

Freya Björg Olafson

Selected Performance Work

- upcoming 2026 **Mois Multi** MÆ-Motion Aftereffect - two performances (w/ onscreen french surtitles) - Quebec City, Quebec
- upcoming 2026 **Winnipeg's Contemporary Dancers** MÆ-Motion Aftereffect - three performances - Winnipeg, Manitoba
- upcoming 2026 **INTERPLAY 20206** work to be determined - online performances - Montréal, Quebec
- 2025 **La Maison Des Artistes / Urban Shaman** - short performance work, curators: Anna Kahimsa & Thomas Grondin - Winnipeg
- 2025 **Young Lungs Dance Exchange 20th Anniversary festival program** excerpts of CPA - Consistent Partial Attention - Winnipeg, Manitoba
- 2025 **OFFTA / LA SERRE - arts vivants** MÆ-Motion Aftereffect - three performances (w/ onscreen french surtitles) - Montréal, Quebec
- 2025 **DARC - Digital Arts Resource Center** MÆ-Motion Aftereffect - one performance - Ottawa, Ontario
- 2024 **WNDX - Festival of Moving Images** MÆ-Motion Aftereffect - one performance - Winnipeg, Manitoba
- 2021 **Playwrights Canada Press** publication of AVATAR solo (premiered in 2009) as a score / script - print publication an anthology on digital theatre in Canada, edited by David Owen "Long Live the New Flesh: Six Plays from the Digital Frontier" - June 2021
- 2019 **Prairie Theatre Exchange** 'MAE - Motion Aftereffect' Premiere of 60 min solo as part of the 'Leap Series' Oct 30 - Nov 3 - Wpg, Mb
- 2018 **Mov en Mov / Centro de Cultura Digital** - online performance of 'Excerpts of CPA' curator: Yolanda M. Guadarrama - Mexico City
- 2018 **Dunlop Art Gallery** 'URL:IRL' performance of CPA [Consistent Partial Attention] curated by Blair Fornwald, Jennifer Matotek, and Wendy Peart, June 2018 - Regina
- 2017 **7a*11d / 7a*md8** Live Stream performance of CPA [Consistent Partial Attention] online, exhibited at **Trinity Square Video** - Toronto
- 2017 **Video Pool Media Arts Centre** Major exhibition 'Isolated Landscapes' of media art by prairie women (1984-2009) curated by Kathy Rae Huffman, performance of excerpts in development of 'MAE - Motion Aftereffect' - Winnipeg
- 2017 **CounterPulse** MAE - Motion Aftereffect 'combustible residency production' six performances - San Francisco, California
- 2017 **Jeux De La Francophonie** CPA [Consistent Partial Attention] performance as part of Team Canada - Ivory Coast, Africa
- 2017 **OFFTA** CPA [Consistent Partial Attention] two performances - Monument National - Montréal, Quebec
- 2017 **Cluster Festival of New Music & Integrated Arts** CPA [Consistent Partial Attention] performance - Winnipeg, Manitoba
- 2016 **National Arts Centre / Canada Dance Festival** HYPER_ performance - Ottawa, Ontario
- 2016 **CPA [Consistent Partial Attention]** premiere of 75 minute trio for dancers James Phillips, Lise McMillan and Freya Olafson - Winnipeg
- 2015 **Summerworks Festival** co-pro with **Images Festival** HYPER_ seven performances - Toronto, Ontario
- 2015 **Expanse Festival** HYPER_ performances - Edmonton, Alberta
- 2015 **Syracuse University / Spark Performance** AVATAR performance - curator Boryana Rossa- Syracuse, NY
- 2014 **Bauhaus Archiv** 'Sensing the Future: Moholy-Nagy, Media & the Arts' performance during exhibition run - Berlin
- 2014 **WNDX - Festival of Moving Images** HYPER_ performance - Winnipeg, Manitoba
- 2014 **Rapid Pulse International Performance Art Festival** AVATAR performance - Chicago, Illinois
- 2013 **DISKURS 13' Festival** AVATAR Performance - Geissen, Germany

