The Goal: A Summary and Analysis of Eliyahu M. Goldratt's Groundbreaking Business Novel

TL;DR 🎯

• The Goal is a business novel using a compelling story to illustrate the Theory of Constraints (TOC), emphasizing that the primary goal of any company is to make money by maximizing throughput, minimizing inventory, and reducing operational expenses through the identification and management of bottlenecks¹.

A Fresh Look 66

- "The Goal" offers a novel approach to business management literature by presenting complex concepts like the Theory of Constraints and Lean Manufacturing principles within an engaging narrative. This storytelling method distinguishes it from traditional business texts, allowing readers to connect with the material on a personal level through the experiences of Alex Rogo, a plant manager facing significant challenges³. The use of a fictional scenario makes abstract ideas more tangible and demonstrates their practical application in a relatable context ⁴. The reader witnesses the struggles and eventual breakthroughs of Alex, facilitating a deeper understanding of the underlying principles ³.
 - The book's unconventional format, blending fiction with business advice, makes it more accessible and potentially more impactful than traditional non-fiction business books. Individuals who might typically avoid dense business texts may find themselves drawn into Alex's story and, in turn, absorbing valuable management lessons ⁴. This narrative approach allows for a more intuitive grasp of the interconnectedness of various aspects of a business.
 - o The continued popularity and widespread use of "The Goal" in business education and practice suggest that this unique method of delivery has been highly effective in conveying fundamental management principles. Its presence in over 60 college curricula ⁵ underscores its lasting influence and the resonance of its approach with both students and educators. This enduring appeal indicates that the story and the lessons it imparts have a timeless quality and remain relevant in today's business environment.
 - Insight 1: The novel format makes abstract business principles more accessible and memorable. By weaving the concepts into a compelling storyline with relatable characters, the book allows readers to experience the challenges and solutions vicariously. This emotional connection and contextual learning aid in comprehension and retention, making the principles more readily applicable to real-world scenarios.
 - o **Insight 2:** The book's enduring popularity suggests the effectiveness of this novel approach in business education and practice. The sustained high sales and its integration into academic curricula demonstrate that the book's method of conveying business management principles through a narrative resonates with a broad audience and has had a significant and lasting impact on management thinking.
- A key surprise for many readers is the book's emphasis on "throughput" as the primary
 driver of profitability, rather than solely focusing on cost reduction or maximizing individual
 resource efficiency. This perspective challenges the conventional wisdom that keeping
 all resources busy equates to productivity. Instead, it highlights the critical role of identifying
 and managing the system's constraints or bottlenecks to increase the rate at which the

company generates money 1.

- Traditional management often focuses on optimizing individual departments or processes in isolation. "The Goal" demonstrates that true improvement comes from understanding the entire system and focusing on the weakest links that restrict the overall flow of production and sales ³. This holistic view can be a significant departure from more compartmentalized approaches.
- The book's argument that a system's overall performance is dictated by its constraints can be a counterintuitive revelation. Many might assume that improving every part of a process will lead to overall improvement. However, "The Goal" convincingly shows that focusing on non-bottleneck resources beyond their necessary capacity does not increase throughput and can even lead to negative consequences like increased inventory 1.
- Insight 3: The emphasis on throughput over cost-cutting can be counterintuitive for businesses traditionally focused on minimizing expenses. While cost control is important, the book argues that maximizing the rate at which a company generates revenue is the most effective way to increase profitability. This shift in focus can be surprising for organizations that have historically prioritized expense reduction as their primary profit lever.
- Insight 4: The idea that a system's strength is determined by its weakest link (bottleneck) offers a powerful and often overlooked insight into process optimization.
 It is common practice to strive for efficiency across all operations. However, "The Goal" reveals that the overall output is limited by the constraint, and efforts should be concentrated on improving and managing this constraint to achieve significant gains in throughput.

