

FREE MIND

FEBRUARY 11, 2026

6:00 pm - 8:00 pm

Dillard Drive Middle Auditorium

5200 Dillard Drive

Raleigh, NC 27606

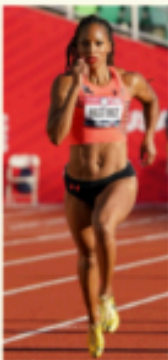
- ▶ Conversations will be led by a mental health expert and renowned athletes
- ▶ Supervised childcare available
- ▶ Door Prizes
- ▶ Dinner

REGISTRATION REQUIRED!
SPACE IS LIMITED.



Meet The Athletes

Natasha Hastings
Two-time Olympic gold medalist and elite U.S. 400-meter sprinter, with multiple World Championship relay titles.



Chasity Melvin
WNBA All-Star and NC State legend who led the Wolfpack to its first-ever NCAA Final Four.



Carla Overbeck
UNC soccer icon and U.S. National Team captain who won four NCAA titles in North Carolina and Olympic gold.



THE
STRATEGIC
Difference



WAKE COUNTY
PTA Council