

SCHOOL NAME Middle School

Unit: 6th Grade Digital Safety

School Counselor: Danielle Schultz

Grade(s): 6th Grade

Time Required: 40 minutes

Lesson: Digital Safety & Cyberbullying

Learning Objective(s):

1. Students will learn the importance of keeping their personal information private.
2. Students will learn methods of keeping their personal information private.
3. Students will learn ways they can report cyberbullying or unsafe behavior online.

Essential Question(s):

- How can you keep your personal information private?
- What can you do if people are unsafe or bullying online?

Materials:

- ❑ Digital Safety Kahoot! - <http://goo.gl/Bq3Zhy>
- ❑ Digital Safety Video - Child Exploitation and Online Protection Centre - <https://www.youtube.com/watch?v=o8auwnJtqE>

Procedure:

- Explain to students that we are going to do an activity that involves responding to prompts about digital communication.
- Ask students to get out their ChromeBook out and open up an internet browser window.
- Project the Digital Safety Kahoot! for the class. Allow time for students to login to the Kahoot! survey.
- After each prompt discuss what students notice about the results.
- After the Kahoot! survey is over introduce the Digital Safety Video.
- Explain that students in the video are British and it may be difficult to understand some of the words they use. Example: Mates = friends.
- Show the Digital Safety Video. During the video ask the questions aloud to students that the woman in the video asks. (See below)
- Allow students to watch the entire video (approx 8 minutes) and allow time for discussion afterwards.
- Ask students what stood out to them about the video, what behavior was unsafe in the video, and what tips they learned from the video about being safe online.

Questions in the video:

- Would you leave your front door wide open?
- Would you hang up personal pictures of yourself in a public place for everyone to see?
- Would you tell anyone where you live?
- Would you speak to someone you have never met like they were your best friend?
- Would you let a stranger take a copy of all of your personal photos?
- Would you let just anyone go through your personal things?
- Do you use the internet to talk to your friends?

- Do you have your own personal profile online?
- Do you have people on it as your friends that you don't know?
- Do you have pictures on your profile that you wouldn't want your parents to see?
- Can anyone see or change those photos?
- Is it possible for someone to find where you live or go to school?
- Are you more careful about your safety in the real world than in the online world?

Plan for evaluation:

Process data: # of 6th grade students receiving the lesson

Perception data: Results of student responses on the Kahoot! survey

Outcome data: Student responses during the discussion

Standards

The ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student

Each of the following standards can be applied to the academic, career and social/emotional domains.

Category 1: Mindset Standards: School counselors encourage the following mindsets for all students.

1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being

Category 2: Behavior Standards: Students will demonstrate the following standards through classroom lessons, activities and/or individual/small-group counseling.

Learning Standards

1. Demonstrate critical-thinking skills to make informed decisions
5. Apply media and technology skills

Self-Management Skills

7. Demonstrate effective coping skills when faced with a problem
10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills

5. Demonstrate ethical decision-making and social responsibility
8. Demonstrate advocacy skills and ability to assert self, when necessary
9. Demonstrate social maturity and behaviors appropriate to the situation and environment

ASCA Student Standards (Domain/Standard/Competencies):

Standard A: Students will require the knowledge, attitudes and inter-personal skills to help them understand and respect self and others.

PS: A1 Acquire Self-knowledge

PS: A1. 5 Identify and express feelings

PS: A1. 6 Distinguish between appropriate and inappropriate behavior

PS: A2 Acquire Interpersonal Skills

PS: A2.6 Use effective communication skills

Standard B: Students will make decisions, set goals and take necessary actions to achieve goals.

PS. B1 Self-knowledge application

PS: B1.3 Identify alternative solutions to problems

Standard C: Students will understand safety and survival skills.

PS:C1 Acquire Personal Safety Skills

PS: C1.5 Differentiate between situations requiring peer support and situations requiring adult professional help

PS:C1.6 Identify resource people in the school and community, and know how to seek their help