Selected Exhibitions

- 2025 **La Maison Des Artistes / Urban Shaman** video "Default Object" exhibition, curators: Anna Kahimsa & Thomas Grondin
- 2025 **Au Jus / Kitoki** exhibition "Field of View" as part of screen dance exhibition program - online and Brussels, Belgium
- 2024 **Video Pool Media Arts Center** 40th Anniversary screening of 'Age / Sex / Location' - Winnipeg
- 2024 **PIX Film / Artificial Museum** AR project commissioned for 'Translunar Formations' in collaboration with Luke Nickel - AR project shown at **Nuit Blanche (Toronto) Vienna Art Week & Online**
- 2024 **Video Pool Media Arts Center** 40th Anniversary screening of 'Age / Sex / Location' - January 2024 Winnipeg
- 2023 **Currents New Media** exhibition of 'Field of View' in New Mexico - June
- 2023 **WRONG Biennale** exhibition by **Public Access Gallery** of 'Brave Land' - Nov
- 2023 **New Media Caucus & Header/Footer Gallery** exhibition by game still photos from 'Field of View' & 'Brave Land' - Jan/Feb online
- 2022 **WRONG Biennale** exhibition by Public Access Gallery of 'Field of View' - May 2022 online
- 2022 **Dazibao** exhibition of 'excerpts of CPA (Consistent Partial Attention)' curated by Emma-Kate Guimond, Apr - Jun 2022 Montréal
- 2021 **Cairo Video Art Festival** - 'Field of View' screening at Medrar Gallery - Oct 1 - 31st Cairo, Egypt
- 2020 **ISEA - International Society for Electronic & Digital Arts** - video profiling 'MAE - Motion Aftereffect' - online
- 2020 **SIGGRAPH** 'DIGITAL POWER: Activism, Advocacy, and the Influence of Women Online' curated by Kathy Rae Huffman - online
- 2019 **Ludwig Museum BAUHAUS100.** video 'Threshold' curators: Julia Fabényi, József Készman and Szuska Petró - Budapest, Hungary
- 2018 **Montreal Biennale / Festival International du film sur l'art** 'Disembodied Beings' exhibited at **Dazibao** curated by Émilie Serri - Mtl
- 2019 **27th Quinzena de Dança de Almada** - International Dance Festival exhibition 'Painting With The Man' Sept 21 to Oct 13 - Portugal

- 2018 **Dunlop Art Gallery** 'URL:IRL' curated by Blair Fornwald, Jennifer Matotek, and Wendy Peart - Regina
- 2018 **Ājagemō Gallery / Canada Council for the Arts** - video work 'Land' exhibited as part of 'Thunderstruck: Physical Landscapes' curated by Jenn Goodwin - June 2018 to January 2019 - Ottawa
- 2018 **VIDEOSKIN / The Edge Gallery** screening 'Above / Beyond /Outside' and 'HYPER_' - Whitehorse, Yukon, Canada
- 2017 **WUFF - Winnipeg Underground Film Festival** 'Painting With The Man' - exhibition at Poolside Gallery - Wpg, Mb
- 2017 **ForthWith Festival for Experimental Art & Technology** 'Painting With The Man' screening in Winnipeg, Manitoba
- 2017 **Gallery 1C03 / University of Winnipeg** 'HYPER_' screening as part of 'Moving Images' exhibition curated by Jennifer Gibson - Wpg
- 2014 **Bauhaus Archiv** 'Sensing the Future: Moholy-Nagy, Media & the Arts' video work 'Threshold', Oct 2014 - Jan 2015, Berlin
- 2014 **Plug In ICA** 'Sensing the Future: Moholy-Nagy, Media & the Arts' video work 'Threshold', May - June 2014, Winnipeg
- 2014 **Morris And Helen Belkin Art Gallery** 'Welcome to Screenland' video work '2B' curator: Carolyn Jervis - Vancouver, B.C.

