, 2024)

Two “faces” of repressed aggressive impulse and feelings. Atopic dermatitis and hypertension’s conflict dynamic through the prism of Positive psychosomatic psychotherapy	Positive Psychotherapy, atopic dermatitis, hypertension, psychodynamic, actual conflict, basic conflict, inner conflict	Arabadzhiev, Z. & Tomcheva, S. (2024). Two “faces” of repressed aggressive impulse and feelings. Atopic dermatitis and hypertension’s conflict dynamic through the prism of Positive psychosomatic psychotherapy. <i>The Global Psychotherapist</i> , 4(2), 156–167. http://doi.org/10.52982/lkj244	(Arabadzhiev, & Tomcheva, 2024)
Positive Psychotherapy for self-harming behavior: A case report	Positive Psychotherapy, deliberate self-harm, 5-stage model, case study	Açıkgöz, F. & Sari, T. (2024). Positive Psychotherapy for self-harming behavior: A case report. <i>The Global Psychotherapist</i> , 4(2), 168–173. http://doi.org/10.52982/lkj245	(Açıkgöz & Sari, 2024)
Positive Psychotherapy for bereaved parents or parents. ‘On the way to “being parents of angels”’	Positive Psychotherapy, grief, loss of a child, oncohematological disease, group therapy	Mileva, N. & Simeonova, Z. (2024). Positive Psychotherapy for bereaved parents or parents. ‘On the way to “being parents of angels”’. <i>The Global Psychotherapist</i> , 4(2), 174–181. http://doi.org/10.52982/lkj246	(Mileva & Simeonova, 2024)
Play therapy model based on Positive and Transcultural Psychotherapy	play, play therapy, parent, child, Positive Psychotherapy, transcultural psychotherapy	Soysal, M. & Varlikli, Z. (2024). Play therapy model based on Positive and Transcultural Psychotherapy. <i>The Global Psychotherapist</i> , 4(2), 182–190. http://doi.org/10.52982/lkj247	(Soysal & Varlikli 2024)
Overcoming multilingual challenges: A Positive Psychotherapy approach to speech development in a bereaved child	child therapy, multilingualism, speech development, Positive Psychotherapy, emotional trauma	Aslanyan, L. (2024). Overcoming multilingual challenges: A Positive Psychotherapy approach to speech development in a bereaved child. <i>The Global Psychotherapist</i> , 4(2), 191–195. http://doi.org/10.52982/lkj248	(Aslanyan, 2024)
Digital nomads and expats as an immigrant phenomenon: A case study	digital nomad, expat, immigrant, balance model, Positive Psychotherapy	Tsimashenka, H. (2024). Digital nomads and expats as an immigrant phenomenon: A case study. <i>The Global Psychotherapist</i> , 4(2), 196–201. http://doi.org/10.52982/lkj249	(Tsimashenka, 2024)
Socio-historical features of the transcultural approach of Positive Psychotherapy using the “primary cause”	anorexia, eating disorders, family scenarios, Positive Psychotherapy, psychosomatic, Reavisia	Katostrovskii, O. (2024). Socio-historical features of the transcultural approach of Positive Psychotherapy using the “primary cause” methodology Reavisia. <i>The Global Psychotherapist</i> , 4(2), 202–205.	(Katostrovskii, 2024)

methodology Reavisia		http://doi.org/10.52982/lkj250	
Stories in psychotherapy – orality and writing	Positive Psychotherapy, stories in psychotherapy, therapeutic storytelling, orality, writing, anthropology of words, narrative psychology, self-narration	Jaźwińska-Chren, A. (2024). Stories in psychotherapy – orality and writing. <i>The Global Psychotherapist</i> , 4(2), 206–214. http://doi.org/10.52982/lkj251	(Jaźwińska-Chren, 2024)
The woman and her inner dialogue: How Positive Psychotherapy transforms psychosomatic challenges into strength	Positive Psychotherapy, endometriosis, psychosomatic therapy, reproductive health, internal dialogue	Drazheva, E., Stamova, S. (2025). The woman and her inner dialogue: How Positive Psychotherapy transforms psychosomatic challenges into strength. <i>The Global Psychotherapist</i> , 5(1), 126-131. http://doi.org/10.52982/lkj265	(Drazheva & Stamova, 2025)
Working with Clients with ADHD: Reflections on Secondary Capacities	Positive Psychotherapy, capacities, psychological resources, ADHD diagnosis, ADHD psychoeducation	Jaźwińska-Chren, A. (2025). Working with Clients with ADHD: Reflections on Secondary Capacities. <i>The Global Psychotherapist</i> , 5(2), 87-97. http://doi.org/10.52982/lkj277	(Jaźwińska-Chren, 2025)
A Case Study Analysis of Separation Anxiety in Early Childhood in Twins	Positive Psychotherapy, twins, separation anxiety, early childhood	Stamova, S. (2025). A Case Study Analysis of Separation Anxiety in Early Childhood in Twins. <i>The Global Psychotherapist</i> , 5(2), 98-105. http://doi.org/10.52982/lkj278	(Stamova, 2025)
A Case Study Analysis of Separation Anxiety in the Effect of the Maternal and Paternal Role on Separation Anxiety in Early Childhood	separation anxiety, early childhood, attachment, family dynamics, Positive Psychotherapy	Drazheva, E. (2025). A Case Study Analysis of Separation Anxiety in the Effect of the Maternal and Paternal Role on Separation Anxiety in Early Childhood. <i>The Global Psychotherapist</i> , 5(2), 106-113. http://doi.org/10.52982/lkj279	(Drazheva, 2025)
Stress and Depression Among Refugees: Cultural Challenges and Support Through Positive Psychotherapy	depression, refugees, Positive Psychotherapy, war, trauma, stress, anxiety, adaptation	Olenichenko, I. (2025). Stress and Depression Among Refugees: Cultural Challenges and Support Through Positive Psychotherapy. <i>The Global Psychotherapist</i> , 5(2), 114-120. http://doi.org/10.52982/lkj280	(Olenichenko, 2025)