Unpacking the Core

Key Themes:

- Defining the Goal: The book establishes unequivocally that the fundamental objective of any company is to make money, further specifying this as achieving simultaneous increases in net profit, return on investment, and cash flow. ¹ This seemingly obvious statement serves as a crucial anchor for all subsequent discussions and decisions within the narrative ⁶.
 - The protagonist, Alex Rogo, initially struggles with this basic concept, highlighting how easily organizations can lose sight of their primary aim amidst day-to-day operational pressures. The book uses Jonah, Alex's mentor, to repeatedly bring the focus back to this core principle ³.
 - By explicitly defining the goal in these financial terms, the book provides a clear and measurable benchmark against which all actions and improvements can be evaluated. Any activity that does not contribute to these financial outcomes is, by definition, unproductive in the context of the company's overarching objective ¹.
 - Insight 5: This seemingly obvious statement serves as a crucial foundation, prompting a re-evaluation of all actions and metrics against this primary objective.

 Many organizations can become bogged down in activities that feel productive but do not directly contribute to financial success. By clearly stating the goal, the book encourages a critical assessment of whether efforts are truly moving the company forward.

- Productivity: "The Goal" redefines productivity not as simply keeping busy or maximizing output at every station, but as any action that demonstrably brings the company closer to its financial goal. Actions that do not contribute to increasing throughput, reducing inventory, or lowering operating expenses are deemed unproductive, regardless of the effort involved.
 - This definition challenges the traditional view of productivity, which often focuses on local efficiencies or individual output metrics. The book argues that such localized focus can be detrimental if it does not align with the overall goal of making money ³.
 - The narrative illustrates this through examples of the plant operating at full capacity in various areas but still failing to meet delivery deadlines and improve profitability. This highlights the difference between being busy and being truly productive in the context of the company's objective ⁴.
 - Insight 6: This definition challenges traditional notions of productivity based on individual output or activity levels.

 It emphasizes the importance of aligning all activities with the overarching financial goal. Actions that do not directly contribute to making more money are considered wasteful, even if they appear efficient in isolation.
- Bottlenecks (Constraints): The book introduces the concept of a bottleneck as any resource whose capacity is equal to or less than the demand placed upon it, thereby limiting the overall throughput of the system. Identifying and effectively managing these constraints is presented as the key to significant performance improvement.
 - The hiking analogy in the book vividly illustrates this concept: the slowest hiker determines the pace of the entire group. Similarly, in a production system, the resource with the lowest capacity dictates the overall output [Insight 15].
 - The narrative follows Alex and his team as they struggle to identify the bottlenecks in their plant and then learn how to manage them to improve the flow of production and ultimately increase throughput ⁴.
 - Insight 7: Recognizing that the slowest part of a process dictates the speed of the entire process is a fundamental principle for system optimization. Description on improving the bottleneck, the organization can achieve the most significant gains in overall performance. Efforts to improve non-bottleneck resources beyond their required capacity will not increase throughput.
- - Jonah guides Alex to see the plant as a series of dependent events where the output of one process becomes the input of another. This interconnectedness means that problems in one area can have ripple effects throughout the entire system ³.
 - The book emphasizes that optimizing individual processes in isolation may not lead to overall improvement and can even create new problems elsewhere in the system. A holistic perspective is necessary to identify and address the root causes of inefficiencies ³.
 - **Insight 8:** This holistic perspective contrasts with a siloed approach to management and encourages collaboration and understanding across different

departments or functions. We Recognizing the interdependencies within a system allows for more effective problem-solving and optimization efforts that consider the entire flow of value creation.

- **Fluctuations and Dependencies:** The book highlights that variations in processing times at different resources do not simply average out in a production system with dependencies. Instead, these fluctuations tend to accumulate, leading to delays and reduced throughput, especially when processes are linked sequentially. χ
 - The hiking analogy also illustrates this point: if some hikers occasionally slow down, the entire group's progress is hindered, and the delays accumulate. Similarly, in a factory, variability in processing times at earlier stages can lead to significant delays at later stages, particularly at the bottleneck [Insight 15].
 - This concept emphasizes the need for careful management of flow and the strategic use of buffers to mitigate the negative impact of these accumulated fluctuations on the bottleneck and overall throughput ⁵.
 - Insight 9: Understanding the impact of variation and dependencies is crucial for managing lead times and ensuring timely delivery. Even small amounts of variability at non-constraint resources can negatively impact the performance of the constraint and the entire system due to the accumulation of these fluctuations in dependent processes.

