

ПРОМТЫ для VEO 3:

суп из лавы АСМР:

Scene: Close-up shot focused on a bowl of glowing lava soup, placed in a modern kitchen setting with professional studio lighting, creating a warm and intimate atmosphere.

Main Character: A 30-year-old Asian woman with black hair and fair skin. Her lips and lower face are visible, showing subtle natural makeup. She maintains a calm and focused expression as she eats.

Background & Setting: A clean, softly blurred kitchen background with neutral tones to keep the focus on the bowl and the action. The lighting highlights the glossy, molten texture of the lava soup and the delicate crumbs of magma floating on top.

Camera: Static close-up framing, focusing on the lower half of the woman's face and the bowl of lava soup, capturing every detail of the spoon movement and the

Scene: Intimate close-up of a glowing bowl of lava soup being eaten, set in a minimalistic kitchen environment with professional studio lighting that highlights textures and warmth, creating a focused and serene atmosphere.

Main Character: A 30-year-old Asian woman with black hair and fair skin. Only her mouth and lower face are visible in the frame. Natural makeup with subtle gloss on lips, calm and concentrated expression as she eats.

Background & Setting: Blurred modern kitchen interior with neutral tones. Soft, even studio light emphasizes the glowing molten lava soup and tiny glowing magma crumbs floating in the bowl.

Camera: Static close-up shot framing the lower half of the woman's face and the bowl. The camera remains still to focus on the detailed movements of spoon and flowing lava soup.

Dialogue & Action (8 s):

0-2 s: The woman lifts a spoon filled with glowing molten lava soup slowly toward her lips; the lava shimmers with molten glow.

2-5 s: She sips the soup carefully, slight steam rising from the bowl; sounds of soft slurping and gentle spoon tapping on the ceramic bowl are clearly audible.

5-8 s: She lowers the spoon; lava ripples gently; tiny magma crumbs float and sink; the delicate eating sounds continue, emphasizing texture and intensity.

[No dialogue, only natural eating sounds of spoon, lips, and soup]

девушка режет облако ASMR:

Scene: A calm early morning in a cozy kitchen, soft natural light filters through the window, creating a peaceful and intimate atmosphere ideal for ASMR.

Main Character: A young woman in her mid-20s with gentle facial features (face visible partly), wearing a simple light pastel sweater; her hands are delicate and well-groomed, holding a sparkling diamond knife with care and precision, calm and focused mood.

Background & Setting: Modern kitchen countertop with light wooden surfaces, some kitchen utensils neatly arranged in the background, soft morning light enhancing warm tones, a subtle hint of steam or mist around the foam cloud for the dreamy effect.

Camera: close-up POV shot focused on the hand holding the diamond knife and the fluffy foam cloud, slight slow zoom in to capture the intricate cutting action and texture of the foam.

Dialogue & Action (8 s):

0-2 s: The woman gently holds the diamond knife above the foam cloud. The sun's rays softly illuminate the scene.

2-5 s: The knife slowly slices through the foam cloud producing crisp, delicate popping and crackling ASMR sounds, the foam gently compresses and disperses.

5-8 s: The knife finishes the cut, tiny foam particles float softly in the air, the hand slightly retracts, lingering on the last touch of the foam, creating a soothing, immersive ASMR moment.

парень месит лаву ASMR:

Scene: A close-up of a wooden table with glowing black lava smoothly flowing on its surface, intimate and calming atmosphere, soft natural lighting.

Main Character: Young man's hands visible from the wrists down, wearing thick black protective gloves, movements slow and deliberate, creating a soothing tactile interaction.

Background & Setting: Minimalist indoor setting with warm tones, subtle shadows cast by the lava's gentle glow on the tabletop, focus entirely on the hands and lava.

Camera: Extreme close-up on gloved hands and lava, stationary wide focus on hands manipulating lava, slow camera zoom-in starting from the edge of the table towards the palms.

Dialogue & Action (8 s):

0-2 s: The hands gently press into the black, viscous lava, feeling its texture, slow and smooth movements.

2-5 s: The hands begin lifting a portion of the lava, fingers curling slightly, the lava stretches and flows like thick liquid, tactile sounds amplified.

5-8 s: The hands slowly unfold and drop the lava back onto the table, the surface rippling softly, subtle crackling and liquid sounds filling the quiet space.