Selected Video Screenings

- 2025 **Emami Art Experimental Film Festival / WNDX Festival of Moving Images** screening "Threshold" - Kolkata, India
- 2025 **WNDX Festival of Moving Images** screening "Time To Wake Up" - Winnipeg
- 2025 **Stockfish Iceland / Physical Cinema** screening "Time To Wake Up" Guest curator: Helena Jónsdóttir - Reykjavík, Iceland
- 2025 **Dancemakers x FADO Performance Art Centers** 'Future Dances' project commission of new short work - Toronto, Ontario
- 2024 **WUFF - Winnipeg Underground Film Festival** 90sec Shorts Program 'Working With Choreographic Expectations' - Winnipeg
- 2024 **Boreal Screen Dance Festival / Akureyri Art Museum** - 'Field of View' - Nov - Akureyri, Iceland
- 2024 **ALC Video Art Festival** screening of "VR Commodity- A Manifesto" May 8-11, Alicante, Spain
- 2024 **CINEDANS 2024: ICELAND IN THE EYE** screening of "Flying low" Guest curator Helena Jonsdottir - March 20 - 24 - Amsterdam
- 2023 **Movimiento en Movimiento** screening 'CPA (Consistent Partial Attention) as part of Danzfagia 2023 Festival internacional de danza para la pantalla, Colección videodanza curator: Yolanda Guadarrama April 28th - Mexico City
- 2023 **Addis International Film Festival & WNDX Festival of Moving Images** screening of 'VR Commodity - A Manifesto' - Ethiopia
- 2022 **Manufacturing Entertainment / Vucavu.ca** Unbound A/V Art: Redefining the Undefined, screening of 'Field of View' - online
- 2022 **Simultan Festival** screening of 'VR Commodity - A Manifesto' - October Romania
- 2022 **WNDX Festival of Moving Images** screening of 'VR Commodity - A Manifesto' - October Winnipeg
- 2022 **Jazz Winnipeg** outdoor screening of commissioned video 'Brave Land' - October Winnipeg
- 2022 **Video Pool Media Arts Center** outdoor screening of 'Field of View' - October Winnipeg
- 2021 **Platform Gallery** online screening of "Threshold" in PLAY curated by Madeline Sept 3 - Oct 1 - online
- 2021 **Toronto Love-In** online screening of virtual game environment created for their event - six short machinima videos - July
- 2021 **Cinemovement / CINEMOTH** 'Excerpts of Consistent Partial Attention' online audiovisual library initiative - Singapore
- 2021 **Ely Center of Contemporary Art** 'Disembodied Beings' screening as part of 'The (NotSo) Short Fest - A Collection of Video Shorts Created By the Transart Community 2004 - 2020' New Haven, Connecticut - online
- 2020 **Lightbox Film Centre / University of the Arts** 'New Toronto Works' 'Disembodied Beings' online screening, Pittsburgh
- 2020 **The Fifty Fifty Arts Collective** 'New Toronto Works' 'Disembodied Beings' online screening, Nov 18th
- 2020 **Nocturne / Atlantic Filmmakers Cooperatives (Halifax)** 'New Toronto Works' 'Disembodied Beings' online screening, Oct 12 - 17
- 2020 **Saskatchewan Filmpool Coop, Winnipeg Film Group, and PAVED Arts** in partnership w/ **Pleasure Dome** 'NTW screening' Oct 21st
- 2020 **Video Out/VIVO Media** - NTW screening / New Vancouver Works 'Disembodied Beings' online screening, Oct 16
- 2020 **Gimli Film Festival** 'Disembodied Beings' Shorts Program #4: THE BODY IS BORN (WITH A MISSION TO DIE) curated by Stephanie Berrington - online - July 24th
- 2020 **Ely Center of Contemporary Art** 'Disembodied Beings' screening as part of 'The (NotSo) Short Fest - A Collection of Video Shorts Created By the Transart Community 2004 - 2020' New Haven, Connecticut - screening TBA date
- 2020 **Transart Institute** 'The (NotSo) Short Fest - A Collection of Video Shorts Created By the Transart Community 2004 - 2020' Compiled by Jean Marie Casbarian 'Disembodied Beings' online screening August 15
- 2019 **Pleasure Dome** 'Disembodied Beings' as part of 'New Toronto Works' screening at The 519 - Toronto
- 2019 **GIV - Groupe Intervention Vidéo** 'The Vault/La Voûte' screening 'CVS [Computer Vision Syndrome] December 18 - Montreal
- 2019 **Pleasure Dome** 'Painting With The Man' - screening at Niagara Custom Lab, curator Shahbaz Khayambashi - Toronto
- 2019 **Movimiento en Movimiento #8** 'Disembodied Beings' - screening at Museo Universitario Del Chopo - Mexico City
- 2019 **Physical Cinema Festival** 'Painting With The Man', 'Release Technique' 'Core to Distal' - Reykjavík, Iceland
- 2019 **Theater Freiburg 'TanzKino'** Video work 'CVS [Computer Vision Syndrome]' - Freiburg, Germany