Methodology:

- Socratic Dialogue: A key methodological element of "The Goal" is the use of Socratic dialogue, primarily between Alex and his former physics professor, Jonah. Through a series of insightful questions, Jonah guides Alex to discover the underlying principles of effective management and problem-solving.
 - This method encourages Alex (and by extension, the reader) to think critically and arrive at conclusions through logical reasoning rather than simply being told the answers ⁶. Jonah's questions prompt Alex to re-examine his assumptions and conventional management practices ⁵.
 - The narrative structure allows the reader to follow Alex's thought process as he grapples with the challenges in his plant and gradually comes to understand the principles of the Theory of Constraints through these guided conversations ³.
 - Insight 10: This pedagogical approach makes the learning process more engaging and helps readers arrive at the conclusions themselves, fostering deeper understanding and retention. By actively participating in the discovery process alongside Alex, readers are more likely to internalize the concepts and be able to apply them in their own contexts.
- Emphasis on Logical Thinking and First Principles: The book consistently emphasizes the importance of using simple, logical reasoning and questioning fundamental assumptions to identify the root causes of problems and develop effective solutions.
 - Jonah repeatedly encourages Alex to think about the basic purpose of the plant (to make money) and to evaluate all actions based on whether they contribute to this goal ⁶. This focus on first principles helps to cut through the complexity of day-to-day operations and identify what truly matters ².
 - The book demonstrates how applying simple logic, such as the analogy of the hiking trip, can lead to profound insights about managing complex systems [Insight 15]. This underscores the power of clear thinking in problem-solving.
 - Insight 11: This encourages a move away from relying on intuition or conventional

wisdom and towards a more analytical and data-driven approach to management.

By focusing on logical deduction and questioning assumptions, businesses can develop solutions that are based on a clear understanding of the underlying issues rather than just applying superficial fixes.

• Underlying Principles:

- Theory of Constraints (TOC): The central underlying principle of "The Goal" is the Theory of Constraints, a management philosophy developed by Eliyahu Goldratt. TOC posits that every system has at least one constraint that limits its ability to achieve its goal, and that focusing on identifying and managing this constraint is the most effective way to improve overall performance.
 - The entire narrative of the book serves as an illustration of the principles and application of TOC in a manufacturing setting ². Alex's journey of saving his plant is essentially a step-by-step implementation of the TOC framework ³.
 - TOC provides a structured approach to continuous improvement by focusing efforts on the most critical factors that are hindering the system's progress towards its goal ².
 - Insight 12: TOC provides a structured framework for continuous improvement by focusing on the most critical factors affecting performance.

 Instead of attempting to improve all aspects of an organization simultaneously, TOC directs attention and resources to the constraint, where they will have the greatest impact on achieving the overall goal.
- Throughput (T), Inventory (I), Operating Expense (OE): The book introduces three fundamental operational measurements that are crucial for understanding and managing a business according to the principles of TOC:
 - **Throughput:** Defined as the rate at which the system generates money through sales, net of variable costs.

 ↑ This represents the value added by the system 6.
 - The book emphasizes that increasing throughput is the primary way to achieve the goal of making more money ³.
 - Inventory: Defined as all the money that the system has invested in purchasing things that it intends to sell.

 ¹ This includes raw materials, work-in-progress, and finished goods ⁶.
 - The book argues that minimizing inventory is important because it ties up capital and incurs operational expenses ¹.
 - **Operating Expense:** Defined as all the money the system spends in order to turn inventory into throughput.

 1 This includes fixed costs like salaries, rent, and utilities 6.
 - The book suggests that reducing operating expense, while important, should be secondary to increasing throughput ¹.
 - Insight 13: These three measurements provide a clear and consistent way to assess the impact of decisions on the company's ultimate goal of making money. By focusing on these metrics, managers can make informed decisions that optimize the entire system rather than just individual parts.