	disorders, current capacities, crisis situations		
Anxiety as a Stress-Coping Strategy in Positive Psychotherapy: Case Report	anxiety, stress, coping, actual capacities, Balance Model, basic capacities, Positive Psychotherapy	Savinova, A. (2025). Anxiety as a Stress-Coping Strategy in Positive Psychotherapy: Case Report. <i>The Global Psychotherapist</i> , 5(2), 121-126. http://doi.org/10.52982/lkj281	(Savinova, 2025)
Creating Hope Inside the Cell: A Clinical Case of Positive Psychotherapy in a Prison Setting	PTSD, depression, hope, prison, Positive Psychotherapy	Zeka, A. (2026). Creating Hope Inside the Cell: A Clinical Case of Positive Psychotherapy in a Prison Setting. <i>The Global Psychotherapist</i> , 6(1), 201-209 http://doi.org/10.52982/lkj304	(Zeka, 2026)
Transformation of self-image through verbal self-expression in Positive Psychotherapy: Case study	Positive Psychotherapy, self-image, language internalization, five-stage model, actual capabilities	Omelianenko, I. & Chechetkina, K. (2026). Transformation of self-image through verbal self-expression in Positive Psychotherapy: Case study. <i>The Global Psychotherapist</i> , 6(2), 220-228 http://doi.org/10.52982/lkj329	(Omelianenko & Chechetkina, 2026)

PPT training

Topic	Keywords	How to cite (APA style)	In-text citation
To Be or Not to Be – Hamlet and the Psychotherapeutic Technique: About Therapeutic Alliance, Growth and Effective Therapy	therapeutic alliance, stages of interaction, Balance Model, Positive Psychotherapy	Remmers, A. (2021). To Be or Not to Be – Hamlet and the Psychotherapeutic Technique: About Therapeutic Alliance, Growth and Effective Therapy. <i>The Global Psychotherapist</i> , 1(1), 41–44. https://doi.org/10.52982/lkj140	(Remmers, 2021)
Instruments of Positive Transcultural Psychotherapy as a Model for Systemic Constellations	constellations, phenomenology, constructivism, systems theory, Positive Psychotherapy	Kyrychenko, S. (2021). Instruments of Positive Transcultural Psychotherapy as a Model for Systemic Constellations. <i>The Global Psychotherapist</i> , 1(1), 45–48. https://doi.org/10.52982/lkj141	(Kyrychenko, 2021)
What Does Our Body Tell Us in Therapy?	Positive Psychotherapy, counter transference, protective factors, prevention, body language	Remmers, A. (2021b). What Does Our Body Tell Us in Therapy? <i>The Global Psychotherapist</i> , 1(2), 41–44. https://doi.org/10.52982/lkj150	(Remmers, 2021)

