

Recommended Resources

from the *DiscipleMakers Fall Conf 2025 breakout: "The Power and Peril of AI: Pursuing Authenticity Instead of Fake College and Fake Friends"* by [Andy Cimbala](#) (links for [outline](#) and [Spotify](#) and [Apple Podcasts](#))

Videos: organized shortest to longest

- [Habits of Loneliness](#) (60-seconds, and how to start habits of connection)
- [The Six Conversations](#) (60-second book review)
- [Just Be Honest](#) (60-second book review)
- [What is a human?](#) (60-seconds, anthropology illustration from the book [Biblical Critical Theory](#))
- [You Are Not Your Own](#) (60-second book review)
- [The Uncontrollability of the World](#) (60-second book review)
- [If education is just utilitarian, why not use AI?](#) (2-mins)
- [AI mastered attention, the next frontier is intimacy](#) by Harari (2-mins)
- [Adam started using ChatGPT for homework. It ended in tragedy.](#) (Caution: suicide topic. 3-mins, how AI can isolate you like an abusive relationship. And [here's the 46-min full episode](#). Or for [a deeper dive](#) (caution, it's dark))
- [ChatGPT Brain Rot Is Real \(And Getting Worse\)](#) (14 mins)
- [A.I. Is About to Destroy Higher Ed](#) (15 mins)
- [The Social Link: Student Technology and the Age of A.I.](#) (17 mins)
- [ChatBot ADDICTION - Tomorrow's Epidemic](#) (22 mins)
- [Spiritual formation and AI: A deep dive with Andy Crouch and Jay Kim](#) (78 mins)

Articles:

- [Chatbots Aren't a Solution to Our Loneliness Epidemic](#)
- [Burned-Out College Student. You Belong to God](#)
- [Happiness Requires Resistance by Ronald W. Dworkin](#) (Themes of AI, freedom, chatbots, real relationships, etc. riffing on themes from [Hartmut Rosa](#), [Alan Noble](#), [Byung-Chul Han](#))
- [Read Books, Not AI Summaries of Books](#)
- [The Anti-Social Century](#)
- ['AI Companions' and the Christian Doctrine of Friendship](#)
- [Nearly 3 in 4 Teens Have Used AI Companions, New National Survey Finds](#)
- [Is ChatGPT giving students an artificial education?](#)
- [The Problem with A.I. Writing is the Problem is an Artificial Life: You Lose Agency](#)
- [The Digital Allure of Being Attended To](#)
- [Everyone Is Cheating Their Way Through College](#)
- [The average college student today](#)
- [Why AI is Destroying Academic Integrity](#)
- [MIT study shows ChatGPT reshapes student brain function and reduces creativity when used from the start](#)
- [We Must Relearn How to be Human](#)
- [Are You Ready for the AI Apocalypse?](#)
- [Craving Garden of Eden Intimacy](#)
- [The Alternative to AI in the Classroom is Desiring to Learn](#)
- [Fake Love, Fake War: Why So Many Men Are Addicted to Internet Porn and Video Games](#)

- [“ChatGPT killed my son”: Parents’ lawsuit describes suicide notes in chat logs](#)
- [How AI Broke Aristotle](#)
- [HBR infographic of Therapy/Companionship being #1 use of Gen AI](#) (and [full article](#))
- [Meet the people who dare to say no to artificial intelligence](#)

Books:

- [The Six Conversations: Pathways to Connecting in an Age of Isolation and Incivility](#) by Heather Holleman
- [Just Be Honest: How to Worship through Tears and Pray without Pretending](#) by Clint Watkins
- [God, Technology, and the Christian Life](#) by Tony Reinke
- [12 Ways Your Phone is Changing You](#) by Tony Reinke
- [Alone Together: Why we expect more from technology and less from each other](#) by Sherry Turkle
- [The Four Loves](#) by CS Lewis
- [Relationships: A Mess Worth Making](#) by Tim Lane & Paul Tripp
- [Biblical Critical Theory: How the Bible's Unfolding Story Makes Sense of Modern Life and Culture](#) by Christopher Watkin
- [Homo Deus: A Brief History of Tomorrow](#) by Yuval Noah Harari
- [The Uncontrollability of the World](#) by Hartmut Rosa
- [You Are Not Your Own: Belonging to God in an Inhuman World](#) by Alan Noble
- [Learning for the Love of God: A Student's Guide to Academic Faithfulness](#) by Opitz & Melleby
- [Haunted Cosmos: Doing Your Duty in a World that's Not just Stuff](#) by Sauv   & Garrett
- [Analog Church: Why We Need Real People, Places, and Things in the Digital Age](#) by Jay Kim
- [AI Shepherds and Electric Sheep: Leading and Teaching in the Age of Artificial Intelligence](#) by Paul A. Hoffman & Sean O'Callaghan
- [Made For People: Why We Drift into Loneliness and How to Fight for a Life of Friendship](#) by Justin Whitmel Earley

Podcasts:

- [No One Knows What's Real Anymore](#) - Reconstructing Faith with Trevin Wax (58 mins)
- [AI, The Infinite Work Day, and the Finite Pastor](#) - Mere Fidelity (67 mins)
- [Pray Without Pretending: How Sufferers Can Speak to God](#) - DiscipleMakers Breakout by Clint Watkins (46 mins)
- [‘The Anti-Social Century’: America’s Epidemic of Solitude—and How to Fix It](#) - Plain English with Derek Thompson (68 mins)
- [Scrolling Alone](#) - TGC Recorded (46 mins)
- [If AI can do your classwork, why go to college?](#) - The Gray Area with Sean Illing (58 mins)
- [Echo Chambers of One: Companion AI and the Future of Human Connection](#) - Your Undivided Attention (43 mins)
- [How OpenAI's ChatGPT Guided a Teen to His Death](#) - Your Undivided Attention (44 mins)
- [Talk to Strangers: The Unlikely Way to Honor God and Improve Your Mental Health](#) - Maria Noyes (41 mins)