- 2018 **21st Antimatter [Media Art] Festival** – screening ‘Painting With The Man’ – Victoria, BC
- 2018 **Festival International de Danse Animée** – screening at Canter Theater / University of Réunion Island - France
- 2018 **7. International Dancefilmfestival 'L'art difficile de filmer la danse'** Danscentrumjette - Belgium
- 2018 **Videomedeja Festival / Museum of Contemporary Art of Vojvodina** screening - Novi Sad, Serbia
- 2018 **LINOLUEM Contemporary Animation and Media Arts Festival** screening - Kiev, Ukraine
- 2018 **GIV - Groupe Intervention Vidéo** ‘27e Vidéos De Femmes Dans Le Parc’ screening - Montréal, Qc
- 2018 **Studio 303** ‘All Nuit Long Vidéodanse re(MIX)’ curators: Kim-Sanh Chaû and Guillaume Vallée - Montreal
- 2017 **WNDX - Festival of Moving Images** ‘Release Technique’ screening as part of Prairie Animation - Winnipeg
- 2017 **Moving Bodies Festival** ‘Painting With The Man’ screening in Varna, Bulgaria
- 2017 **Gimli Film Festival** ‘Brief Encounters & Sustained Engagement’ screening in Gimli, Manitoba
- 2017 **Winnipeg Film Group** Women’s Animation Program screening of ‘Flying Low’ curated by Monica Lowe - online
- 2017 **VUCAVU.CA** screening of ‘Brief Encounters & Sustained Engagement’ curator Eva Michon - online
- 2017 **Traverse Vidéo Festival** ‘Threshold’ screening - Toulouse, France
- 2017 **Festival International de Vidéo de Danse de Bourgogne** ‘Dances Macabres’ *collective video project*
Additional screening dates at ‘Dancing the Impossible: Choreography for the Camera’ Buenos Aires, Argentina
‘Totentanz program - Screendance series: TanzKino. State Theater of Freiburg, Germany
- 2016 **Video Pool Media Art Centre** - ‘Insomniac’s Dream’ curated by Kegan McFadden and Letch Kinloch - screening of HYPER - online
- 2016 **Videomedeja Festival** - 20th International Video Festival, screening of ‘Threshold’ - Novi Sad, Serbia
- 2016 **8th Festival International De Vidéo Danse de Bourgogne** screening ‘Dances Macabres’ an omnibus collective work - France
- 2016 **WNDX - Festival of Moving Images** - screening of ‘Threshold’ - Winnipeg
- 2016 **DAÏMÔN VFP- Videos Femmes Dans La Parc** - ‘30 years’ screening of ‘Threshold’ - Gatineau, Qc
- 2016 **GIV - Groupe Intervention Vidéo VFP** - Videos Femmes Dans La Parc, screening of ‘Threshold’ - Montreal
- 2016 **Saw Video** ‘Frame Lines: 11 Choreographies for Camera’ curated by Christopher Rohde, screening of ‘Pox’ - Ottawa
- 2014 **Fabulous Festival of Fringe Film** ‘Scary Movies’ HYPER_ curated by Shawna Dempsey and Lorri Millan, Durham, Ontario
- 2014 **Cinematheque / Winnipeg Film Group** ‘Weeping & Gnashing of Teeth: Contemporary Women’s Animation’ curated by Dave Barber, screened video work ‘Release Technique’ - Winnipeg

Selected Collaborative Work

- 2023-24 **Canadian Museum of Human Rights** - Purge Exhibition - Video Installation ‘Regulation of Desire’ Director: Noam Gonick (movement director / Choreographer) with five dancers from the Royal Winnipeg Ballet, a pole dancer and a contemporary dancer.
- 2023 Research / Creation with UK based composer / media artist **Luke Nickel** project ‘Gravitational Pull - February 2022 to July 2023
- 2023 Collaboration with **Will Pappenheimer** (motion capture / performance) ‘Beacon-Hands : Emma Lazarus’ Animated AR alt-monument placed over the Statue of Liberty, New York
- 2022 **#MakeUsVisible x denkFEmale curated by XREnsemble** - collaboration with **Will Pappenheimer** (motion capture / performance) ‘Beacon-Hands : Emma Lazarus’ Animated AR alt-monument for the site of the Bavaria Statue, Munich, DE
- 2022 Remote digital collaboration drawing and performance with **Carole Kim** based in SF using the software ‘Isadora’ - March 2022
- 2022 **Dilate Ensemble’s** ‘CATENA: sound/image through a hybrid network’ **CounterPulse’s** 2021 Combustible program ‘Improvising the Net(Work)’ residency in partnership with **Thoughtworks Arts** (online guest performer / participant) - San
- 2021 **Alpha Gallery** - collaboration with **Will Pappenheimer**
Exhibition ‘HOME REMEDIES FOR LUCID DREAMING - April 2nd to May 1st (motion capture / performance) - Boston
- 2019 **Mike Kelly Gallery** at ‘Beyond Baroque Literary Arts Center’ Augmented Reality collaboration ‘Angsty Pool’ with Will Pappenheimer exhibition (motion capture) - Los Angeles
- 2018 **Activatar** (AR / VR app) collaboration with **Will Pappenheimer**
mobile exhibition of ‘Pool Scratch’ curated by Christopher Manzione and Moving Image - April 1-31st (motion capture)
- 2018 **Grounds for Sculpture** - AR collaboration with Will Pappenheimer - exhibition ‘Synthetic Cells: Site and Para (Site)’ in response to Michael Rees work (motion capture) - New Jersey
- 2018 **Mark Neufeld** video project incorporating Mark’s sculptures and paintings - April (collaboration with movement / performance)
- 2017 **Danielle Sturk** / Animation with Aftereffects for research towards ‘El Toro’ doc (animation)
- 2016 **Begonia** / Choreography for music video, Dir. **Becca Blackwood** (Choreographer / performer)