Being a Trainer for Psychotherapy – the Beginning of a New Career	psychotherapy trainer, pre-requisites, responsibilities, positive psychotherapy	Hum, G. (2022). Being a Trainer for Psychotherapy – the Beginning of a New Career. <i>The Global Psychotherapist</i> , 2(2), 56–59. https://doi.org/10.52982/lkj171	(Hum, 2022)
Transference and Countertransference	transference, countertransference, positive psychotherapy, five stages of therapy	Remmers, A. (2023). Transference and Countertransference. <i>The Global Psychotherapist</i> , 3(1), 75–79. https://doi.org/10.52982/lkj183	(Remmers, 2023)
The Integrative Model of Reflective Team Supervision in Positive Psychotherapy	supervision, training supervision, reflective team, supervision process, positive psychotherapy	Ciesielski, R. (2023). The Integrative Model of Reflective Team Supervision in Positive Psychotherapy. <i>The Global Psychotherapist</i> , 3(1), 80–86. https://doi.org/10.52982/lkj184	(Cieselski, 2023)
STOP & ACT – Impro-Theater as Psycho-Drama. The Global Psychotherapist	psychodrama, improvisational theater, pending conflicts, win-win solution, positive psychotherapy	Bottequin, J. (2023). STOP & ACT – Impro-Theater as Psycho-Drama. <i>The Global Psychotherapist</i> , 3(1), 87–92. https://doi.org/10.52982/lkj185	(Bottequin, 2023)
Parables as a Transcultural Tool for a Psychologist’s Work with the Requests of Parents of Children with Abnormal Development	parable, metaphor, abnormal development, transcultural approach, positive psychotherapy	Naidionova, H., & Uninets, I. (2023). Parables as a Transcultural Tool for a Psychologist’s Work with the Requests of Parents of Children with Abnormal Development. <i>The Global Psychotherapist</i> , 3(1), 93–97. https://doi.org/10.52982/lkj186	(Naidionova & Uninets, 2023)
Positive Group Therapy Through Traditional Games with a Positum MGS Approach for Building Resilience Against Trauma in Times of Pandemics, War and Earthquakes: Theoretical Considerations and Practical Applications of “The Witches” Game	positive group therapy, positive psychotherapy, transcultural, traditional games, Positum MGS, identity, resilience, neurodiversity, pandemic, war, earthquake	Parruca, E. (2023). Positive Group Therapy Through Traditional Games with a Positum MGS Approach for Building Resilience Against Trauma in Times of Pandemics, War and Earthquakes: Theoretical Considerations and Practical Applications of “The Witches” Game. <i>The Global Psychotherapist</i> , 3(2), 45–56. https://doi.org/10.52982/lkj198	(Parruca, 2023)
Positum MGS Coaching Protocol in the Framework of	training, coaching protocol, Positum MGS, 5-stage	Parruca, E. (2024). Positum MGS Coaching Protocol in the Framework of Positive Group Psychotherapy Training for	(Parruca, 2024)

Positive Group Psychotherapy Training for Specialists Working with Groups of Children and Adults Affected by War, Disasters and Refugee Crises: a Case Study	consultation, positive psychotherapy	Specialists Working with Groups of Children and Adults Affected by War, Disasters and Refugee Crises: a Case Study. <i>The Global Psychotherapist</i> , 4(1), 121–131. https://doi.org/10.52982/lkj226	
Positive Psychotherapy tools in groups	Positive Group Therapy, group process, sociodynamics, sociogenesis, group dynamic, Positive Psychotherapy	Remmers, A. (2025). Positive Psychotherapy tools in groups. <i>The Global Psychotherapist</i> , 5(1), 115-125. https://doi.org/10.52982/lkj264	(Remmers, 2025)

Special articles

Topic	Keywords	How to cite (APA style)	In-text citation
Health – Illness from the Perspective of Positive Psychotherapy	health, illness, balance, Positive Psychotherapy, needs	Huebner, G. (2021). Health – Illness from the Perspective of Positive Psychotherapy. <i>The Global Psychotherapist</i> , 1(1), 57–61. https://doi.org/10.52982/lkj144	(Huebner, 2021)
Suicidal Personality States: Research and Scientific Perspective	personality, suicidal states, suicidal behavior, suicidokinesis, Positive Psychotherapy	Kovanda, O. (2021). Suicidal Personality States: Research and Scientific Perspective. <i>The Global Psychotherapist</i> , 1(1), 62–69. https://doi.org/10.52982/lkj145	(Kovanda, 2021)
Challenges of Psychological Therapy Work With Autistic Adults	adults, autism spectrum disorder, recommendations, Positive Psychotherapy	Dobiala, E., Stefańska-Klar, R., Rumińska, A., Golaska-Ciesielska, P., Duras, M. M., & Janiak, W. (2021). Challenges of Psychological Therapy Work With Autistic Adult. <i>The Global Psychotherapist</i> , 1(2), 45–56. https://doi.org/10.52982/lkj151	(Dobiala et al., 2021)
Групповые формы работы в психиатрическом стационаре и отношение к пациенту	групповая психотерапия, медицинская психология, психиатрия, социализация, Позитивная Психотерапия	Перебейносов, В. Л. (2021). Групповые формы работы в психиатрическом стационаре и отношение к пациенту. <i>The Global Psychotherapist</i> , 1(2), 56–64. https://doi.org/10.52982/lkj152	(Перебейносов, 2021)

International Proverbs About Hope	hope, fantasy, proverb, transmutation, Positive Psychotherapy	Roeder, F. (2021). International Proverbs About Hope. <i>The Global Psychotherapist</i> , 1(2), 66–68. https://doi.org/10.52982/lkj153	(Roeder, 2021)
Хаос vs Продвижение: как не исчезнуть в информационном пространстве	Позитивная Психотерапия, популяризация, социальные сети, ключевой конфликт, баланс	Фортунатова, О. (2021). Хаос vs Продвижение: как не исчезнуть в информационном пространстве. <i>The Global Psychotherapist</i> , 1(2), 69–74. https://doi.org/10.52982/lkj154	(Фортунатова, 2021)
Дифференциально-содержательный анализ психоаналитических типов организации характеров	психоаналитическая диагностика личности, типы организации характеров, дифференциально-содержательный анализ, актуальные способности, позитивная психотерапия	Кириченко, С. О. (2022). Дифференциально-содержательный анализ психоаналитических типов организации характеров. <i>The Global Psychotherapist</i> , 2(1), 88–95. https://doi.org/10.52982/lkj164	(Кириченко, 2022)
Депрессия: возможности и ограничения психотерапии в действующей модели помощи	депрессия, компетенция психотерапевта, антидепрессанты, депрессивная характерология, позитивная психотерапия	Фортунатова, О. (2022). Депрессия: возможности и ограничения психотерапии в действующей модели помощи. <i>The Global Psychotherapist</i> , 2(1), 96–103. https://doi.org/10.52982/lkj165	(Фортунатова, 2022)
Impact of Social Media Disinformation and of Fake News Overexposure on the Actual Capacities and the Psychological Wellbeing During the Covid-19 Pandemic: a Systemic Literature Review	COVID-19, psychological well-being, mental health, positive psychotherapy, actual capacities, life dimensions, social media, fake news, disinformation, conspiracy theories	Nela, M. A., & Parruca, E. (2023). Impact of Social Media Disinformation and of Fake News Overexposure on the Actual Capacities and the Psychological Wellbeing During the Covid-19 Pandemic: a Systemic Literature Review. <i>The Global Psychotherapist</i> , 3(1), 126–132. https://doi.org/10.52982/lkj191	Nela & Parruca, 2023)