Measurement	Definition	Impact on the Goal (Making Money)
Throughput (T)	Rate at which the system generates money through sales (net of variable costs)	Directly increases profit and cash flow. Higher throughput means more money coming into the company.
Inventory (I)	All the money invested in purchasing things the system intends to sell	Ties up cash and increases operational expenses (storage, handling, spoilage). Lower inventory is better.
Operating Expense (OE)	All the money the system spends to turn inventory into throughput	Reduces net profit. Lower operating expense contributes to higher profitability.

- * **Drum Buffer Rope (DBR):** While not explicitly detailed in all the provided snippets, DBR is a key operational application of TOC introduced in "The Goal." It is a scheduling method that synchronizes the entire production system with the bottleneck (the "drum"), uses a time "buffer" to protect the bottleneck from disruptions, and employs a "rope" mechanism to control the release of raw materials into the system, preventing the buildup of excess inventory [5].
- * DBR aims to maximize the throughput of the bottleneck while minimizing inventory and ensuring that the bottleneck is never starved for work [5].
- * **Insight 14:** DBR provides a practical method for managing flow and preventing bottlenecks from being starved or overwhelmed.
 By carefully controlling the pace of production and protecting the critical constraint, DBR helps to optimize the entire production process.

• Illustrative Examples:

The Hiking Trip Analogy: The book famously uses the analogy of a group of hikers on a trail to illustrate the concept of a bottleneck. The hikers have different walking speeds, and the slowest hiker, named Herbie, inevitably dictates the pace of the entire group. Just as the group cannot move faster than Herbie, a production system cannot produce more than its slowest resource, the bottleneck.

- This simple analogy effectively demonstrates the principle that the capacity of the whole system is limited by the capacity of its constraint [Insight 7]. It highlights the importance of focusing on improving the performance of the slowest element rather than trying to make everyone else go faster.
- The analogy also illustrates the accumulation of fluctuations: if some hikers occasionally stumble or need to rest, the entire group falls further behind, mirroring how variability in a production process can impact the bottleneck and overall throughput [Insight 9].
- Insight 15: This simple analogy effectively conveys the idea that the capacity of the entire system is limited by the capacity of its weakest link.

 The relatable scenario makes the abstract concept of a bottleneck tangible and easy to understand, emphasizing the need to focus improvement efforts on the slowest part of the process.
- The Bottleneck Machine: The central conflict in the narrative revolves around Alex Rogo's efforts to improve the performance of his struggling manufacturing plant. He discovers that a particular machine in the plant is consistently operating at full capacity and has a backlog of orders, making it a clear bottleneck. This bottleneck is causing delays in shipments and hindering the plant's ability to meet its goals. ***
 - Through Jonah's guidance, Alex and his team focus their efforts on this bottleneck machine. They implement strategies to ensure it is always working, reduce interruptions, and offload some of its work to other, non-bottleneck resources ¹.
 - This example demonstrates the practical application of identifying a constraint and then taking steps to exploit it to maximize its throughput. The narrative shows how addressing this bottleneck leads to significant improvements in the plant's overall performance and profitability ⁴.
 - Insight 16: This real-world example within the narrative demonstrates the practical application of identifying and resolving constraints in a manufacturing environment. By following Alex's journey, readers can see how the theoretical principles of TOC can be applied to solve concrete business problems and achieve tangible results.

Putting it into Practice 🔆

- The Five-Step Process of the Theory of Constraints: "The Goal" implicitly and explicitly outlines a five-step process for implementing the Theory of Constraints to drive organizational improvement¹.
 - Step 1: Identify the system's constraint(s). This initial step involves pinpointing the specific bottleneck(s) within the organization that are limiting its ability to achieve its primary goal, which is to make money.

 ¹ This requires a thorough understanding of the entire process and the capacity of each resource relative to the demand placed upon it ¹.
 - Insight 17: Accurate identification of the constraint is crucial, as all subsequent steps depend on it. Focusing improvement efforts on a non-constraint will not yield significant results in terms of overall system throughput.
 - Step 2: Decide how to exploit the system's constraint(s). Once the constraint is identified, the next step is to maximize its throughput with the resources currently available. This might involve optimizing its schedule, ensuring it is never idle, and

prioritizing the work that flows through it ².

- Insight 18: This step emphasizes getting the most out of the current bottleneck before considering more significant changes.