- 2015 **Wanda Koop Studios** / 'Trick Rider' video for exhibition in 2016 - Dir: Tyler Funk (Choreographer / performer)
- 2012 **BMO Project Room / Sarah Anne-Johnson** Commissioned to create audio for Johnson's installation - Toronto
- 2012 **Onassis Cultural Center / Medea Electronique** 'Across the Great Divide – Creative Human – Machine Improvisations' Performance of two works w/ I.S.E improvisational music ensemble - Athens, Greece
- 2010 - 2012 **Lókal International Theatre Festival & núna (now)** 'The Island' collaborative devised performance work created over two years premiered in Reykjavik, Iceland September 2011 - subsequently in Winnipeg 2012 w/ *Arne MacPherson, Friðgeir Einarsson, and Ingibjörg Magnadóttir* - Manitoba & Iceland

Selected Residencies

- 2025 **Motion Bank / A&E Lab Choreographic Coding Lab (CCL)** - 10 days lab with focus on AI, facilitated by David Rittershaus (Motion Bank at Hochschule Mainz), Daniel Bisig (Centre for Dance Research, Coventry University, Zurich University of Arts and Motion Bank) and Marlon Barrios Solano (University of Florida) - Chatham, UK
- 2025 **LA SERRE - arts vivants** Residency support throughout the year online, July 2025 three weeks in Montréal
- 2021 **SummerWorks Festival Virtual Residency Lab** program - developing video work "Field of View" and exploring volumetric capture
- 2020 **SÍM - Icelandic Association of Visual Artists** Residency one month Seljavegur- Reykjavik, Iceland (*Declined as a result of Covid-19*)
- 2018 **Oboro - New Media Lab** - Research Residency - July 2018 - Montréal, Quebec
- 2017 **CounterPulse** 'Combustible' Dance & Technology Artist in Residence & Commissioning Program - San Francisco, California
- 2016 **Eyebeam (NY) / Oregon Story Board / Upfor Gallery** Augmented Reality / Virtual Reality Residency - 10 days - Portland
- 2014 **SÍM - Icelandic Association of Visual Artists** Residency one month - Reykjavik, Iceland
- 2013 **Atlantic Center for the Arts** – Associate Artist in Residence with Master Artist **Charles Atlas** – New Smyrna Beach, Florida
- 2013 **Plug In Institute for Contemporary Art** 'Summer Institute' w/ **Dr. Oliver Botar, Roy Ascott, Ken Gregory** - Winnipeg
- 2013 **Atlantic Center for the Arts** – Associate Artist in Residence with Master Artist **Coco Fusco** – New Smyrna Beach, Florida
- 2012 **Medea Electronique / Koumaria Residency** - two week residency in Sparta & Athens, Greece
- 2012 **EMPAC – Experimental Media & Performing Arts Center** / Rensselaer Polytechnic Institute - Troy, New York

