

Beginner Garment Sewing I - Wovens

6-Week Syllabus

Total Duration: 6 Weeks, 2.5 hours per week

Skill Level: Beginner

Pre-requisites: Completion of Machine 101, must be comfortable threading the machine on their own, capable of changing stitches and settings, comfortable with basic terms like backstitch and seam allowance.

Class Overview

In this 6-week program, students will build confidence sewing garments from start to finish using three beginner-friendly woven patterns. Students will learn how to measure themselves, read an indie sewing pattern, trace/layout/cut their sewing pattern, assemble their garment and basic finishing techniques.

Projects:

1. Gypsum Skirt - Sew Liberated

View A Front and Back



View B Front and Back



2. Pomona Pants - Anna Allen



3. Zippered Pouch



Tools Needed

- Scissors
- Thread Snips
- Pins
- Clips
- Seam ripper
- Tape measure
- Tailor's chalk or fabric marker

If you need to purchase sewing tools, you can purchase our [Beginner Sewing Kit](#) or buy tools individually during your first class

Supplies Needed

1. Gypsum Skirt – Sew Liberated

Designed for light to midweight woven fabrics, View A requires fabric with some drape.

View A (side pocket) : 45” wide fabric: 3.25 yards

54” wide fabric: 2.75 yards for sizes 0-22 and 3 yards for sizes 24-34

View B (inseam pocket) : 45” wide fabric is not wide enough

54” wide fabric: 3.25 yards for sizes 0-22 and 3.5 yards for sizes 24-34

All Views: Waist measurement of 2” wide elastic

2. Pomona Pants - Anna Allen

Designed for light to midweight woven fabrics, low stretch stable knits can also be used.

View A or B: 45” wide fabric: 3 yards

60” wide fabric: 1.75 yds sizes 00-4, 2.5 yds sizes 6-12, 3 yds sizes 14-22

All Views: Waist measurement plus 1” of 2” wide elastic

3. Zippered Pouch

- Main Fabric – 1 Fat Quarter (14 x 18 inches) or 12” of Quilting Cotton
- Lining Fabric – 1 Fat Quarter (14 x 18 inches) or 12” of Quilting Cotton
- 9-inch Zipper
- Medium-Heavy Fusible Interfacing or Fusible Fleece - 12” (0.33yds)

Weekly Breakdown

Students must come in to purchase materials for the Pomona Pants before week 1 as fabrics need to be washed and ironed.

Week 1: Pomona Pants – Introduction to Pants

- Review syllabus and expectations
- Machine Troubleshooting Demo
- Woven sewing techniques demo: seam allowance
- Pattern overview, measuring and choosing correct size
- Understanding instructions, fabric layout, and markings
- Trace pattern
- Cut out pants
- Patch pockets (optional)
- Start crotch and side seams

Week 2: Pomona Pants – Finishing

- Woven sewing techniques demo: inserting elastic
- Finish crotch and side seams
- Create waistband and insert elastic
- Try-on and fit check, determine hem length
- Hem
- Determine size for Pomona Pants

Homework: Fabric for Gypsum Skirt needs to be purchased before next class. Students are to wash and iron their fabric prior to week 3.

Week 3: Gypsum Skirt – Getting Started

- Pattern overview and tracing
- Fabric layout and markings
- Cut out skirt
- Begin sewing: pockets and side seams

Weeks 4-5: Gypsum Skirt – Finishing

- Sew/attach waistband and elastic
- Topstitching and finishing waistband
- Try on and adjust length if needed
- Hem Skirt

Weeks 5-6: Zippered Pouch

- Pattern overview
- Woven sewing techniques demo: different types of interfacing, boxed corners
- Pattern tracing & cutting
- Install zipper & topstitch
- Side seams
- Boxed corners
- Turning the bag & finishing