 Often, simple operational adjustments can lead to significant improvements in the constraint's output.
- Step 3: Subordinate everything else to the above decision. This involves aligning all other processes and resources to support the efficient operation of the constraint. Non-bottleneck resources should work at a pace dictated by the bottleneck, ensuring that the constraint is never starved for work and that excess inventory does not build up ¹.
 - Insight 19: This step requires a shift in mindset, prioritizing the flow through the bottleneck over the efficiency of individual non-bottleneck resources. ☐ The goal is to optimize the entire system's throughput, even if it means some non-bottleneck resources are not fully utilized.
- Step 4: Elevate the system's constraint(s). If, after fully exploiting the constraint, it still limits the desired level of throughput, the next step is to consider investing in increasing its capacity. This could involve adding more resources, upgrading technology, or streamlining processes specifically at the bottleneck ¹.
- Step 5: If in the previous steps a constraint has been broken, go back to step 1, but do not allow inertia to cause a system's constraint. This final step emphasizes the ongoing nature of improvement. Once a constraint is addressed, a new one may emerge, requiring the organization to repeat the process. It also warns against complacency and the tendency to revert to old ways of working that might re-create previous constraints ¹.
 - Insight 21: Continuous improvement is a core principle of TOC, recognizing that constraints can shift over time as the system evolves. ☐ Organizations must remain vigilant in identifying and managing constraints to maintain and improve performance.

Practical Takeaways:

- o **Focus on Flow:** Prioritize the smooth and uninterrupted flow of products or services through the entire system, rather than solely focusing on maximizing the output of individual resources in isolation.

 ↑ This involves identifying and addressing anything that impedes this flow, particularly at the bottleneck .
 - Insight 22: A focus on flow helps to reduce bottlenecks and improve overall efficiency by minimizing delays and maximizing the utilization of the constraint.
- Balance Flow, Not Capacity: Avoid the common pitfall of trying to balance the capacity of each resource with demand. Instead, concentrate on balancing the flow of work through the system with the actual demand from the market, ensuring that the bottleneck's capacity is aligned with this demand.
 - **Insight 23:** Balancing capacity can lead to overproduction and excessive inventory in non-bottleneck areas, which ties up capital and increases operational expenses.
- Protect the Bottleneck: Take measures to ensure that the bottleneck resource is never idle. This might involve creating buffers of work-in-progress before the bottleneck to ensure it always has tasks to perform and preventing interruptions that could cause

downtime. (Implicit in the concept of exploitation)

- Insight 24: Idle time at the bottleneck directly reduces the overall throughput of the system, as the bottleneck's capacity limits the entire system's output. ∑
- o **Information is Key:** Emphasize the importance of having timely and accurate information about the performance of the system, particularly around the bottleneck, to make effective decisions regarding flow management and constraint optimization. 1 This information should be focused on answering critical questions about the system's performance 1.
 - **Insight 25:** Data needs to be transformed into actionable information that provides insights into the performance of the system, particularly around the bottleneck.
- Measurements Drive Behavior: Ensure that the performance measurements used within the organization are aligned with the overall goal of making money. Avoid using metrics that incentivize behaviors that do not contribute to increased throughput, reduced inventory, or lower operating expenses ⁵.
 - **Insight 26:** The metrics used to evaluate performance can significantly influence how people behave and the decisions they make. ♣
- Teamwork and Collaboration: Foster a culture of teamwork and collaboration across different departments and functions within the organization to effectively identify, understand, and address the system's constraints. [™] Solving problems related to bottlenecks often requires input and cooperation from various parts of the organization
 - **Insight 27:** Addressing constraints often requires input and cooperation from various parts of the organization. ***