режем лампочку АСМР:

Scene: Dimly lit cozy kitchen in the evening, warm and intimate atmosphere with soft shadows.

Main Character: A human hand with slender fingers and clean nails, holding a glowing incandescent light bulb steadily; no other body parts visible. The hand appears calm and focused.

Background & Setting: Wooden cutting board placed on a rustic kitchen table with subtle textures; faint ambient light highlighting the glass bulb and the knife. Slight reflections on the table surface.

Camera: Close-up, claustrophobic top-down shot focusing tightly on the bulb, hand, and knife; slow gentle tilt from left to right.

Dialogue & Action (8 s):

0-2 s: The hand gently presses the tip of a large kitchen knife against the bulb's glass surface; faint crack sounds begin, electric humming emerges softly.

2-5 s: The knife smoothly slices into the bulb, tiny glass fragments slightly shift but do not fall; the glowing filament flickers subtly, producing delicate ASMR glass-crackling and electric sounds.

5-8 s: The knife finishes the cut, gently separating a thin shard from the bulb while the hand keeps it steady; soft sounds of cutting and glowing filament humming continue; the atmosphere is tranquil yet tense.

АСМР пирожное из баллончика:

Ultra-realistic cinematic ASMR food video. Extreme close-up of a spray can with patterned design held by a gloved hand. The nozzle sprays softly, releasing a fluffy golden dough that gradually transforms into a mini lattice pie with a golden crust and glossy dark-purple blueberry filling, crumbs and juice visible. Hyper-detailed textures: metallic spray nozzle, smooth dough becoming crumbly crust, shiny jam with natural reflections. Filmed in macro style with shallow depth of field, soft cinematic lighting. Emphasis on ASMR: crisp spray sound, gentle crackle of crust, juicy squish of filling.

кисть превращает краску в золотые кристаллы:

Ultra-realistic cinematic ASMR art video. Extreme close-up of a black-gloved hand holding a sleek black brush, gently touching a clean white canvas with shiny golden paint. The moment the paint spreads onto the surface, it instantly begins to crystallize, growing into intricate golden crystals and textured formations directly from the liquid. Hyper-detailed textures: metallic gold paint transforming seamlessly into rough sparkling crystals, delicate bristles of the brush gliding across the paper. Macro perspective, shallow depth of field, soft cinematic lighting. Relaxing ASMR style: subtle brush strokes, soft paint sounds, gentle crystalline crackle as the golden structures emerge in real time.

ЛИСЕНОК ВЫХОДИТ ПРЯМО ИЗ ЯГОДЫ:

Ultra-realistic cinematic ASMR fantasy video. A snowy winter scene with gentle falling snow. On the ground rests a glossy deep-red translucent sphere, lightly covered with snow on top. Two hands gently press the sphere, and from inside, the shape of a small fox begins to appear, visible through the stretched glossy surface. In a seamless transition, the sphere bursts apart, releasing a sparkling liquid and revealing a cute luminous fox sitting on the snow, surrounded by shimmering red jelly-like fragments. Hyper-detailed textures: glossy surface of the orb, soft falling snow, realistic hands pressing, liquid reflections, and the soft fur of the fox glistening under cold cinematic light. Relaxing ASMR style: subtle snow crunch, soft squish of the sphere, delicate crackle as it breaks, and calm winter ambience.

ураган превращается в женщин из песка:

Ultra-realistic cinematic fantasy video. A vast desert under a golden dramatic sky. Enormous sand tornadoes rise from the ground, swirling violently. As the storm spins, the swirling sand begins to shift and morph — the tornado gradually compresses and transforms into humanoid forms. The stormy vortex seamlessly reshapes into tall hooded women in ancient desert robes, their figures emerging naturally from the twisting sand. Flowing cloth and intricate folds form out of the storm itself, as if sculpted by the wind. The transformation is smooth, with particles of sand still drifting around them as they stabilize. Finally, three hooded women stand in unison, shrouded in dust and mystery, their robes detailed, faces partly veiled. One of them raises her hands, golden sand streaming through her fingers, eyes glowing under the hood. Hyper-detailed textures: morphing vortex, shifting sand particles, fabric forming out of dust. Epic cinematic lighting, mystical atmosphere, seamless morphing transition.