

100- Ato Bolden	Piedmont Hills '91	9.86	Lausanne '99
200- Ato Bolden	Piedmont Hills '91	19.77	Stuttgart '97
400- Lee Evans	Overfelt '65	43.86	Mexico City '68
800- Rick Brown	Los Altos '71	1:45.4	Eugene '72
1500- Matt Guisto	San Mateo '84	3:38.06	Hengelo '90
Mile- Matt Guisto	San Mateo '84	3:55.58	Eugene '96
3000- Matt Guisto	San Mateo '84	7:41.60	Cologne '93
5000- Diego Estrada	Alisal '08	13:15.33	Palo Alto '13
10, 000- Diego Estrada	Alisal '08	27:30.53	Eugene '15
Marathon- Brett Gotcher	Aptos '02	2:10:36	Houston '10
110 HH- Arend Watkins	Silver Creek '97	13.23	Athens, Greece '05
400 IH- Andre Phillips	Silver Creek '77	47.19	Seoul '88
Steeplechase- Joey Berriatua	Serra '13	8:21.98	Los Angeles '24
Pole Vault- Scott Slover	Leland '94	18-10 $\frac{3}{4}$	Los Gatos '02
High Jump- Darius Carbin	Mt. Pleasant '16	7-6 $\frac{1}{2}$	Athens, Ga. '22
Long Jump- Jason Smith	Riordan '16	27-2	Azusa '23
Triple Jump- Reggie Jackson	Riordan '87	54-9 $\frac{1}{2}$	Fresno '90
Shot Put- Gregg Tafralis	Capuchino '76	72-1 $\frac{1}{2}$	Los Gatos '88
Discus- Mike Gravelle	St. Ignatius '83	214-0	Modesto '91
Javelin- Corey White	Mt. Pleasant '04	272-2	Austin '09
Hammer- Kevin McMahon	Bellarmine '80	260-0	Eugene '99
Decathlon- Dan Sheehan	Prospect '77	7622	'87
100- Jeneba Tarmoh	Mt. Pleasant '07	10.93	Des Moines '13
200- Jeneba Tarmoh	Mt. Pleasant '07	22.23	Monaco '15
400- Maddy Price	Menlo '14	51.42	Guelph (Canada) '24
800- Maggie Vessey	Soquel '00	1:57.84	Monaco '09
1500- Nikki Hiltz	Aptos '13	3:55.33	Eugene '24
Mile- Nikki Hiltz	Aptos '13	4:16.35	Monaco '23
3000- Shannon Rowbury	Sacred Heart Cathedral '02	8:29.93	Brussels '14
5000- Shannon Rowbury	Sacred Heart Cathedral '02	14:38.92	Brussels '16
10, 000- Francie Larrieu	Fremont '70	31:35.52	Seoul '88
Marathon- Francie Larrieu	Fremont '70	2:28:01	London '90
100 Hurdles- Vashti Thomas	Mt. Pleasant '	12.61	Kazan (Russia) '13
400 Hurdles- Leslie Maxie	Mills '85	55.20	San Jose '84
Steeplechase- Shiloh Whiting	San Lorenzo Valley '01	10:17.22	Oxford, MS '04
High Jump- Trish King	Menlo- Atherton '80	6-5	Indianapolis '88
Pole Vault- Dimara Planell- Cruz	Los Altos '11	14-9	Norwalk '16
Long Jump- Vashti Thomas	Mt. Pleasant '08	22-10 $\frac{3}{4}$	Eugene '12
Triple Jump- Arianna Fisher	Silver Creek '18	46-1 $\frac{1}{2}$ (i)	Albuquerque '23
Shot Put- Peggy Pollock	Cupertino '78	57-4 $\frac{1}{2}$	Indianapolis '87
Discus- Elena Bruckner	Valley Christian '16	204-7	Clovis '24
Javelin- Jennifer McCormick	San Mateo '90	179-5	Pullman '94
Hammer- Jillian Weir	Homestead '10	239-10	Langley (Canada) '22
Heptathlon- Wendy Brown	Woodside '84	6079	Indianapolis '88