

Troy Sinclair's Odyssey of Waves and Wisdom 2013 Interview

By: Monica M. Lawton



In a sun-soaked **Bali** café, where the ocean's rhythm sets the pace, [Troy Sinclair](#) sits across from me, exuding a magnetic blend of mystery and mischief. With a white linen shirt rolled up at the sleeves, and a glint in his eye, he's every bit the [modern adventurer](#)—part [philosopher](#), part [wave-chaser](#). **Troy's story** unfolds like a well-riden [swell](#), full of depth, spontaneity, and a **touch of humor** that keeps you hooked.

Troy doesn't pin himself down easily. "It's a mystery," he says with a sly grin when asked to describe himself, as if life's too vast for a single label. [Purpose, he believes, isn't something you chase—it finds you.](#) This philosophy has guided him through a life of serendipity, where missed flights or chance encounters lead to unexpected friendships and new directions. **Travel** is his "[University of Life,](#)" a classroom of **diverse cultures, breathtaking landscapes,** and bold souls who've **left their comfort zones** behind. [Surfing](#), his true north, has carried him to remote corners of the world, each wave a lesson in resilience and wonder. His next destination? "**A wave I haven't surfed yet,**" he teases, leaving the rest to the universe.

Peering into the future, Troy's vision is refreshingly open-ended. "Five years from now? Still here, still kicking," he laughs, his optimism as bright as the [Balinese sun](#). But beneath this laid-back charm lies a man shaped by profound moments. [Delivering his grandfather's eulogy](#) stands out as his most humbling experience. "**You can be tough as nails,**" he reflects, "**but standing there, speaking about someone you love in front of their world—it hits you. You go to the water.**" It's a raw admission, one that reveals the heart behind his adventurous spirit.

Troy's competitive streak is introspective. "**I compete with myself,**" he declares, a testament to his drive to push personal limits. This mindset fuels his passion for his companies, where the thrill lies in "the challenge ahead." [Patience](#)—learned from [Bali's unhurried rhythm](#)—a

meticulous eye for detail, and a sharp sense of humor are his professional, and personal superpowers. They're the tools he wields whether navigating boardrooms, or bantering beachside.

Regrets? Troy has none. **"Change one moment, and I wouldn't be here,"** he says, embracing every triumph and stumble as essential to his journey. **"I love where I am now."** This acceptance drives his commitment to causes like [Movember](#) and [Breast Cancer awareness](#), balancing the scales with a wink: **"One for the boys, one for the girls—we're even."**

Looking ahead, **Troy** craves more travel, more encounters with fascinating people, and challenges that test his mettle. **"A challenge has to push you to your limits,"** he insists, dismissing anything less as unworthy. "Life's too short for an easy ride." **Happiness**, for him, is simple yet profound: **achieving personal and professional goals.** His mantra, a poetic blend of wisdom attributed to Margaret Thatcher's father, **Frank Outlaw, and Lao Tzu, guides his path: "Watch your thoughts, for they become your destiny."**

Troy's inner circle—those rare, genuine souls—keeps him grounded. **"They make sure I'm not getting too big for my boots,"** he chuckles. Forged through tough times, these are the friends who stay when the chips are down, helping him rise after a fall.

As our conversation fades with the sound of distant waves, **Troy's story lingers like salt on the skin—a tale of chasing horizons, embracing challenges, and finding beauty in life's unpredictability.** With a smile that promises more adventures, he leaves us wondering where the next wave will take him. One thing's certain: **Troy Sinclair's journey is far from over, and it's one worth watching.**

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