## Memory:

## **Constructive Process:**

Human memory is good at

- Information on which attention is focused
- Information in which we are interested
- Information that arouses us emotionally
- Information that fits with our previous experiences
- Information that we rehearse

# **Information Processing Model**

# **Encoding**:

- Selective vs. Divided Attention
- Automatic vs. Controlled Processing
- Levels of Processing

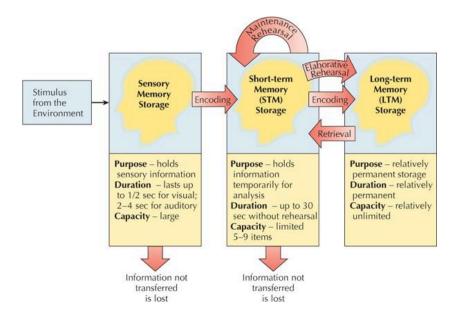
# Storage:

## Retrieval:

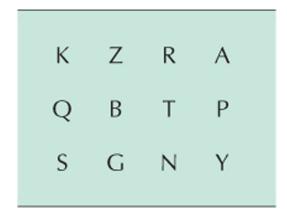
# Parallel Distributed Processing Model

Memory is distributed across a wide network of interconnected neurons located throughout the brain. When activated, this network works simultaneously (in a parallel fashion) to process information.

# **Three Stage Model**



# Sensory memory:



Iconic (visual) and echoic (auditory) sensory memory

**Short-term memory (STM)** 

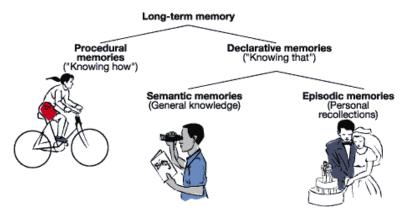
Maintenance rehearsal:

Chunking:



# Long term memory -

**Explicit (Declarative) Memory**: Subsystem within long-term memory that consciously stores facts, information, and personal life experiences

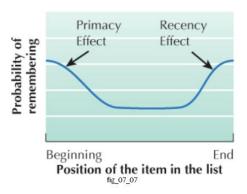


**Implicit (Nondeclarative) Memory:** Subsystem within long-term memory consisting of unconscious procedural skills and simple classically conditioned responses

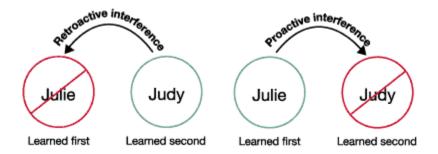
Levels of Processing:

**Elaborative Rehearsal:** 

**Serial Position Effect:** 



Anterograde amnesia –
Retrograde amnesia –
Flashbulb memory:
Implicit memory –
Explicit memory –
Recall –
Recognition
Encoding specificity principle –
<b>Mood congruent memory:</b> A happy moods is likely to trigger happy memories, depression perpetuates itself through biased retrieval of depressing memories
Forgetting
Transience:
Absent-mindedness:



## Proactive interference:

## Retroactive interference:

**Mnemonics**: Techniques for improving memory, especially by making connections between new material and information already in long-term memory (examples?)

