## **Conversation Starters**

- Where did you see Jesus today?
- Can you name a quality you like in yourself and a quality you like in someone else in the family?
- Do you find you are harder on yourself than other people? Explain why or why not?.
- If there is one thing you could instantaneously change about yourself, what would it be and why?
- How do you feel when another person notices a quality or attribute about you?
- Who are your role models and why?
- Is there a biblical character you identify with and why?
- Is there an aspect of the birth of Jesus that really "WOW's" you?
- Do you act differently in certain situations than others? Do you act differently at school than at church? Different at home than with your friends? Provide examples.
- How do you deal with pressure?
- Do you have a pet peeve that makes you irrationally angry? What gets under your skin?
- Do you feel pressured to be someone that you're not? Explain.
- Why do you think some people bully or attack others? What is their motivation?
- What is your biggest fear?
- Where do you think most people draw their self-esteem from? What gives them identity?
- If you're feeling down, what cheers you up?
- Do you think you're a patient person? Why or why not?
- How does it feel to not get what you want when you want it?
- Is it easy for you to work towards a goal, or do you get frustrated and quit quickly?
- Do you set realistic expectations for yourself?
- What is the one thing that motivates you the most everyday?
- What is something that demotivates you, or zaps all of your energy to make progress?
- Do you think you're the same person in your social media that you are in person? What is different?
- What kind of things do you willingly post about yourself on social media?
- What is something you wouldn't post about yourself on social media?
- Have you ever thought about what God's calling is in your life?
- Can you think of any biblical examples of healthy relationships and what can they teach
  us? \*Look at these examples in the Bible
- What makes relationships hard? What makes relationships good? Do you find yourself giving up on relationships or people when things get difficult?
- What is the cause of most arguments or falling outs?
- How long does it take you to build a strong relationship with someone? How easy do relationships turn badly or fall apart for you personally?
- What's the most important element of a good relationship to you and WHY?
- How do you deal with conflict?
- How do you feel when someone tries to get you to do something you don't want to do?
- Why do you think some people brag or exaggerate about themselves? What do you think they're hoping to accomplish?
- Who did you help today? Who do you wish you had helped today?
- How do you show Jesus to people who are different than you? What are actual examples?

- What do you think when you someone making fun of a group of people different than them?
- Do you think stereotypes about a group of people are accurate?
- What is a good way to get to know someone different than you? Think of situations or conversation topics.
- What is social justice to you?
- As a Christian, do you think social justice is important, and why? Was Jesus involved in social justice? Reference Gospel of Luke.
- What does equality mean to you? Do all people deserve equality?
- What social justice issue is most important to you?
- What are some examples in the Bible of giving?
- Do you think it's important as a Christian to have an attitude of service? Why or why not?
- How has gossip affected your life?