The Neuroscience Of Story: The Role Of Storytelling In Psychotherapy	storytelling, brain impact, oxytocin, hormones, positive psychotherapy	Kolenda-Sujecka, K. (2023). The Neuroscience Of Story: The Role Of Storytelling In Psychotherapy. <i>The Global Psychotherapist</i> , 3(1), 133–135. https://doi.org/10.52982/lkj192	(Kolenda-Sujecka, 2023)
Understanding Symbols when Working with Anxious Religious Clients in Positive Psychotherapy	positive psychotherapy, faith, religiosity, anxiety, anxiety disorder, mental health	Olenichenko, I. (2023). Understanding Symbols when Working with Anxious Religious Clients in Positive Psychotherapy. <i>The Global Psychotherapist</i> , 3(1), 136–139. https://doi.org/10.52982/lkj193	(Olenichenko, 2023)
Existential Aspects of Positive Psychotherapy: Answers to the Challenges of Wartime	positive psychotherapy, existential therapy, actual capacities, crisis situations, existential activities	Kyrychenko, S. (2023). Existential Aspects of Positive Psychotherapy: Answers to the Challenges of Wartime. <i>The Global Psychotherapist</i> , 3(2), 109–113. https://doi.org/10.52982/lkj204	(Kyrychenko, 2023)
Феноменологічні аспекти психотерапевтичної роботи із актуальною здібністю «Надія» у часі війни	макроподія, війна, п'ятикрокова модель Пезешкіана, надія, позитивна психотерапія	Кітчак, Т. (2023). Феноменологічні аспекти психотерапевтичної роботи із актуальною здібністю «Надія» у часі війни. <i>The Global Psychotherapist</i> , 3(2), 114–118. https://doi.org/10.52982/lkj205	(Кітчак, 2023)
Microaggressions as a Symptom: Understanding and Addressing Subtle Hostility in Positive Psychotherapy	microaggressions, positive psychotherapy, aggression, social justice, cultural competence	Drozhzhyna, V. (2023). Microaggressions as a Symptom: Understanding and Addressing Subtle Hostility in Positive Psychotherapy. <i>The Global Psychotherapist</i> , 3(2), 119–124. https://doi.org/10.52982/lkj206	(Drozhzhyna, 2023)
An Overview of the Mental Health Services in England and the Role of the Psychotherapist in this Context	mental health, antidepressants, benzodiazepines, repeat prescription, side effects, withdrawal, positive psychotherapy, Balance model	Ursica, R. (2023). An Overview of the Mental Health Services in England and the Role of the Psychotherapist in this Context. <i>The Global Psychotherapist</i> , 3(2), 125–129. https://doi.org/10.52982/lkj207	(Ursica, 2023)
Транскультуральний аспект построения профессиональных отношений психолога и клиента с	транскультуральність, физическая инвалидность, видимое отличие внешности, профессиональн	Чебарыкова, С., Куклина, И., & Гарднер, А. (2023). Транскультуральный аспект построения профессиональных отношений психолога и клиента с видимым отличием. <i>The Global Psychotherapist</i> , 3(2), 130–140. https://doi.org/10.52982/lkj208	(Чебарыкова et al., 2023)

