Use print, select the page you want, select print to google drive and name it. When you are finished you can change the share setting on the file you want and share/send the link to whoever needs it.

Or

For Mac Users:
1. Duplicate/Copy the file to create a second copy
2. Open up the pdf file
3. Make sure you can see Thumbnails on the left-hand column (Click on the left-most icon w/ the down arrow)
4. Click on any pages you want to delete, hit Delete – the pages go away
5. Click File – Rename
6. Name the file with the child's initials so you can then email the file to the parent
7. *NOTE: Make sure the file only contains the specific child's information and does not have any other children's information

For Non-Mac Users:
1. Make a copy of the pdf file
2. Open the copy in Adobe Acrobat by right-clicking or two-finger tapping on the file and selecting Open with…
3. Choose the Organize **Pages** tool from the right pane. ...
4. Select a **page** thumbnail you want to **delete** and click the **Delete** icon to **delete** the **page**.
5. A confirmation dialog box is displayed. ...
6. Save the **PDF**.