



SHORELINE YACHT CLUB

Start Your Heart Out
Saturday, February 18, 2023

NOTICE OF REGATTA

Shoreline Yacht Club, (the Organizing Authority) invites you to participate in the Start Your Heart Out Regatta.

1. RULES

1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, except as may be altered by the Sailing Instructions.

1.1. Compliance with current U S Sailing Safety Equipment Requirements for near shore racing are recommended. [View Here](#)

1.2. Yachts racing in this event shall not interfere with deep draft vessels or their tows within the Long Beach/Los Angeles harbors or approaches. Yachts violating this rule are subject to protest and disqualification.

2. ELIGIBILITY

2.1. PHRF spinnaker and non-spinnaker classes of this regatta are open to members of recognized [SCYA](#) yacht clubs and sailing associations (Clubs), who possess a current [PHRF](#) certificate.

1.1. One Design classes will be encouraged with a minimum of 2 yachts.

2. ENTRIES AND ENTRY FEES

2.1. Only electronic entries are being accepted via the Shoreline Racing website at <http://racing.shorelineyachtclub.com>. The cutoff for entries is Friday, February 17 at 12:00 noon. No entries will be accepted after that time.

2.2. The entry fee is \$20.00. Entry fees must be received at Shoreline Yacht Club by 12:00 on Friday, February 17. No entry fees will be accepted at the Committee Boat.

3. STARTING AND FINISH LOCATION

3.1. Approximately 500 yards south of Mark 39 in Long Beach Harbor

3.2. All competitors must check in at the Race Committee Boat prior to the first warning signal.

5. START SEQUENCE

5.1. The start sequence will be published in an addendum to this NOR by Wednesday, February 19, based on the entries as of that date.

1.1. The first start shall be at 12:00.

Note: There will be 5 races (time permitting). After the first race, succeeding starts will be done as soon as practicable after all yachts have finished the current race. The order of starts for each succeeding race will remain the same as the first race.

2. CLASSES

2.1. There will be classes for PHRF spinnaker, non-spinnaker and any One Design fleets that choose to participate.

2.2. Double headsails are allowed in non-spinnaker class.

2.3. Two starters are required to establish a class. If a yacht enters but fails to establish a class the Race Committee, prior to the courtesy sound, shall assign her a starting fleet.

3. SAILING INSTRUCTIONS

1.1. See Shoreline Yacht Club Course Chart SRC-16A

2. COURSES

2.1. There will be two courses, A and B.

2.2. Course A shall be from S/F to an orange inflatable mark approximately 1/2 nautical mile to windward with a down-wind finish.

2.3. Course B: Shall be from S/F to an orange inflatable mark approximately 1/2 nautical mile to windward, to Mark 39 approximately 500 yard north of the S/F line, with a windward finish.

2.4. Courses will be signaled from the Race Committee Boat using international code flag pennants along with the class flag of the class that will start.

2.5. Five races will be sailed and scored, time permitting. There will be no throw outs.

2.6. A different course may be signaled for each class.

3. TIME LIMIT

2.2. The race shall be called at 16:30. A yacht finishing prior to 16:30 shall establish the race for that class. The Race Committee Boat shall remain on station and finish only established classes for the next thirty (30) minutes. No yachts shall be finished after 17:00.

3. TROPHIES

3.1. Trophies will be available for pick up at SYC in a reasonable amount of time after race day. Winners will be notified. The number of trophies will be based on the number of yachts entered in each class.

11. RADIO COMMUNICATION

The Race Committee will monitor VHF 68 during the race. Except in an emergency or to contact the Race Committee, a yacht shall neither make radio transmissions while racing nor receive radio communications not available to all yachts. This restriction also applies to mobile telephones, the internet and other modes.

12. DISCLAIMER OF LIABILITY

Competitors participate in the race entirely at their own risk. See *RRS 4, Decision to Race*. The Organizing Authority (Shoreline Yacht Club) will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.

13. INSURANCE

Each competing yacht shall be insured with valid third-party liability insurance having a minimum coverage of \$300,000 to enter this race.

Contact: **Jeanlee King**, Race Chair, 310-702-4334 or king.jean@gmail.com