Evaluating the Information

- Author Credentials: Eliyahu M. Goldratt was not only a business management consultant but also a physicist. This scientific background likely influenced his development of the Theory of Constraints, which is characterized by a logical and systematic approach to problem-solving. His ability to apply principles of physics to business management provided a unique and valuable perspective. ♣ ⁵ mention Jonah as a physics professor, implying a connection to Goldratt's background)
 - Insight 28: Goldratt's scientific background lends credibility to the logical framework presented in the book, suggesting a rigorous and analytical approach to understanding and improving business processes.
- - Insight 29: The book's enduring popularity and academic use serve as strong
 indicators of its quality and relevance in the field of business management, suggesting
 that its principles have stood the test of time and continue to provide valuable insights
 for improving organizational performance.
- **Logical Soundness:** The book presents a coherent and logically sound framework for understanding and improving business operations. The narrative structure effectively

illustrates the principles of the Theory of Constraints through relatable examples and the step-by-step journey of the protagonist. The emphasis on a clear goal and the three key operational measurements provides a consistent and rational basis for analyzing and making decisions about business processes.

- Insight 30: The book's strength lies in its ability to explain complex concepts through a simple and engaging story, making the logic of the Theory of Constraints accessible to a broad audience.
- Authoritative Reviews and Recognition: The inclusion of "The Goal" in lists of highly influential business books, such as the one by Time Magazine ⁵, and its widespread use in university business programs serve as strong endorsements of its quality and the impact of its ideas. These markers of authoritative recognition validate the book's contribution to the field of business management. ** 5
 - Insight 31: External validation from reputable sources reinforces the credibility and impact of "The Goal" in the business world, lending further weight to its principles and recommendations.

Recommended Reads 📚

- Best Alternate Book on the Same Topic: The Phoenix Project: A Novel About IT,
 DevOps, and Helping Your Business Win by Gene Kim, Kevin Behr, and George Spafford.
 This book uses a similar novel format to illustrate the principles of Lean and DevOps in an IT setting, offering a different industry perspective on the importance of flow and identifying constraints.
- Best Book That Is Tangentially Related: Lean Thinking: Banish Waste and Create Wealth in Your Corporation by James P. Womack and Daniel T. Jones. While "The Goal" focuses on the Theory of Constraints, Lean Thinking provides a broader perspective on eliminating waste and improving efficiency across the entire value stream, with some overlapping principles.
- Best Book That Is Diametrically Opposed: Reengineering the Corporation: A Manifesto for Business Revolution by Michael Hammer and James Champy. This book, popular in the 1990s, advocated for radical redesign of business processes, sometimes involving significant layoffs and restructuring, which contrasts with the more incremental and flow-focused approach of the Theory of Constraints.
- Best Fiction Book That Incorporates Related Ideas: The Toyota Way: 14 Management Principles from the World's Greatest Manufacturer by Jeffrey K. Liker (while technically non-fiction, it reads like a case study and incorporates narrative elements). This book delves into the management principles behind Toyota's success, including a strong emphasis on continuous improvement, respect for people, and flow, which resonate with the themes in "The Goal."
- Best Book That Is More General: Good to Great: Why Some Companies Make the Leap...And Others Don't by Jim Collins.

 This book explores broader principles of what makes companies successful over the long term, offering a wider lens than the specific operational focus of "The Goal."
- Best Book That Is More Specific: Critical Chain by Eliyahu M. Goldratt. So This book, also by Goldratt and using the novel format, delves deeper into the application of the Theory of Constraints to project management, providing a more specific focus than the broader manufacturing context of "The Goal."

- Best Book That Is More Accessible: The 7 Habits of Highly Effective People by Stephen Covey.

 While not directly focused on business operations, this book offers accessible and universally applicable principles for personal and professional effectiveness, some of which align with the mindset of continuous improvement and goal orientation found in "The Goal."

Conclusions

"The Goal" by Eliyahu M. Goldratt presents a compelling and insightful approach to business management through the engaging format of a novel. Its enduring popularity and influence stem from its clear articulation of the Theory of Constraints, emphasizing the critical importance of identifying and managing bottlenecks to achieve the ultimate goal of making money. The book's redefinition of productivity, its focus on flow rather than just capacity, and its practical five-step process offer actionable guidance for organizations seeking continuous improvement. The use of relatable examples and the Socratic method of learning make complex concepts accessible to a wide audience. The book's logical soundness, the author's credentials, and its widespread recognition within the business and academic communities underscore the quality and value of the information presented. "The Goal" remains a highly recommended read for anyone interested in understanding and improving organizational performance.

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