Видимым отличием	ые отношения, практическая психология, позитивная психотерапия		
Первичные актуальные способности личности, проиллюстрированные в Библии	первичные актуальные способности, Библия, позитивная психотерапия	Айказуни, А. (2023). Первичные актуальные способности личности, проиллюстрированные в Библии. <i>The Global Psychotherapist</i> , 3(2), 141–146. https://doi.org/10.52982/lkj209	(Айказуни, 2023)
Psychological Effects of Armed Conflicts on Children	armed conflict, children, mental health, exposure to war trauma, positive psychotherapy	Nela, M. A. (2024). Psychological Effects of Armed Conflicts on Children. <i>The Global Psychotherapist</i> , 4(1), 132–138. https://doi.org/10.52982/lkj227	(Nela, 2024)
Poetry and Psychotherapy: the Case for Fernando Pessoa as a Therapist. Poetry as a Tool in Psychotherapy	poetry, psychotherapy, narrative approach, positive psychotherapy	Messias, E. (2024). Poetry and Psychotherapy: the Case for Fernando Pessoa as a Therapist. Poetry as a Tool in Psychotherapy. <i>The Global Psychotherapist</i> , 4(1), 139–145. https://doi.org/10.52982/lkj228	(Messias, 2024)
Природа формирования смещения агрессии через инструменты Позитивной психотерапии [The nature of aggression displacement formation through the tools of Positive Psychotherapy]	смещение агрессии, позитивная психотерапия, агрессия, насилие aggression bias, Positive Psychotherapy, aggression, violence	Тищенко, М. [Tyshchenko, M.] (2024). Природа формирования смещения агрессии через инструменты Позитивной психотерапии [The nature of aggression displacement formation through the tools of Positive Psychotherapy]. <i>The Global Psychotherapist</i> , 4(2), 215–222 http://doi.org/10.52982/lkj252	(Тищенко, 2024). (Tyshchenko, 2024).
Enhancing supervisory practice in Positive and Transcultural Psychotherapy through Artificial Intelligence	artificial intelligence, psychotherapy supervision, text-based neural networks, positive and transcultural psychotherapy, mental health services	Sokolovskaya, M. (2024). Enhancing supervisory practice in Positive and Transcultural Psychotherapy through Artificial Intelligence. <i>The Global Psychotherapist</i> , 4(2), 223–227. http://doi.org/10.52982/lkj253	(Sokolovskaya, 2024)

R. Wagner's Der Ring des Nibelungen through the philosophical prism of Positive Psychotherapy	Positive Psychotherapy, Wagner, Der Ring des Nibelungen, love	Sergeeva, M. V. (2025). R. Wagner's Der Ring des Nibelungen through the philosophical prism of Positive Psychotherapy. <i>The Global Psychotherapist</i> , 5(1), 138-143. http://doi.org/10.52982/lkj267	(Sergeeva, 2025)
Sexuality in old people Positive and Transcultural approach	Positive Psychotherapy, sexuality, transcultural, cultural understanding, intimacy, morality	Okoro, J. (2025). Sexuality in old people Positive and Transcultural approach. <i>The Global Psychotherapist</i> , 5(1), 144-149. http://doi.org/10.52982/lkj268	(Okoro, 2025)
Social Support in Mental Health and Prevention: Process, Interaction, and Quality	Positive Psychotherapy, social support, mental health prevention	Remmers, A. (2025). Social Support in Mental Health and Prevention: Process, Interaction, and Quality. <i>The Global Psychotherapist</i> , 5(2), 141-154. http://doi.org/10.52982/lkj284	(Remmers, 2025)
Human Beings are a Mine Rich in Gems. The conception of human nature in the Bahá'í Faith and its influence on Positive Psychotherapy and psychotherapeutic practice	PPT after Peseschkian, Bahá'í Faith, Bahai, conception of human nature, psychology of religion, Positive Psychotherapy	Peseschkian, H., Peseschkian, F. (2025). Human Beings are a Mine Rich in Gems. The conception of human nature in the Bahá'í Faith and its influence on Positive Psychotherapy and psychotherapeutic practice. <i>The Global Psychotherapist</i> , 5(2), 155-165. http://doi.org/10.52982/lkj285	(Peseschkian & Peseschkian, 2025)
The European Room for Listening as Field Resonance as an Ethics of Presence in Times of War	Positive Psychotherapy, resonant field, emotional regulation, war trauma, European solidarity, relational ethics	Dobiala, E. (2026). The European Room for Listening as Field Resonance as an Ethics of Presence in Times of War. <i>The Global Psychotherapist</i> , 6(1), 224-233 http://doi.org/10.52982/lkj306	(Dobiala, 2026)
Joy, Coherence, and Dignity: A Transdisciplinary View within Positive and Transcultural Psychotherapy	Positive Psychotherapy, joy, coherence, dignity, transdisciplinary view	Karamloo, F. (2026). Joy, Coherence, and Dignity: A Transdisciplinary View within Positive and Transcultural Psychotherapy. <i>The Global Psychotherapist</i> , 6(1), 234-240 http://doi.org/10.52982/lkj307	(Karamloo, 2026)
Роль искусственного интеллекта в психологической изоляции: теоретический обзор с точки	искусственный интеллект, Позитивная психотерапия, цифровое одиночество,	Olenychenko, I. (2026). Rol iskusstvennogo intellekta v psikhologicheskoi izoliatsii: teoreticheskii obzor s tochki zreniia pozitivnoi psikhoterapii [The role of artificial intelligence in psychological isolation: A theoretical review from the perspective	(Olenychenko, 2026)