Selected Honors / Awards / Grants / Commissions

- 2025 **Mois Multi - Festival international d'arts multidisciplinaires et électroniques / OFFTA** - Hybridity Grant | Bourse Hybrid
- 2025 **Dancemakers x FADO Performance Art Centers** 'Future Dances' project commission of new short work - Toronto, Ontario
- 2025 **Canadian Heritage Grant** - Translation - applied for by OFFTA / La Serre Arts Vivants to support the translation of my work Motion Aftereffect for presentation in Montreal and Quebec City
- 2025 **Canada Council for the Arts** Arts Across Canada
- 2024 - 2025 **Manitoba Arts Council** Create Grant
- 2025 **Manitoba Arts Council** Travel / Professional Development Grant
- 2023 **Ten Gates Dancing Inc.** Tedd Robinson Memorial Project - MULTIPLES - gifted items from Tedd's archive, invited to respond and reflect through creation and engagement with the archival items. Shared with a number of peers in September 2023
- 2023 **PIX Film / Artificial Museum** AR artwork commission for "Translunar Formations" created work "Passages Into A Weightless Medium"
- 2022 **Jazz Winnipeg** video work commissioned in response to local musician, work called 'Brave Land'
- 2021 **The Lumen Prize for Art and Technology** 'MÆ- Motion Aftereffect' longlisted for the 'B.C.S Immersive Environments category'
- 2021 **Winnipeg Arts Council** Individual Artist Grant - successful Fall 2021
- 2020 **Sobey Art Award** – Longlist Awardee - nominated by Video Pool Media Arts Center
- 2020 **UK-CANADA IMMERSIVE EXCHANGE** Creative Lead for program supported by an international partnership between StoryFutures Academy, the National Centre for Immersive Storytelling (run by the National Film and Television School and Royal Holloway, University of London), and Arts Council England in the UK, and the Canada Media Fund, Canadian Film Centre and the Canada Council for the Arts - Taking place between November 2020 and February 2021
- 2020 **Manitoba Arts Council 'Award of Distinction'** candidate - nominated by Dave Barber
- 2020 **Winnipeg Arts Council** Individual Artist Grant
- 2020 **Canada Council for the Arts** Lead applicant Luke Nickel 'Gravitational Pull' creation proposal - *collaborator - successful 2021*
- 2020 **Manitoba Association of Playwrights** 'Dramaturgical Fund' to support my work AVATAR being published as a script in Spring 2021
- 2019 **Hemispheric Institute for Performance & Politics in the Americas** - funding from **Canadian Consortium on Performance & Politics in the Americas** to attend the 'Encuentro' as a research collaborator - Mexico City
- 2018 **Winnipeg Arts Council 'Making A Mark Award'** recipient nominated by **Video Pool Media Arts Centre**
- 2018 **Sobey Art Award** – nominated by **MAWA - Mentoring Artists for Women's Art**

2017 - 2019 **Canada Council for the Arts** Concept to Realization Grant
 2018 **Manitoba Arts Council** New Brunswick / Quebec Creative Residency Grant
 2017 - 2018 **Manitoba Arts Council** Media Arts Creation / Production Grant
 2017 **Canada Council for the Arts / Canadian Heritage** Jeux De La Francophonie tour to Ivory Coast, Africa
 2017 **Counter Pulse 'Combustible - Dance / Technology 'Artist in Residence Commissioning' program** recipient
 2016 - 2018 **Manitoba Arts Council** Dance Creation / Production
 2015 - 2016 **Winnipeg Arts Council** Individual Artist Grant
 2015 **Canada Council for the Arts** Creation / Production with Collective Corps for CPA [Consistent Partial Attention]
 2015 **Canada Council for the Arts** Touring Grants - National & International Tour of HYPER_
 2015 **Manitoba Arts Council** Quebec / New Brunswick Residency Grant
 2015 **Winnipeg Arts Council** 'Making a Mark Award' nominated by **Dave Barber**
 2014 **National Media Art Prize / IMAA Independent Media Arts Alliance** nominated by **Video Pool Media Arts Center - Winnipeg**
 2014 **Manitoba Arts Council / Creation Grant** - duet on James Phillips & Lise McMillan - as Collective Corps
 2014 **Canada Council Legacy Program** - Attend ISPA - International Society for the Performing Arts 28th Congress in NYC
 2013 - 2014 **Canada Council for the Arts** Inter-Arts Creation / Production Grant
 2013 **Joan Mitchell Foundation Scholarship** Atlantic Center for the Arts (residency with Charles Atlas) New Smyrna Beach
 2013 **Joan Mitchell Foundation Scholarship** Atlantic Center for the Arts (residency with Coco Fusco) New Smyrna Beach
 2010 **Buddies in Bad Times Vanguard Award for Risk and Innovation** Summerworks Theatre Festival, Toronto

Education / Training

2005 - 2007 **Transart Institute / Donau Universität Krems, Austria / Masters of Fine Art in New Media**
 2004 - 2005 **University of Manitoba / School of Art / visual art courses**
 2001 - 2004 **University of Winnipeg / The School of Contemporary Dancers / Bachelor of Arts Honors in Dance**
 1995 - 2002 **Canada's Royal Winnipeg Ballet / Professional Training Program / Winnipeg, Manitoba**
 1993 - 1995 **Winnipeg's School of Contemporary Dancers / Junior Professional Training Program / Contemporary dance**

Workshops / Training

2025 **Video Pool** "Code & Canvas: Art & Design with TouchDesigner" Saturdays, June 14, 21, 28 and July 5,, 1-2:30 pm
 2025 **Winnipeg's Contemporary Dancers w/ Margie Gillis** "Dancing From the Inside Out" - Jan 27 - 1hr1/2 workshop
 2024 **Aabijijiwan New Media Lab** Explore the Circle with Creative Coding in P5.JS with Matthis Grunsky - Nov 28