зрения Позитивной психотерапии [The Role of Artificial Intelligence in Psychological Isolation: A Theoretical Review from the Perspective of Positive Psychotherapy]	эмоциональная зависимость, когнитивный спад, модель баланс Artificial Intelligence, Positive Psychotherapy, digital loneliness, emotional dependence, cognitive decline, Balance Model	of Positive Psychotherapy]. The Global Psychotherapist, 6(1), 241–249. https://doi.org/10.52982/lkj308	
Исследование причин малой публикационной активности психологов-практиков и психотерапевтов в написании научных статей и возможности её преодоления [A Study of the Reasons for the Low Publication Activity of Practicing Psychologists and Psychotherapists When Writing Scientific Articles and the Possibilities for Overcoming Them]	научные статьи, написание научных статей, психологи, психотерапевты, позитивная психотерапия, модель баланса, базовая способность к познанию, вторичные актуальные способности scientific articles, writing scientific articles, psychologists, psychotherapists, Positive Psychotherapy, Balance Model, basic cognitive ability, secondary capacities	Vannovskaya, O., Zenkova, E., & Nikonova, O. (2026). Issledovanie prichin maloi publikatsionnoi aktivnosti psikhologov-praktikov i psikhoterapevtov v napisanii nauchnykh statei i vozmozhnosti eio preodoleniia [A study of the reasons for the low publication activity of practicing psychologists and psychotherapists in writing scientific articles and the possibilities for overcoming them]. The Global Psychotherapist, 6(1), 250–257. https://doi.org/10.52982/lkj309	(Vannovskaya, Zenkova & Nikonova, 2026)
Ethical Principles and Guidelines of the World Association for Positive and Transcultural Psychotherapy (WAPP)	Positive and Transcultural Psychotherapy, ethical principles, ethical guidelines, PPT after Peseschkian	Ursica, R., Dokunova, E. Frolov, P. Moskalenko, L., Moldovan, A., Hum, G., Lytvynenko K. & Peseschkian, H. (2026). Ethical Principles and Guidelines of the World Association for Positive and Transcultural Psychotherapy (WAPP). The Global Psychotherapist, 6(2), 229-250. http://doi.org/10.52982/lkj330	(Ursica, Dokunova, Frolov, Moskalenko, Moldovan, Hum, Lytvynenko & Peseschkian, 2026)

Transcultural reflections

Topic	Keywords	How to cite (APA style)	In-text citation
Транскультуральные особенности проявления морали и нравственности на примере российского общества	моральная дилемма, транскультуральный подход, патриотизм, актуальные способности, позитивная психотерапия	Черепанова, Е. (2022). Транскультуральные особенности проявления морали и нравственности на примере российского общества. <i>The Global Psychotherapist</i> , 2(1), 104–113. https://doi.org/10.52982/lkj166	(Черепанова, 2022)
Mentality of Kazakhstani People Through the Eyes of the Method of Positive and Transcultural Psychotherapy	positive and transcultural psychotherapy, Kazakh mentality, Kazakh history, Balance model, Conflict model	Adilbayeva, A. (2023). Mentality of Kazakhstani People Through the Eyes of the Method of Positive and Transcultural Psychotherapy. <i>The Global Psychotherapist</i> , 3(1), 70–74. https://doi.org/10.52982/lkj182	(Adilbayeva, 2023)
Development of national identity in Armenia at the beginning of the 20th century based on primary capacities	national identity, primary capacities, differential analysis, Positive Psychotherapy, tseghakron, political realism, era	Haykazuni, A. (2025). Development of national identity in Armenia at the beginning of the 20th century based on primary capacities. <i>The Global Psychotherapist</i> , 5(1), 150-153. https://doi.org/10.52982/lkj269	(Haykazuni, 2025)
The Silent Cry of Migrant Children: How Positive Psychotherapy Helps Children in Exile Find their Voice	Positive Psychotherapy, transcultural identity, childhood migration trauma, Balance Model, narrative and metaphor in therapy, therapeutic alliance	Ratushnenko, V. (2025). The Silent Cry of Migrant Children: How Positive Psychotherapy Helps Children in Exile Find their Voice. <i>The Global Psychotherapist</i> , 5(2), 127-132. http://doi.org/10.52982/lkj282	(Ratushnenko, 2025)
ВОЗМОЖНОСТИ ИСПОЛЬЗОВАНИЯ РЕСУРСА ТРАНСЦЕНДЕНТНОСТИ ТРАНСКУЛЬТУРАЛЬНОГО АСПЕКТА ДЛЯ СОЦИАЛЬНОПСИХОЛОГИЧЕСКОЙ АДАПТАЦИИ	Позитивная психотерапия, трансцендентность, транскультуральная психотерапия, социально-психологическая адаптация	Кулева, Е. (2025). Возможности использования ресурса трансцендентности транскультурального аспекта для социально-психологической адаптации личности в контексте позитивной психодинамической психотерапии и транскультуральной психиатрии. <i>The Global Psychotherapist</i> , 5(2), 133-140 http://doi.org/10.52982/lkj283	(Кулева, 2025)