 2024 **Unity Professional Development Course: Teach Unity**
 7hrs and 15min of instruction over 3 weeks (Skills to teach Unity development and deliver instruction related to the Unity Certified Associate: Game Developer exam.) date completed 2024-08-06

 2023 **PIX FILM** WebXR & 3D workshops (Blender, Glitch.com w/ Jeff Tran, Nick Fox-Gieg, Ms Litto, Jascha Ehrenreich – March 4, 11, 18)

 2022 **OCADU / New Media Manitoba** 'Bodies in Wearables' workshop 1 "LEDs for Personal Expression" October 26th & Workshop 2 - Kinetic Wearables Toolkit - November 2, 2022. Part of a larger project SSHRC funded project called "Bodies in Play" - a partnership between DMG (Dames Making Games) and OCAD University's Social Body Lab and game:play Lab.

 2022 **InterAccess** 3D Portal Intro to Blender - Hiba Ali - online
 2022 **Trinity Square Video** Intro to Blender3D Online" Allison Escobar - online
 2022 **Trinity Square Video** 'Surreal Landscapes in Blender' Holly Chang - online
 2021 **Holophon Audio Arts / Paved Arts** 'Ableton Live for Beginners' taught by Greta Peart (ygretz) - online
 2020 **ISEA - International Symposium on Electronic Art** workshop 'Avatars4All' on AI tools for photo and video, led by Eyal Gruss online
 2020 **MAWA - Mentoring Artists for Women's Art** Focussed Mentorship in Integrated Paint / Collage with Bonnie Marin Sept - Nov
 2020 **ICK Amsterdam 'Augmented Reality Makeover Party'** led by Jeremy Bailey - online

Selected Professional Affiliations

2021 - ongoing **University of Manitoba** - School of Art - Assistant Professor in Digital Media - Teach graduate and undergraduate courses
 2020 - 2023 **FADO Performance Art Centre** Board member August 2020 to 2023 - Toronto
 2019 - 2021 **Sensorium: Centre for Digital Arts and Technology / York University** - Executive Committee Member
 2017 - 2021 **York University** - Department of Dance - Assistant Professor - Teach graduate and undergraduate courses in creation, performance, video dance / screendance and intermedia performance

- 2005 - 2021 **Video Pool Media Arts Center** (*Board Member 2012 - 2021, Artist member since 2005*)
- 2013 – 2019 **Canadian Consortium On Performance & Politics in the Americas** - Research Collaborator w/ seven year **SSHRC - Social Sciences and Humanities Research Council** funded project led by Dr. Peter Kulchyski at University of Manitoba
- 2006 - 2017 **núna (now) Festival** (*President of the Board since 2010 / member of the curatorial committee*) Fostering engagement between Canada & Iceland through multidisciplinary contemporary art programming
- Occasional **Canada Council for the Arts, Manitoba Arts Council, Winnipeg Art Council, Winnipeg Film Group, Video Pool and 8Days** Jury Member, various programs - *Public art, inter arts, dance, film and video, residency programs, artist in the schools, student bursaries*

Selected Panel Discussions / Artist Talks / Guest Lectures

- 2024 **"Dance and/as Technology: More-than-Human Choreographies, Performers, and Audiences"** organized by Hilary Bergen and Phillippe Bédard <https://dancetech.ca/program/> - Montreal
- 2023 **Hugarflug 2023: Many futures - Futures of the many** / Listahaskoli / Iceland University of the Arts - Reykjavík, Iceland
Artist Talk on my work 'Motion Aftereffect' - online
- 2023 **Manitoba Drama Educators' Association (MDEA)** Panel on Artificial Intelligence - Royal Manitoba Theatre Center - Oct 20th
- 2022 **Mile Zero Dance** 'Dance in Digital Panel Discussion' with artist Moon Ribas, hosted by Kelly Ruth - Edmonton / online via Zoom
- 2021 **Cultural Pluralism in the Arts Movement Ontario (CPAMO)** co-presentation at the **'Gathering Divergence Multi-Arts Festival & Conference Fall** May 19th -21st 2021' artist showcase with Uhanna Charles of 'Caribbean Canadian Artistic Stars INC' and Joel Ong.
- 2021 **CATR 2021 - The Canadian Association for Theatre Research** Canada Playwrights Press - artist talk / performance with David Owen as part of the launch of the new publication 'AVATAR' as a score / script in "Long Live the New Flesh: Six Plays from the Digital Frontier" anthology on Digital Theatre.
- 2020 **MOVIMIENTO EN MOVIMIENTO 9TH EDITION** panel 'Questions Without Answers' screendance and video art specialists María Rogel, Antonio Arango, Freya Olafson, Yolanda M. Guadarrama. Moderator Lucitzel Pedrozo - Oct 26th - Mexico / online
- 2020 **Toronto Dance Community Love-In** 'Digital Dancing: Fears and Concerns, Potentials and Promise' Animated by Sasha Kleinplatz and Andrew Tay with guest panelists Naoto Hiéda, Brendan Jensen, Joana Chicau and Freya Björg Olafson - July 6th - online
- 2018 **CATR 2018 - The Canadian Association for Theatre Research** - Skype participant as part of a roundtable on 'Digital Dance, Drama, Theatre and Performance Studies in Canada' - Kingston, Ontario
- 2018 **Pacific Northwest College of Art / Kadenze** Guest Lecture in online course 'Creating for Mixed Reality' by Thomas Wester - Portland
- 2018 **San Francisco Art Institute** Guest Lecture in digital media course, taught by Victoria Scott - San Francisco
- 2017 **Augmented / Virtual Reality Colloquium - Oregon Story Board** - skyped in to participate - Portland, OR
- 2017 **San Francisco Art Institute** Guest Lecture in digital media course, taught by Victoria Scott - San Francisco

Selected Papers | Publications | Catalogues

VUCAVU.EDU my videoworks 'Threshold', 'VR Commodity- A Manifesto', 'Brief Encounters & Sustained Engagement', 'Field of View' and 'Painting With the Man' have been selected for inclusion in an online educational resource on VUCAVU.edu funded by a **MITACS grant**

Bloomsbury Encyclopedia of Animation Studies (Second Volume): Techniques, Processes, Environments, co-edited by Alla Gaddasik, Dr. Franziska Bruckner and Jordan Gowanlock - Short book chapter (2,000 words) on virtual animation and motion capture: for example, centering the evolving MAE Motion Aftereffect work and its conceptual insights on the mediation of movement and gesture through motion-capture.

Playwrights Canada Press published my work 'AVATAR' (premiered in 2009) as a score / script in the anthology on Canadian Digital Theatre "Long Live the New Flesh: Six Plays from the Digital Frontier Edited by David Owen – Published July 2021 – p.43 to 89 – Toronto

LUMA QUARTERLY "Materiality, Interaction, and the Other: Colton Hash & Freya Olafson" By Stacey Cann ISSUE 024, VOLUME SIX | SUMMER 2021

FOLDA Festival / online Magazine PerFORM, wrote article 'Manifestos in Flux', editor Laurel Green

Rhubarb Festival 'Audience Handbook' organized by Cara Spooner - I created four audience prompt cards in collaboration with my mother Penny

Pleasure Dome 'Lost And Found In Late Capitalism' Screening Catalogue, writing about my work 'Painting With The Man', Curator: Shahbaz Khayambashi, screening essay by Mason Wales - December 2019

9th Movimento En Movimento - International Screendance Festival - Wrote an artist text for their program catalogue dedicated to 'Body / Identity'

Hilary Bergen, ARCHÉE - Arts Médiatiques & Cyberculture "Not a Girl Dancing": Gender, Spectacle and Disembodiment in the work of Loie Fuller and

Freya Olafson - online March 4, 2019

LUDWIG museum Bauhaus 100, exhibition catalogue

Also As Well to Press | 'Winnipeg Telephone (Artist) Book published image in response to visual artist Mark Neufeld – in print 2017

Repères, Cahier de danse no*40 La Vidéo-Danse 'à L'ère Numerique, "Omnibus: Les Video-danse collectives" Boulégue, Franck La Briqueterie CDCN DU Val-de-marne – 2017 - France

Video Pool Media Arts Centre exhibition catalogue 'Isolated Landscapes: video by prairie women (1984-2009)' Kathy Rae Huffman, performance of 'MAE - Motion Aftereffect' 2017- Winnipeg

8 DAYS III, IV and V / Choreographic Retreat Collective Publications - 2014 'Banana Panda' Print, 2015 digital PDF, 2016 online on NewHive

Dr. Ashley Majzels is a **Ph.D graduate** in Theatre Historiography from the **University of Minnesota** his dissertation 'This Is Not My Body: Alienated Corporeality and Brechtian Critical Theatre Practices' wrote about **AVATAR & HYPER_** submitted in April 2015

Sensing The Future: Moholy-Nagy Media & The Art book / exhibition catalogue by **Dr. Oliver Botar** Lars Müller Publishers - October 2014