ЛИЧНОСТИ В КОНТЕКСТЕ ПОЗИТИВНОЙ ПСИХОДИНАМИЧЕСКОЙ ПСИХОТЕРАПИИ И ТРАНСКУЛЬТУРАЛЬНОЙ ПСИХИАТРИИ			
Dialogue of Cultures in Psychotherapy: Transcultural Model of Transference and Countertransference Relations in the Method of Positive Transcultural Psychotherapy	Positive Psychotherapy, transcultural psychotherapy, transference, countertransference, cultural sensitivity	Dokunova, E. (2026). Dialogue of Cultures in Psychotherapy: Transcultural Model of Transference and Countertransference Relations in the Method of Positive Transcultural Psychotherapy. <i>The Global Psychotherapist</i> , 6(1), 210-223 http://doi.org/10.52982/lkj305	(Dokunova, 2026)

Peer-reviewed professional articles

Topic	Keywords	How to cite (APA style)	In-text citation
Conceptualization of Mental Status through the Balance Model and Actual Capabilities	Positive Psychotherapy, Balance Model, conflict processing model, primary and secondary actual capacities, mental status	Arabadzhiev, Z., Tomcheva, S. & Dimitrova, S. (2026). Conceptualization of Mental Status through the Balance Model and Actual Capabilities. <i>The Global Psychotherapist</i> , 6(1), 259-269	(Arabadzhiev, Tomcheva & Dimitrova, 2026)
The Many Faces of Pain Experience in Life: A Transcultural Approach	Positive Psychotherapy, transcultural approach, death, grief, pain	Okoro, J. (2026). The Many Faces of Pain Experience in Life: A Transcultural Approach. <i>The Global Psychotherapist</i> , 6(1), 270-275	(Okoro, 2026)
The Problem of the Lack of Time in Highly Effective Individuals: A Positive Psychotherapeutic	Positive Psychotherapy, Balance Model, time perception, inner rhythm, existential meaning	Zareva, S. (2026). The Problem of the Lack of Time in Highly Effective Individuals: A Positive Psychotherapeutic	(Zareva, 2026)

Approach		Approach. <i>The Global Psychotherapist</i> , 6(1), 276-281	
A View on Suicide Prevention from the Perspective of Positive Psychotherapy: Towards an Integrated Paradigm	suicide prevention, Positive Psychotherapy, integrated treatment, salutogenic approach, life balance, psychosomatics, reductionism, existential loneliness, verbalization	Goncharov, M. (2026). A View on Suicide Prevention from the Perspective of Positive Psychotherapy: Towards an Integrated Paradigm. <i>The Global Psychotherapist</i> , 6(1), 282-287	(Goncharov, 2026)
Transcultural Bridges: Traces of Positive Psychotherapy in the Verses of Aşık Veysel Şatıroğlu	Positive Psychotherapy, transcultural, Aşık Veysel	Karahan, E., Varlıklı, G. & Özberk, Ö. (2026). Transcultural Bridges: Traces of Positive Psychotherapy in the Verses of Aşık Veysel Şatıroğlu. <i>The Global Psychotherapist</i> , 6(1), 288-294	(Karahan, Varlıklı & Özberk, 2026).
Use of Positive Psychotherapy in Group Work with School Students: School Club "Communication Laboratory"	Positive Psychotherapy, school, school club, group work, adolescents, self-awareness, communication, self-help	Nikolova, K. (2026). Use of Positive Psychotherapy in Group Work with School Students: School Club "Communication Laboratory". <i>The Global Psychotherapist</i> , 6(1), 295-298	(Nikolova, 2026)
Теоретичні аспекти та розвідки впливу соціальних мереж на комунікаційний складник особистості підлітків [Theoretical Aspects and Research on the Influence of Social Networks on the Communication Component of Adolescents' Personalities]	соціальні мережі, комунікаційні навички, підлітки, міжособистісна комунікація, цифрова взаємодія social networks, communication skills, teenagers, interpersonal communication, digital interaction	Kahitina, K. (2026). Teoretychni aspekty ta rozvidky vplyvu sotsialnykh merezh na komunikatsiinyi skladnyk osobystosti pidlitkiv [Theoretical aspects and research on the influence of social networks on the communication component of adolescents' personalities]. <i>The Global Psychotherapist</i> , 6(1), 299–306.	(Kahitina, 2026)

Психологическая карта пути эмоций как инструмент для модели баланса в позитивной психотерапии [Psychological Map of the Emotional Journey as a Tool for the Balance Model in Positive Psychotherapy]	позитивная психотерапия, визуализация эмоций, жизненный баланс, эмоциональный интеллект Positive Psychotherapy, visualization of emotions, life balance, emotional intelligence	Tsivan, N. (2026). Psikhologicheskaiia karta puti emotsii kak instrument dlia modeli balansa v pozitivnoi psikhoterapii [Psychological map of the emotional journey as a tool for the balance model in Positive Psychotherapy]. The Global Psychotherapist, 6(1), 307–312.	(Tsivan, 2026)
Psychic equilibrium: A Balance model–based clinical protocol for enhancing emotional stability in group trauma therapy	emotional regulation, group trauma therapy, Balance Model, Positive Psychotherapy, psychic equilibrium	Abebe Woldemariam, S. (2026). Psychic equilibrium: A Balance model–based clinical protocol for enhancing emotional stability in group trauma therapy. The Global Psychotherapist, 6(2), 252-261.	(Abebe Woldemariam, S., 2026)
Attraction in the therapeutic relationship: Female and male perspectives through the Five-Stage model of Positive Psychotherapy	countertransference, therapeutic, attraction, female and male perspectives, balance model, professional boundaries, Positive Psychotherapy, actual capabilities	Zareva, S. & Echev, Z. (2026). Attraction in the therapeutic relationship: Female and male perspectives through the Five-Stage model of Positive Psychotherapy. The Global Psychotherapist, 6(2), 262-271.	(Zareva & Echev, 2026)
Positive Psychotherapy as a resource in speech therapy for children with speech disorders	speech disorders, Positive Psychotherapy, speech therapy, balance model, emotional regulation	Mamyan, G. (2026). Positive Psychotherapy as a resource in speech therapy for children with speech disorders. The Global Psychotherapist, 6(2), 272-277.	(Mamyan, 2026)

Client readiness for psychotherapy: A transcultural and motivational perspective	motivation, change, autonomy, transculturality, 5-stage model, Positive Psychotherapy	Adilbayeva, A. (2026). Client readiness for psychotherapy: A transcultural and motivational perspective. <i>The Global Psychotherapist</i> , 6(2), 278-283.	(Adilbayeva, 2026)
Humor as a therapeutic tool in times of war	humor, transcultural tool, psychotherapy in wartime, Positive Psychotherapy	Marchenko, N. (2026). Humor as a therapeutic tool in times of war. <i>The Global Psychotherapist</i> , 6(2), 284-288.	(Marchenko, 2026)
Black Mara – is she evil or is she unwell? Clinical aspects of treating individuals with borderline and narcissistic traits through the prism of the fairy tale “Golden Mara and Black Mara”	Positive Psychotherapy, borderline personality organization, narcissistic personality, mentalization, psychodynamic approach, fairy tale psychotherapy	Iancheva-Karaghiaur, I. (2026). Black Mara – is she evil or is she unwell? Clinical aspects of treating individuals with borderline and narcissistic traits through the prism of the fairy tale “Golden Mara and Black Mara”. <i>The Global Psychotherapist</i> , 6(2), 289-297.	(Iancheva-Karaghiaur, 2026)

Republished and translated articles

Topic	Keywords	How to cite (APA style)	In-text citation
Positive Psychotherapy in the Time of Global Crisis		Peseschkian, N. (2021). Positive Psychotherapy in the Time of Global Crisis. <i>The Global Psychotherapist</i> , Vol. 1, No.1, Jan. 2021. pp. 9-10.	(Peseschkian, 2021)
Dealing Positively with World Crises: Our Contribution to World Peace		Peseschkian, N. (2021). Dealing Positively with World Crises: Our Contribution to World Peace. <i>The Global Psychotherapist</i> , Vol. 1, No.2, Jan. 2021. pp. 9-11.	(Peseschkian, 2021)
Транскультуральная психотерапия в России		Пезешкиан, Х. (2022). Транскультуральная психотерапия в России. <i>The Global Psychotherapist</i> , Vol. 2, No.1, pp. 7-21.	(Пезешкиан, 2022)
Learning From the Massai. Why Psychotherapy Must Be Transcultural		Peseschkian, N. (2023). Learning From the Massai. Why Psychotherapy Must Be Transcultural. <i>The Global Psychotherapist</i> , Vol. 3, No.1, Jan. 2023. pp. 65-69.	

TRANSCULTURAL GLOBALIZATION: On the Societal Responsibility of Psychiatrists and Psychotherapists as Pioneers, Enlighteners, and Bridge Builders in Today's Multi-cultural Europe		Peseschkian, H. (2022). TRANSCULTURAL GLOBALIZATION: On the Societal Responsibility of Psychiatrists and Psychotherapists as Pioneers, Enlighteners, and Bridge Builders in Today's Multi-cultural Europe. "The Global Psychotherapist", Vol. 2, No. 2, pp. 7-16. https://doi.org/10.52982/lkj310	(Peseschkian, 2022)
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History

Topic	Keywords	How to cite (APA style)	In-text citation
History of Positive Psychotherapy in Ukraine		Moskalenko, L. (2025). History of Positive Psychotherapy in Ukraine. <i>The Global Psychotherapist</i> , 5(1), 155-166.	(Moskalenko, 2025)
History of Positive Psychotherapy in Bulgaria		Remmers, A. & Chalakova, B. (2025). History of Positive Psychotherapy in Bulgaria. <i>The Global Psychotherapist</i> , 5(2), 166-174.	(Remmers & Chalakova, 2025)
The Development of Positive Psychotherapy in Bulgaria and Its International Impact (Interview with Arno Remmers by Gergana Bencheva)		Bencheva, G. (2026). The Development of Positive Psychotherapy in Bulgaria and Its International Impact (Interview with Arno Remmers by Gergana Bencheva). <i>The Global Psychotherapist</i> , 6(1), 313-324.	(Bencheva,2026)

History

Topic	Keywords	How to cite (APA style)	In-text citation
AI's Role in Psychotherapy Publishing. The Global Psychotherapist		Editors (2026). AI's Role in Psychotherapy Publishing. <i>The Global Psychotherapist</i> , 6(1), 8-9.	(Editors, 2026)